

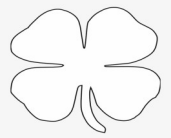
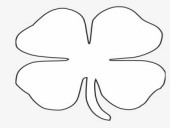
March Village Foundation News

So is March going to come in like a lion and go out like a lamb or vice versa? Not too much is going on in the Foundation world yet this New Year. We will have a Bake Sale at the resident meeting in April. Stay tuned for more information. We have a few new board members and have lost some board members but I know with God beside us we can have a successful and fun year to help our residents with their unforeseen financial crisis. Although I will be retiring from The Village at the end of May, I will be continuing with the Foundation. Thank you for your love and support, donations and contributions.

May God be with you. Jan Ybarra

How many four leaf clovers are in this newsletter?

Write your name, the date, the time and your count on a piece of paper and give to one of the ladies at the front office. The first person with a correct answer wins a prize!



KNOW YOUR NEIGHBOR

Listening to Carol McDowell's measured and succinct description of her very interesting life it is easy to note that she is a retired school teacher who taught English and Journalism. Her love of learning and teaching was instilled by her grandmother, herself a school teacher, and whose memory and principled influence Carol treasures. Her love of reading is evidenced by the interesting collection of books she still holds on to. Carol was born in Portland but her father moved the family to Enterprise when she was very young. With a population of a little over 2,000, Enterprise was and still is an idyllic town - flanked by the majestic 9,000 ft. Wallowa mountain and south of Wallowa lake. As the oldest of three girls, Carol had to grow up quickly from the age of 10 when her mother died. Somewhat late in life, her father became a pastor and moved the family back to Portland where Carol lived throughout her formative years. After she married, she and her (late) husband lived in Gresham for 40 years. They both loved the outdoors, hiking and exploring. When asked why she chose to live at The Village, Carol explained that its faith-based core values are those she was taught as a child and which remain important. And, then, there is the "horse shoe" view from her apartment window; the well-tended lawn, the beautiful trees, how they change with the seasons and, of course, the caring and supportive community.

Alex Marcus

The Village news

March 2025



Hello Dear Villagers!

I love spring so much that I am getting ahead of myself by asking Cameron when the earliest date is that he could give us a campus garden tour (April) and the earliest date that we could schedule a nursery trip (April). And then I realize we need to focus on March, even though daffodils are CLEARLY getting ready to burst open.

I'm excited to try some new games, namely "Farkle" and "Bean Bag Baseball." Our movie nights, pizza & trivia, and pong games are something I really look forward to, and I hope you do as well. We have a birthday party this month and our musician, Curtis Smith, will focus on Elvis and Irish songs....that's quite a new combination!

Have a beautiful early spring and look at those buds forming on our trees and shrubs!

Your Sister in Christ, Jean Black

February Guessing Game

The winner is Janet Westberg who guessed that the jar had 107 chocolate kisses. The actual number was 109.

The March Guessing Game:

How many lucky charm marshmallows are in the jar?



WELCOME NEW NEIGHBORS!

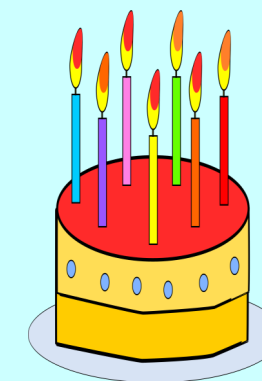
Sue Rader moves to #208

Lynette Hinckle moves to #320



March Birthdays

- 2 Bobby Butler
- 5 Karen Rund
- 5 Clem Kluthe
- 5 Carol Walcker
- 7 Lynne Schneider
- 7 Leo Santanikone
- 8 Lynette Braught
- 8 Grace Ball
- 12 Jim Michels
- 14 Sonya Desimone
- 16 Teresa Tygielska
- 16 Carol Pallesi
- 17 Gene Erwin
- 19 Josephine Schweiger
- 21 Dixie Lee Keeling
- 22 Esther Balchunas
- 23 Sandi Frazier
- 24 Alan Johlman
- 25 Bob Brotherton
- 29 Brenda Henlin



OUR WISHING WELL

During activities look around the room and you will find two wishing wells. When residents participate in an activity they can donate to the well; the donated money goes into a specific fund that pays for our birthday party cake and entertainment.. Our musicians (and our magician!) receive payment from your donations. So if you think of it drop a dollar in the well next time !



