

September Village Foundation News

Well here we are at the end of summer. I hope you have been able to enjoy the nice warm weather and get some Vitamin D naturally. Were you able to be with family and friends? That is so important, if you don't know anyone just go sit on a bench and you will probably be joined by a neighbor. The Foundation is providing a box dinner of a chicken pecan salad wrap, macaroni salad, potato chips, fruit and of course an ice cream bar for your special Music in the Village Park on September 10th. Just sign up at the office (by 12 noon on Tuesday the 8th!) so we know how many boxes to make. This is free food and entertainment. Hope to see you there. Fellowship, Friends and Food, how can it get any better?

Also we are having a Bingo/Dessert party Thursday October 15th from 5-7:30 PM so watch for more information. The Resident meeting/bake sale is Tuesday October 13th and our annual Bazaar is Sunday November 1st from 9:00-3:00.

God Bless each of you!

Jan Ybarra

Upcoming events The Village needs help with:

The Village has a talent show in January as well as a Veteran's Day program in November that we'd love to have residents participate in. There is a sign up sheet on the sign up table and on one of the bulletin boards in the hallway that leads to the chapel. We also have a need at birthday parties to decorate/set up tables/break down tables/serve coffee and tea and scoop ice cream. Please sign up or contact Jean Black for more information. Thank you in advance!

KNOW YOUR NEIGHBOR

Lynn Braught is a second generation Oregonian. She grew up in the East County of Portland and is a graduate of the Centennial High School. She married her high school sweetheart who joined the Engineer Corps of the US Armed Forces and, eventually, was deployed for two years to Bamberg, Germany. As an Army wife living off base, Lynn studied German and quickly integrated into German society, making friends and shopping where the locals shopped instead of the Army PX. After another year in Fort Lewis, Washington, the couple moved to Oregon, just one mile from Lynn's family home. They later moved to Scappoose where, for twenty years, Lynn worked for Pennwalt, a US chemical and pharmaceutical company, responsible for data entry for both the general office and the laboratory as well as with the DEQ (Department of Environmental Quality). Widowed, Lynn sold her house and moved back to Gresham to care for her elderly parents. She worked for McCormick and Schmick's, an upscale steak and seafood chain, for ten years where she was, again, responsible for their data entry. In the course of her career, Lynn attended Portland Community College to hone her data entry computer skills. She is a keen golfer and has been part of a ladies' golf club for over thirty years, twenty of which she served as a volunteer. Lynn and her late husband have one son who lives in Australia and whom she has visited several times. He, too, served in the US Army Forces for several tours in Saudi Arabia. Lynn enjoys reading, travelling and the peace and quiet of The Village campus.

Alex Marcus

The Village News

September 2026



Dear Villagers,

We have had some great summer trips and there are a few more great outings coming up! In September we will head up to the farms in Hood River to check out flowers, produce, Panorama Point, and have lunch. In October we go to a farm outside of Gresham to get some pumpkins, eat fresh made donuts, and pet some animals. As we segue into the fall there will be more indoor activities like "Pizza and Trivia" and I encourage residents to plan and watch movies in the Community room.

As a reminder on how you sign up for outings, including breakfasts/lunches/dinners out: 7 days before the activity I put up a flyer on the bulletin board directly across from the front office. A sign up sheet will be on the table below with pens to use. Write your name down and pay any fees to the office. The day before an outing I—or our front receptionist—will call people who have signed up to remind them. We need to have 10 people signed up for outings. We have a great deal of storage space on the bus so we can store 5-6 walkers without any problem!

I hope you have a wonderful "Turning of the Season" and can enjoy some of what the Village offers!

Your Sister in Christ, Jean Black

Welcome New Neighbor!

Brian Smith #302



August Guessing Game

The winner is Karen Rund, who guessed that there were 22 bugs in the jar.

The actual number was 22!

The September Guessing Game:

How many gummy sharks are in the jar?

September Birthdays

2 Fran Cope
3 Karline Mendenhall
3 Cindy Wade
4 Leokham Sananikone
10 Sharon Giltz
10 Bob Jordan
11 Carol Henley
13 Dorothy Larson
13 Audrey O'Neal
18 Debra Michels
19 Kelly Bacon
19 Timothy Farquharson
19 Gary Goff
20 Isla Hastings
25 Margie Henrickson
28 Ernest Griffith
30 Lee Haynes-McConnell



Happiest of Birthdays to all of you!

