

Café News

June Lavoie

Amazing job working through the pandemic. We are excited to be welcoming you all back to "The Village Family Dining" area. As you know, things will be different for a season. Please be the patient and kind folks we have come to know and love.

Enjoy your Fourth of July Holiday. Ask me about my family's July 3rd celebration .



Freedom is essential to the pursuit of happiness, freedom is essential to the artistic evolution and expression, freedom is essential to the expansion of the human mind, freedom is essential to the development and application of basic humanitarianism, freedom is essential to the creation of an individual's will, motivations, preferences and unique talents. In essence, Freedom is essential to the success and progress of humanity.

Let Freedom Ring....

Chef June Lavoie and your amazing Kitchen staff.

The Village Foundation

WOW!! What a wonderful day! Did you participate in the Senior Shuffle? Quite a few residents who had participated in the past and new residents came out this year. What a great way to get your Vitamin D, exercise and meet new residents. An early count of the sponsor fees shows \$1660.00 brought into the Foundation. Thank you to everyone that participated in any way. God bless each of you!

~Jan

GROCERY SHOPPING

Although the grocery bus is starting up again, we are so happy to do your grocery shopping for you to keep you safe. Please have all your orders in by 4:00 PM Wednesday for delivery on Thursday or Friday. You may call in your order to Solveig or Caroleana or if you leave a list, please be as specific as possible.

The Village Cookbook

Thank you to everyone who has contributed so far to our Village Cookbook and YES, we are still accepting more recipes! If you have any helpful hints or good ideas for the kitchen, we would like to include those as well. Please call the Village Office and let Caroleana or Solveig know you have a recipe or idea and we will come pick it up!



The Village News

July 2020

"Summertime, and the living is easy. Fish are jumpin' and the cotton is high..." Those lyrics are from my favorite song to sing from George and Ira Gershwin's opera, *Porgy and Bess*. But this summer, the livin' don't feel so easy...We are tired of wearing masks, keeping our distance, feeling isolated, and just trying to keep up with all the changes in our world.

Every morning I come into work, I walk by our Village Bus and have a twinge of sadness; last July we had outings in the bus to the Oregon Coast, the End of the Oregon Trail Center and lunch out at the Oregon Culinary Institute. But we will again get to take the bus to wonderful Oregon and Washington sites, hopefully by next summer???

In the meantime, we are trying to bring some joy to our wonderful community. The first, in honor of the 4th of July, is our "Petite Parade". This little parade consists of extremely creative "shoebox" floats made by several of our residents. Please read about the details in the newsletter. June is making a yummy Independence Day box lunch, so please get your reservations in and we will deliver it to you for lunch on the 4th. We are looking forward to open up the café' for lunches

And we are finally going to have **BINGO** at the end of the month! It will look a little different, but we will have fun! Have a great July everyone!

~ Solveig



AN IMPORTANT MESSAGE FROM THE OFFICE!

As we continue through this pandemic and maintain social distancing:

ALL STATEMENTS WILL BE DELIVERED.

**THE STATEMENT AND YOUR CHECK WILL BE PICKED UP BY OFFICE STAFF.
PLEASE SEE THE NOTE ENCLOSED WITH YOUR STATEMENT FOR YOUR PICKUP DATE.**

**PLEASE DO NOT
COME TO THE OFFICE.
STAY HEALTHY.**

The Village Office will be closed Fri. July 3rd in honor of the Independence Day Holiday



Dear Residents,

Administrator's Corner

The news on the virus is not good. It seems to have even gotten worse since my last letter to you. While at this point the regulations permit us to go ahead with our opening plans, I want to ask each of you to use extreme caution in all that you do. We still need to limit our exposures as much as we can. Remember that our main methods of defending ourselves are as follows:

1. Social Distancing - This involves staying home as much as possible and staying 6+ feet apart when (or if) we are out.
2. Wearing Masks - Wearing masks whenever we are in public or with other people.
3. Washing your hands often.
4. Staying as healthy as possible - Eating well and making sure we are getting lots of vitamins (Especially C and D), minerals and micro-nutrients (such as zinc and omega 3's), drinking plenty of water as well as getting lots of good sleep every night.