Administrative Corner

Dear Residents,

March is here and that means that spring is on it's way. March 20th is the first day of spring! We have had a pretty easy winter so far. But as much as we have enjoyed the drier weather overall, we still need the rain. I know I am enjoying the longer days. The end of March seems to be a good balance with light and darkness.

As the days get longer and warmer the grass and everything else will start growing. There are already sign of blossoms and buds showing up. I want to remind you that as you plant things in your flower beds please make sure that they are planted away from the lawn edge so they will not grow over into the lawn areas. Our workers are instructed to mow the lawn regardless of what may be hanging over into the lawn. We do not want to end up cutting flowers or other things that may be important to you.

As the growing season gets closer we are assigning the available vegetable garden areas. If you have not already been contacted and are wishing to have a garden area, please contact or re-contact us. Our garden areas are available for a small yearly watering fee. We also have specific guidelines for their use. Please contact us if you are interested or have any questions.

In my last letter I spoke of the importance of recognizing our limitations and choosing to use available transportation options instead of putting others at risk by being on the road, especially when our body reflexes are not what they should be or our overall health is not optimum. This is very important. That is why we offer transportation services here at The Village. No, it is never as convenient as having your own car, but it is a lot safer for everyone. This is one of those areas where we often resist change. But if we can embrace the change it can be even better for us. The Village offers Wednesday - appointment day and Friday—grocery shopping day. Both are very economical. We also offer our per mile service, Monday through Friday, any time we have a driver available. This is still very reasonable and will actually be cheaper than maintaining a vehicle and using your own vehicle. Please use the services that are provided.

We are monitoring our parking very closely now. Please help us make it better for all residents.

We are experiencing our spring transitions. Right now we have three remodels to work on and five renovations coming up. Some of those are present residents moving across. We will be busy.

As of this month we have 43 residents who are 90 or over. That is amazing! And by next month two of those residents will be over 100—David Yu at #100 and Esther Balchunas at #102! This month our Thankfulness Wall asks the question: "What is your secret for living a long life?" Stop by and share your thoughts and see what others have written.

As all of you know, Jan is going to be re-retiring and start enjoyment of her retirement with Robert. We so appreciate all that she does for us, but change makes us move on. We have asked Shanta Symons, who has been working in Food Services, to fill the role as Office Manager. Shanta has had extensive experience in office management, accounting, and property management. Shanta's mother is a resident here so Shanta can see both sides of both living and working here. This transition involves a lot of training since Jan takes care of so many different things. We are planning on the training lasting through the end of May. It may start slowly and end slowly. We welcome Shanta to her different role. Please be patient as the training process proceeds and she becomes familiar with how we do things.

Have a wonderful March!

Dennis

Quote of the month:

A long life may not be good enough, but a good life is long enough.
~~Benjamin Franklin~~



Village Weekly Events



EXERCISE CLASSES

Monday, Wednesday,
Fridays at 9:30
Community Room

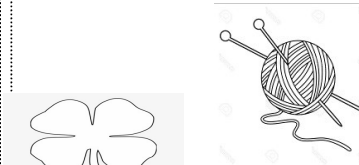
Come and join your
neighbors and get moving and
get your heart
pumping!



KNITTERS & MORE

MONDAYS at 2:00 pm
Community Room

Join us **every** Monday to learn,
share and visit! You do not have
to knit to join us. Feel Free to
bring your own
project to work on.