If you have a birthday and your name is not on this list it is because the office does not have a signed consent to do so.

September Coloring Contest

Pick up the page to color at the sign up table. Use markers, pens or crayons to color. Turn it in at the front office by September 11th. Vote for your favorite by September 16th. Winners will be announced September 17th.

Congratulations to the August Winners!

First place: Donna Thomas, who wins an \$8 Village Gift Certificate!
Second Place: Marge Wilson, who wins a \$4 Village Gift Certificate!
Third Place: Marilyn Cooper, who wins a \$4 Village Gift certificate!

Administrative Corner

Dear Residents,

September marks the first day of Fall on the 22nd, but that does not mean that summer is over. We may still have some hot days, but the daylight is getting shorter and hopefully the evenings will cool down.

I want to remind those of you with a garage that you must park your vehicle in your garage. Of course if you are just having it out for a short time, it is understandable to park it in a space nearby, but it should be in the garage most of the time. We simply do not have enough vehicle parking spaces to allow residents to park in spaces and still have a garage. Garages are not allowed to simply be used for storage.

I also want to remind everyone about our gates. The east gate closes at 6:00 pm every evening. The west gate closes at 8:00 pm and then both of them are open at 7:00 am. If you need to get in the west gate when the gate is closed you can call the Village number either from your cell phone or from the gate and security will open the gate for you. You can always exit either entrance when the gates are closed. They will open automatically for you.

It seems like every one of us has struggles in life, whether it be injury, pain, heartbreak or loss of some kind, or multiple negative situations all at once. Any or all of these things can get us down, and it is easy to give up hope. But I want to encourage everyone to hang onto hope. I believe hope is a God given gift that we each have. Hope is more than an emotion, it is a thought process. It is something that with God's help we can train our minds to develop and strengthen. Hope is one thing that no one can take from you. You can lose possessions, friendships, family and even the essentials of life, but no one can force you to lose hope. Hope can mean many different things to each of us. It can be a hope that things will get better, a hope that the pain will stop hurting, a hope that a relationship will heal, a hope that our body will heal or health will get better, or just hope that the day goes good. Your hope is unique to you. Hope is the starting point for positive action to make our dreams and wishes come true. Hope is something that can see you through the rough times. God has not promised that life will always be easy. There will be rough times, but God can give us the faith and hope to see us through those rough times and help us to look forward to better times.

Karen Hartmann, our grief support leader, is retiring. Through her caring and support she has helped many of us for many years to have hope and to make our lives better. She will be missed greatly. Her last day will be on the third Monday of this month. Be sure to come and wish her well. The group will continue to meet on their own, so please come and support them through the coming months.

This month we are working on our last available remodel in the 300's. We hope to be done by the end of September, but it may need to stretch into October. Getting the proper inspections always takes longer. We do not have any active vacancies right now and no 30 day notices, so our crew can start working on other needs.

This is the month that the Foundation and Activity Committee sponsor our Music in the Park. Be sure to sign up and come and enjoy the food, the music and the time with your friends and neighbors.

We have 2 big projects scheduled for September. We are replacing the concrete by units 303 to 308. We are also replacing the roofs on units 405 to 407. Please be patient as we work to maintain and improve our campus.

Falls are usually the biggest cause of decline in seniors. The main reason for falls is a lack of balance as we age. Our Balance Class instructor, Steve Hartwell, is starting a specific 10 week class that can improve your balance. He has helped many of our residents regain balance motion and stability. He is a certified instructor and teaches classes at Mt Hood Community College. We are so fortunate that he is offering this class free of charge. Please sign up for it at the office area.

This month the Thankfulness Wall asks: "What gives you the most hope for the future when things are tough?" Stop by and share your thoughts.

Have a great September!

Dennis

Village Weekly Events

EXERCISE CLASSES

Monday, Wednesday,
Fridays at 9:30 AM
Community Room

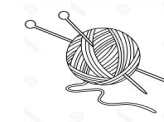
Come and join your
neighbors and get moving and
get your heart
pumping!



KNITTERS & MORE

MONDAYS at 2:00 PM
Community Room

Join us **every** Monday to learn,
share and visit! You do not have
to knit to join us. Feel Free to
bring your own
project to work on.



