

Café News

Sue Jensen

Happy May from the Café~

I thought you all might like to know a little about Rose Frazer and her inspiration for cooking. Rose is our Monday cook and is kind enough to fill in for the head cooks when they are away.

“My roots in cooking stem from the country and farming life. My Granddad was a dairy farmer and my Grandma ran the house. They both worked in their huge garden. My grandma could grow beautiful flowers. They lived through the Depression and raised three girls, learning to make do, or do without.

Mulligan Stew, Chicken & Dumplings and Cobblers were made in very large pans by Grandma. I remember berry cobblers the most as they were my favorite. So, old-fashioned home cooking is what I like to cook the best. I always heard from my Mom and Grandma that if you could read a recipe you could cook but most of what I learned was from watching the women and men in my family cook.

I enjoy cooking for the people at the Village. In the coming months, I hope to create and cook meals that will satisfy both your appetite and hearts.

Blessings to all ~ Rose”

Know your Neighbors

Anne Mottice

John “Butch” Barrows #304

John was born in Auburn, California, but resided most of his life in Portland. John is a Vietnam veteran and served active duty from 1962 to 1964 in US Navy Intelligence. His wife, Sharon, passed away from Alzheimer’s in May, 2017. They have a son and daughter, and their family has grown to include 3 grandsons. His son lives in Richland, Washington, and works for the Corrections Department of Oregon. His daughter is a nurse and lives locally. His first car was a 1963 Volkswagen Karmann - Ghia and he drove a truck for 35 years. Singing has been a very important part of his life and he sings and speaks for churches every time he has the opportunity. John’s greatest accomplishment is that he is still alive due to God’s healing power. He shared that experience in our April Resident Spotlight. “Butch” has been friends with Jan for many years and is a joy to talk to and get to know.

NOTICE!

Please remember to put your requests for grounds work in the workbook at the office. Please do not go directly to grounds workers, they need to be able to do the work they are assigned to do.



The Village News

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It’s May, It’s May, the Lovely Month of May!

Just when I think spring can’t get more beautiful, along comes May with lilacs and rhododendrons and azaleas and more stunning blossoming trees. I continue to praise God’s re-creation of the new day! Speaking of natural beauty, we have two outings this month where we will be able to take some of it in: Crystal Springs Rhododendron Garden is one of Portland’s most beautiful parks and Schreiner’s Iris Garden will feature yet another gorgeous flower. Other fun activities to check out for this month include a trip to Al’s Nursery and great places to dine out. I’m really looking forward to us attending the musical “Newsies” at Centennial High School. They always put on a great production. CHS will also entertain us when their a cappella group, C-Notes, will sing for our bi-monthly birthday party. Make sure not to miss that fun event!

We had such a great time at our Bookworms’ group in April. If you did not get a chance to read our book “Little Heathens”, I highly recommend it. It brought back lots of memories of both the joys and tough times of growing up on a farm. This month’s book, “13 Moons” is about a 12 year old orphan boy who is given a key, a map and a horse and sent into the Cherokee Nation to run an Indian Trading Post. Large print books are available to check out at the office.

I’d like to give a shout-out to John White for his witty and informative Arbor Day Walk on a surprisingly sunny April afternoon. John’s knowledge of things that grow in the earth is astounding. Thank you, John! We also would like to acknowledge Merritt and Kay Kelsay’s great contribution: they brought out an arborist to identify all The Village’s trees and purchased the bronze tags that are displayed on the trees. Be sure to express your appreciation to them!

Last, but definitely not least, I’d like to wish a “Happy Mother’s Day” to all our Village mothers!

~Solveig



Music for your dining pleasure

Come and enjoy a delicious lunch in the café while your fellow residents or friends provide music in the background. This month’s performance will be **Wednesday, May 8th**

We want to hear your musical talents! Please let us know if you or your neighbors can share with us.