MENS GROUP

Tuesday
3/10 and 3/24
10:00am ~ Meeting Rm

Contact:
Kurt Matzke & Don Schell.
Our goal is to cultivate
meaningful connections for men
with a focus on camaraderie &
mutual support. Where men can
encourage one another, share
their experience & foster
genuine friendships.

BALANCE AND STRENGTH CLASS

WEDNESDAYS
2:20 & 3:00 Community Room
2:20: Movement and strength
3:00 Better balance
Excellent opportunity to
Become stronger
And more flexible!

FRIENDS HOUR

EVERY WEDNESDAY
9:00-10:00 AM ~ Café
Gather & socialize with old
friends and meet new ones.
June will have coffee, tea and
breakfast goodies available for
purchase.

CHIME CHOIR

WEDNESDAYS
2:30 ~ Meeting Rm

Come learn to play chimes
in a friendly
environment!

OPEN Wii BOWLING

MONDAYS at 4PM
WEDNESDAYS at 10:30
FRIDAYS 2:30
Community Room
Come bowl with friends and neighbors



Women's Bible Study

Mondays at 10:00,
meeting room.
Ramona leads women through scripture
and prayer



GAMES, GAMES, GAMES!

SUNDAYS 2-4 ~ Community Room.
Come play Games in the Community
Room. Meet new people & make new
friends! We have dozens of games in our
game cabinet or bring your favorite!

GROCERY SHOPPING

Concierge shopping is available on
Thursdays. Grocery lists must be in by
2:00 pm Wednesdays.

The grocery bus makes a weekly trip to
Winco and Fred Meyer, Fridays @ 8:30.
Please sign up at the volunteer desk.

Special Dinner Reservations

We love seeing people make plans with friends and family to attend the monthly special dinners together.

To be seated together please arrive early with your entire party.

We are no longer reserving seats or tables because we find many empty spaces waiting for people who do not show up while it becomes difficult to seat people when seats have been blocked off as “saved.”

We appreciate your understanding that “First come, first seated”
Is how we will seat everybody.

How many Shamrocks (or four leaf clovers) can you count in this newsletter? Leave your name and count on a slip of paper at the front office during business hours—the ladies at the desk will track the date and time to determine who gives the correct answer first. The person with the first correct answer wins a prize!!



All activities are open to all residents to attend

SPECIAL DINNER:
Thursday March 19th 12
Noon

Purchase your ticket for \$14
by 12PM Monday March
9th(\$16 for guests). After
March 9th the ticket
price increases to \$16.

MENU:

Mandarin Spring Salad
Mini Garlic Croissants

Braised Short Ribs

or

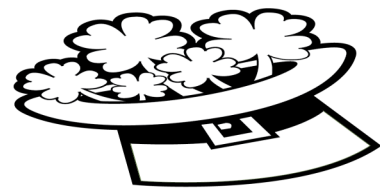
Vegetarian Short Ribs

Served over

Creamy Parmesan Polenta

Green Beans Almondine
With a demiglace drizzle

Meyer Lemon Curd Cake
With Raspberry Glaze



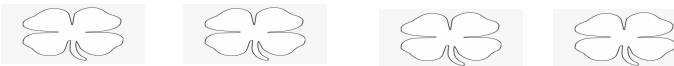
REFLECTIVE THOUGHTS

The Village offers many different worship choices here on Campus:

- Wednesday evening prayer meeting at 4:00 pm.
- The Village Adventist congregation meets on Saturday mornings at 10:00 am.
- The Village Community Church group meets Sundays at 4:00 pm.
- Vespers Service the 2nd Saturday of the month at 4:00pm.



All are welcomed and encouraged to attend any or all of the meetings!



COLORING CONTEST

Pick up the page to color at the sign up table. Use markers, pens or even crayons to color. Turn in at the front office by March 10th. Vote for your favorite by March 17th.

Winners will be announced at our Special Dinner on March 19h.
Congratulations to the February Winners!