MEN'S GROUP

Tuesday
9/8 and 9/22nd
10:00 AM ~ Meeting Room

Contact:

Kurt Matzke & Don Schell.

Our goal is to cultivate
meaningful connections for men
with a focus on camaraderie &
mutual support, a place where
men can encourage one another,
share their experiences & foster
genuine friendships.

BALANCE AND STRENGTH CLASS

WEDNESDAYS

2:20 PM & 3:00 PM Community
Room

2:20 PM Movement and strength
3:00 PM Better balance
Excellent opportunity to
Become stronger and more flexible!

FRIENDS HOUR

EVERY WEDNESDAY

9:00-10:00 AM ~ Café
Gather & socialize with old
friends and meet new ones.
Chef June will have coffee, tea
and breakfast goodies
available for
purchase.

CHIME CHOIR

WEDNESDAYS

2:30 PM ~ Meeting Room

Come learn to play chimes in a
friendly environment!

No chime choir on Wednesday
September 2nd.

OPEN Wii BOWLING

MONDAYS 4:00 PM
WEDNESDAYS 10:30 AM
FRIDAYS 2:30 PM
Community Room
Come bowl with friends and
neighbors!



Women's Bible Study

Mondays at 10:00 AM,
meeting room.
Ramona leads women
through scripture
and prayer



FARKLE FRIDAYS

Every Friday
11:00 AM

In the Community Room
Gather to play the dice game
"Farkle"



GAMES, GAMES, GAMES!

SUNDAYS 2-4 PM~~ Community Room.
Come play Games in the Community
Room. Meet new people & make new
friends! We have dozens of games in our
game cabinet or bring your favorite!

GROCERY SHOPPING

Concierge shopping is available on
Thursdays. Grocery lists must be in by
2:00 PM Wednesdays.

The grocery bus makes a weekly trip to
Winco and Fred Meyer, Fridays @ 8:30
AM.

Please sign up at the volunteer desk.

Village Events

September Speakers And Presentations

Thursday September 3rd 11:00 AM:
Sue Rader presents "The Constitution."

Monday September 14th 1:00 PM:
Leah Benson "Gresham Rank Choice Voting"

Monday September 21st 11:00 AM:
Armchair Travel: Peru

Monday September 28th 1:00 PM:
Alhena Herrera Martin
From the Oregon Attorney General's office
Presents "Scams and Frauds"

MONTHLY PACS MOBILE FOOD PANTRY

Every third Tuesday of the month we will have a visit from the PACS mobile food pantry. If you went in August you are certainly welcome to come in September and the PACS people have your information already. If you did not go in August come on down in September; you do not need to bring proof of ID or income. See you there!

Quote of the Month:

"Hope is being able to see that there is light despite all of the darkness"
~~Desmond Tutu

The Village Office will be closed on Monday September 7th in honor of Labor Day

Do you know how often to change the nectar in your hummingbird feeder? When the high temperature is less than 70 degrees, you can change the food every 5-7 days. When high temperatures are between 70 and 80 degrees, food must be changed every 3 to 4 days. When the temperature is 80 to 90, replace nectar every other day. When the high temperature exceeds 90 degrees, the nectar must be changed daily. Extreme heat causes sugar water to grow harmful bacteria, yeast and mold quickly. These can make hummingbirds sick or even cause death.

The Village Foundation is prepping for the Village Garage Sales!

If you have things you can donate or if you can spend two hours arranging or assisting with sales, please contact Jeri Yoder or Jim Michels. This is the biggest fundraising event for The Village Foundation, which in turn may provide financial assistance to the residents that live here.

REFLECTIVE THOUGHTS

Greetings, Village family!

As we enter the autumn season, I'm so glad that the coolness of nights, possible rains, and fresh winds can bring some relief to our land and our hearts. This summer was another season of joys and griefs, discoveries and losses, healing and pain - and we need some space to breathe and sense what's alive in us.

Being human is not for the faint of heart. We can experience deep love and deep hurt. We find courage as we face our fears. We carry unquenchable longings for connection that make our lives so beautiful and so tragic. I'm grateful for the wisdom and kindness of our community, who know how to be there for each other and, in mutual care and love, bring heaven and earth closer.