WELCOME

NEW RESIDENTS

James and Maxine Hagerman #33

Joan “Joanne” Gabriel #74

Laura Morrow #105

The office will be closed
Monday, May 27th
in observance of Memorial Day



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Notes from Resident Services

Happy May,

This last month has flown by and spring colors are here. In April we had several Monday gatherings with great information and good reminders.

In the beginning of the month, we had Kristen from the city of Gresham share with us about recycling. Did you know you can recycle clean tinfoil by forming it into a ball bigger than your fist? Well you can! Another tip I found helpful was, keeping my cloth grocery bags in my car for shopping trips. One great opportunity to be eco-friendly this month is at our special dinner. Be green and bring your own Tupperware with you for leftovers.

We also had Adventist Home Care with us about Advance Directive and the new **Polst** form. My main reminder for you is that it is a priority for you to have both of these forms filled out, signed AND accessible. For the **Polst** form, it is vital that you also register it with your doctor.

I also want to let you know about a **new group** that I am working on starting this summer. Kim Wall from Adventist Hospice will facilitate a grief support group here at The Village once a month. Our goal is to provide a safe peaceful environment for exploring grief. This group will begin June 17th from 11am-12pm in the sitting room.

Join us this month for more great resource meetings in our community room.

~Caroleana

MAY BIRTHDAYS

1st Jacki Murray
7th Rose Frazier
8th John Barrows
9th Joanne Haynie
9th Vi Huntington
10th Cliff Henderson
11th Helen Haynal
12th Rosella Pearce



18th Bonnie Kriens
22nd Virginia Buchanan
23rd Marge Schnibbe
29th Mavis Petersen
29th Kathy Duff
30th Mona Thompson
31st Tiney Husbands



Administrator's Corner

Dear Residents,

May is such a nice month, not usually too hot or cold and we have some beautiful sunny days just to make it better. I hope you have been enjoying our spring. Our campus is beautiful, thanks to our grounds crew and thanks to each of you who keep your yards so nice.

Our remodels continue with new work starting on #41 and #102 this month. We will be looking forward to meeting new neighbors in #33 and #74. I know there is a lot of noise, commotion and inconvenience in the construction areas. Thank you for your patience as we improve our apartments. We have worked out a new starting date for our truss repair on our Cafeteria roof. They are planning on starting work in June.

I wanted to remind everyone that we do not have any assigned parking spaces for residents here at the Village. We have been embarrassed to find out that important guests of residents have been told they cannot park in parking spaces because they belonged to residents. Guests have even been told to move by other residents. While we do ask residents to be considerate of their neighbors and their needs, the only parking spaces that are assigned are garages and carports. Administration will assign an area for residents to park in, but individual spaces are not assigned to residents.

We have been enjoying some good activity trips and events. Be sure to sign up for them right away so you do not miss out on the event. The sign up sheet usually goes out at least a week before the event.

This month is our annual Resident Appreciation Dinner. We will be offering a delicious dinner at the end of May and it is completely free to all residents who sign up by the deadline and come. Be sure to sign up if you plan to attend. You are welcome to invite guests, but they will be charged the regular price. Be sure to read the notice here in the newsletter.

Another highlight for May is the Centennial C-notes. This special select high school choir has come to the Village for many years and it is always an excellent program. Be sure not to miss it.

In life it seems that each of us has to deal with loss. It is not an easy thing. Here at The Village, we have wonderful friends and neighbors to help us, yet we have not had an organized way to help facilitate healing when that happens. Often many residents struggle with the changes that result from loss. By sharing our thoughts with each other we can help each other through these times. I have wanted to start something here at The Village for many years and I am happy to announce that Caroleana has been working with Adventist Health/ OHSU to start a loss support group here at The Village. They are planning on starting it in June. Be looking for more information and come and share and help support your neighbors.

Our Thankfulness Wall was so interesting this last month. Thank you for sharing with everyone. This month's question is "In honor of Mother's Day, what is something your Mother taught you?" Come and share your thoughts and see what others have written.

I hope you have a wonderful May!

~Dennis

Quote for the Month

"In this life we cannot always do great things.
But we can do small things with great love."

~Mother Teresa~