- First place: Marilyn Cooper, who wins a café meal!
Second Place: Marge Wilson, who wins a café dessert!
Third Place: Renate Matzke, who also wins a café dessert!

Speakers And Presentations in March

Monday March 2nd 12:45 PM:
SPOTLIGHT: Alan & Margaret Eldridge

Tuesday March 3rd 11AM:
Zach Jeffries on Fraud Awareness

Thursday March 12th 1PM:
“We Need to Talk,” an AARP video
On aging, driving, and how to have conversations about safety when concerned

Thursday March 26th at 2PM:
Curtis Smith performs Elvis and Irish tunes

Monday March 30th 11AM:
Armchair Travel: Greenland

Activities

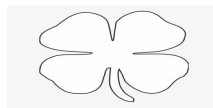
LEFT CENTER RIGHT

Monday March 2nd at 11:00
We play the game we have missed lately~~Left, Center, Right.



Spotlight

Monday March 2nd at 12:45
Come have a cookie and get to know Alan and Margaret Eldridge



FRAUD AWARENESS

Tuesday March 3rd at 11:00
Through the Gresham Police Department we have met Zach Jeffries who will discuss the latest scams and how to protect yourself.

BINGO!

Tuesday March 3rd at 1:00.
Who will win? Will "The luck of the Irish" be on your side?



Standard First Aid and CPR For Staff

Wednesday March 4th
8AM to 11AM
in the Community Room.
This will displace our 9:30 exercise and 10:30 Open Wii Bowl

What is Farkle?

It is a game! We will play Farkle
Thursday March 5th at 1:00.
I have heard that this is a game full of laughs!

CRAFT WITH CHRISSY

Monday March 8th at 1:00
Sign up required
Limit of 8 people
Chrissy always brings us Wonderful crafts to make!



Beanbag Baseball

Tuesday March 10th at 1:00
Beanbag baseball can be as active as you want it and is easily adapted to any level of skill and mobility.

BATTERRRR UP!

PIZZA AND TRIVIA

Tuesday March 10th 4:00
This month we will have trivia about The Village and St. Patrick's Day trivia. And Pizza. Stuffed crust. Veggie. Chicken sausage. Sign up required so we get the right number of pizzas.

Activities

AARP VIDEO "WE NEED TO TALK."

Do you question whether someone you know is still safe behind the wheel? What does "unsafe" really look like? And how can you possibly talk with that person about your concerns without making them upset?

This AARP video aims to answer those questions.

Thursday March 12th at 1:00, 90 minutes.

GRIEF SUPPORT

Monday March 16th at 1:00.
Grief can be felt for many kinds of loss; possessions, independence, expectations and for people we have loved.

Breakfast at Tany's

Tuesday March 17th at 8:30
We loved it last time and knew we HAD to go back!
Sign up required, \$2 for transportation (does not include meal).

ACTIVITY MEETING

Tuesday March 17th at 1:00.
Time to start talking field trips and gardening!



Special Dinner

Thursday March 19th at 12 Noon.
Ticket purchase required.
More detail on next page!!

IT'S MOVIE NIGHT!!

Thursday March 19th at 4:00
"Tarzan and the Green Goddess"
Snackies provided.

PONG

Monday March 23rd at 1 PM.
New games plus the favorites!

BINGO!


Tuesday March 24th at 1:00 PM



DINNER AT WAN LUNG (Chinese)

Tuesday March 24th 4:00
Sign up required, \$3 for transportation (does not include meal)

IT'S A BIRTHDAY PARTY!!!

Thursday March 26th at 2:00~~~cake and ice cream as usual, with a blend of Elvis and Irish music performed by Curtis Smith. 

ARMCHAIR TRAVEL: GREENLAND

Monday March 30th 11:00

BUNCO!!

Tuesday March 31st 1:00
Prizes Prizes Prizes Prizes Prizes