May divine love sustain your breath and heartbeat this season.

Pastor Violeta

The Village offers many different worship choices here on Campus:

- Wednesday mid-week service at 4:00 pm.
- The Village Adventist congregation meets on Saturday mornings at 9:45 AM.
- The Village Community Church group meets Sundays at 4:00 pm.
- Vesper Services are the 1st Saturday of the month at 4:00pm.

All are welcome and encouraged to attend any or all of the meetings!



Music in the park

Thursday September 10th 5:00 PM

*The Village Foundation invites you to have a boxed picnic supper:
Chicken pecan salad wrap or vegetarian wrap,
fruit, potato chips, macaroni salad,
and ice cream bars for dessert.*

*Listen to the music of Mary and Steve, also known as
"Hijinks with Mary and Steve,"
outside in our very own park-like campus.*

*Please reserve your ticket ,
compliments of The Village Foundation,
by 12:00 noon on Tuesday September 8th.*

Cost to non-residents is \$12.

We look forward to seeing everyone there!

All activities are open to all residents to attend

Activities

THE PACS THRIFT STORE
Tuesday September 1st 1:00 PM
Sign up required, \$3 for transportation.

BUNCO
Thursday September 3rd 1:00 PM
If you have never tried, come on down! Super easy to learn!

SHOW AND TELL
Tuesday September 8th 11:00 AM
Come to the Community room and see what other residents have brought to show you!



MUSIC IN THE PARK!!!
Thursday September 10th 5:00 PM
Make your free reservation for this dinner and music event by Tuesday September 8th at 12:00 noon!
Musicians: “The Hijinks” play oldies and rock and they are a Village favorite!



PONG
Cup games, ring toss and pool noodles—new games!
Monday September 14th 11:00 AM
It is amazing how many games you can play with a pool noodle!!

LEAH BENSON
From the County Elections office will be here Monday September 14th 1:00 PM.
She will discuss the new method of counting votes that you will see on your November ballots!

BREAKFAST AT HUCKLEBERRIE’S
Tuesday September 15th 9:30 AM.
Sign up required, no cost for bus.
Does not include cost of meal.

ACTIVITY MEETING
Tuesday September 15th 1:00 PM
Let’s make plans for October!
Harvest party?

PACS MOBILE FOOD PANTRY
Tuesday September 15th 2:00 PM
It is helpful if you can bring your own bags or totes.

BIRTHDAY PARTY!!!
Thursday September 17th 2:00 PM
“All God’s Singers” quartet—with Bjorn Heglie—will perform for us!

SUE RADER
Thursday September 3rd, 11:00 AM
“The Constitution”

DINNER AT WAN-LUNG
Thursday September 3rd 4:00 PM
Sign up required, \$3 for bus
(does not include cost of meal)

BINGO
Tuesday September 8th 1:00 PM



Activities

ARMCHAIR TRAVEL:
Peru
Monday September 21st 11:00 AM
Will there be Thai and Peruvian snacks? Yes!

GRIEF SUPPORT
Monday September 21st 1:00 PM
The grief support group will continue but this is Karen Hartmann’s last day. Come wish her the best on her retirement.

The Fruit Loop and lunch at The Riverview
Tuesday September 22nd 9:30 AM
Our exact route will be based on traffic, air conditions and wildfire **BUT** no matter the route we will be going to Hood River Farmstands for produce, flowers, and farm products. We will lunch at the lovely Riverview Restaurant on The Columbia. Sign up required, \$25 for Transportation (does not include cost of meal or farmstand purchases).

September Foundation Garage Sale!!!
Thursday September 24th and Friday September 25th 9:00 AM-3:00 PM.
This is the last Garage sale of the year!!

CROQUET September 24th 10:00 AM
This may be our last scheduled croquet game of the season!

Pizza and Trivia is back!
Thursday September 24th 4:00 PM,
Sign up required, \$6 per person,
Meat or veggie pizza available.
Trivia topic: 60’s and 70’s music, movies, and television.

Left Center Right
Monday September 28th 11:00 AM



ALHENA MARTIN-HERRERA
from the Attorney General’s Office will make a presentation on scams and fraud that target seniors.
Monday September 28th 1:00 PM

BINGO
Tuesday September 29th 1:00 PM