Despite the opening of our building and other services, I want to encourage you to continue to let us help you limit your exposure by letting us continue the services we have been providing you. We are more than happy to keep doing your shopping for you and bringing your meals to you.

While we are opening more activities and events, we do need to close one area to protect us more. That is the puzzle table. I know it has been enjoyed by many, but the risk of picking up a puzzle piece that another person has just picked up and may have germs and virus on it is too great. And there is no way to properly disinfect the puzzle as it is being put together. If you wish to borrow a puzzle and put it together at home you are welcome to. Please return it to the office when you are done with it so we can put it in quarantine for awhile after you are done. Please understand.

Remember that although the virus affects nearly every age group, it is much more serious and deadly for our age group. Since we are all more vulnerable we need to be as careful as we can be. Many people think, "Oh, I won't get it", or "I am well." Please remember that as a community we need to think of everyone else here, and remember that even if you do not get symptoms of the virus, you may still carry it and infect others who are not as well as you are. And if they get it that could even result in death for them.

Please take every precaution that you feel you can. Stay well and strong and help your neighbors to do the same! I want to thank each of you for doing your part in keeping our community safe. I am so thankful to each of you that we have not had any outbreaks here.

Our transitions are continuing with new residents moving into #'s 29, 69 and 118. Construction will be going on at apartment #'s 118, 114, 50, 58, 71, 4 and 43.

We have had some transitions in our staff too. Cameron Summers has taken the position of Grounds Supervisor. Jason Weston has joined our grounds crew. Later this month we will welcome Tiffany Brasesco as our new Housing Coordinator. They will all be a great help to us here at The Village and I am looking forward to working with them. Please welcome them to The Village as you see them.

As we celebrate the birth of our nation, our Thankfulness Wall this month asks the question "What does Freedom mean to you?" If you are down to the building you are welcome to share your thoughts. If you stay home feel free to post them in your window.

Have a great July and stay safe and well....
Dennis

Quote for the Month

"Each day is God's gift to you, Make it blossom and grow into a thing of beauty"

Village Voices

We are delighted to feature our creative writers here at The Village. This month, Ann Ingemann shares one of her poems. Ann started writing poetry fairly recently and really enjoys it as you will this poem.

THE WEATHER

When you live in Gresham you never know
Will it be sunny, or could it snow?

It might be cloudy and then before long
The wind starts to blow extremely strong.

Then ten minutes later it will start to pour
So you find your umbrella and head out the door

But of course, by now, the rain has quit.
Put away your umbrella, you don't need it.

So you do an errand or two before you find
The weather has again changed its mind.

It seems like hardly a day goes by
That we stay completely dry.

In one day we can have showers, snow, and sun
And even some wind before the day is done.

Oregon is beautiful because of the rain
So enjoy the green grass and try not to complain.

Just take an umbrella wherever you go
And don't forget your boots in case it should
snow.

No matter the weather I must confess
I love this place 'cause it's still the best.

Independence Day Boxed Lunch Special

SATURDAY, July 4th ~ \$7.00

Smoked Sausage Dogs with peppers & onions

Vegetarian option

Macaroni Salad, Baked Beans

Chips and a Cookie

Call the office to
reserve yours by
noon, July 2nd

JULY BIRTHDAYS

2	Teresa Lilly-Halbrook	17	Bob Burback
4	Pat Hoshel	20	Wendell Wagler
4	Nancy Wilson	22	Solveig Nyberg
6	Bob Turner	24	Nancy Armintrout
9	June Lavoie	26	Ruth Fevec
15	Carla Brass	26	Janice Rude
16	Teresa Halbrook	27	Rose Barrows
16	Samantha Carlson	31	Timothy Krueger

