## The Village offers many different worship choices here on Campus:

- Wednesday evening prayer meeting at 4:00 pm.
- The Village Adventist congregation meets on Saturday mornings at 10:00 am.
- The Village Community Church group meets Sundays at 4:00 pm.



All are welcomed and encouraged to attend any or all of the meetings!

## What's going on in our community

## Safer Gresham Levy 26-247

Did you know that our Gresham Fire Department were the first on scene during the recent fire at the Timberline Lodge?

By voting YES we can help them t continue to help us.

**Quicker responses**: Funding for 13 additional firefighters and 9 more police officers, dramatically improving response times for emergencies.

**Enhanced Community Safety**: More patrols mean a notable decrease in property crimes and a safer environment for everyone, contributing to a more secure neighborhood.

**Accountability**: Funds are dedicated exclusively to police and fire services, overseen by a community committee, with yearly audits for transparency.

## Village Foundation

Everything is blooming and our grounds are beautiful. I thank God I don't suffer from allergies. I love to take a walk to see God's painting or sit and listen to Spring.

May 30th & 31st will be our Garage sale opening from 9am to 3pm. Come by and find your new treasures.

Senior shuffle will be June 7th beginning at 8am and last all day or as long as you our shufflers last. Remember to talk to family and friends and get your pledges. Pick up your forms from the office area. This is a great time to meet new neighbors and have some exercise at the same time. You can walk or use any walking device, scooters, bicycles or whatever. You just have to do the lap around the community building block as many times as you are capable. So, who is going to do the most laps this year?

Returnable bottles and cans! Please no garbage or lids! Remember to put in green cans by the community room back door. God bless you all!! Jan



Here we are cruising into May!

You will notice that this month has less activities but lots of celebrations. Myself and the Leadership team will also be away on a business trip for a few days this month. This trip will allow us to grow and learn in our roles to better serve you.

I want to thank you for supporting our craft lady Chrissy. She was so happy to see her class full! She is so kind to offer her skills and time to us here at the Village cost free. Please continue to show her love by signing up for her class.

Are you interested in sharing at one of our Armchair Travels? Help us fill our passports with beautiful destinations. Our travel videos are so informative, but hearing from a fellow neighbor would make it even more exciting.

Much love to you all, Christina







The Village News is a publication of The Village Retirement Center - 4501 W Powell Blvd Gresham, Oregon 97030 (503) 665-3137 www.villageretirementcenter.org

## Administrative Corner

Dear Residents,

I hope you are enjoying our springtime. I love to see the trees in full bloom and the rhododendrons with their colorful displays. The campus is beautiful! Of course with springtime you never know for sure if you will be hot or cold, or wet or dry. Enjoy!

Our projects are making good progress. We are working on the south fence near the Redwoods. Our new cameras are in place and are a big help already. We are still getting used to the setup. Evidently our sewer lines are being delayed again. We will let those involved know when we have more information.

We have been working on apartments #'s 32 and 80. We should see new residents moving into those units soon.

We have one more garden space that has just become available. If anyone is interested, please contact me about it. Also, please remember that the shrubs and plants at The Village belong to The Village. We will trim the shrubs as they need trimming and pruning. Residents should not be trimming or cutting the shrubs. If you have concerns or want changes in the landscaping around your unit, please talk with administration about them. Also please remember to not have your personal plantings over the lawn. They should be set back at least a foot. This is our busiest time of year on the grounds, with some shrubs growing 8 feet or more during the growing season, and the lawn growing fast with the spring rains. Please be patient as we strive to keep up with all areas.

We are so thankful for our Village Foundation and all that they do to help The Village and its residents. Please remember that they are here to help. As you know they have started their sales that will occur the last Thursday and Friday of each month. Stop by and see what treasures you can

As I have talked about before, Thankfulness is so important in our lives. It can literally change our lives and help us to be happier, stronger and better able to face the challenges of life. I would like to share my 'quote for the month' here this time:

When you are grateful, you act out of a sense of enough and not out of a sense of scarcity, and you are willing to share. If you are grateful, you are enjoying the differences between people and respectful to all people. The grateful world is a world of joyful people. Grateful people are joyful people. A grateful world is a happy world." Douglas Carlton Abrams

This is so true. God has given us so much to be thankful for, despite what the news might be showing you. I would encourage everyone to focus on Thankfulness and make it the emphasis of your life.

Along that same line.... This month is Resident Appreciation month. A time that we get to say "Thank you" to YOU!, our residents. We invite all of you to a free dinner on May 9. We appreciate every one of you and we are here to make your lives better. Please sign up and come.

In keeping with our thankfulness theme this month, our Thankfulness Wall simply asks the question "What are you thankful for today?" Reminders are good for us to keep us thinking of how much we are thankful for. Stop by and share your thoughts on the wall and see what others have written.

Have a great May! Dennis

# Village Weekly Events

#### **EXERCISE CLASSES**

Monday, Wednesday, Fridays at 9:30 Community Room

Come and join your neighbors and get moving and get your heart pumping!



#### **KNITTERS & MORE**

MONDAYS at 2:00 pm Community Room

Join us **every** Monday to In learn, share and visit! You do not have to knit to join us. Feel Free to bring your own project to work on.



#### **MENS GROUP**

Every other Tuesday 5/7 & 5/21 2:00pm ~ Small Meeting Rm Contact: Kurt Matzke & Don Schell Our goal is to cultivate

meaningful connections for men with a focus on camaraderie & mutual support. Where men can encourage one another, share their experience & foster

genuine friendships.

#### **LEARN TAI CHI** FOR BETTER BALANCE

WEDNESDAYS 2:20 & 3:00 PM Community Room Tai Chi is an effective exercise, which will improve balance & core strength.

#### FRIENDS HOUR **EVERY WEDNESDAY**

9:00-10:00 AM ~ Café Gather & socialize with old friends and meet new ones. June will have coffee, tea and breakfast goodies available for purchase.

#### Wii BOWLING

FRIDAYS at 11am & 1pm Community Room Come bowl with friends and neighbors!



#### CHIME CHOIR

WEDNESDAYS 2:30 ~ Small Meeting Rm Come learn to play chimes environment!

## **GAMES, GAMES!**

SUNDAYS 2-4 ~ Community Room Come play Games in the Community Room. Meet new people & make new friends! We have dozens of games in our game cabinet or bring your favorite!

#### **GROCERY SHOPPING**

Concierge shopping is available on Thursdays. Grocery lists must be in by 2:00 pm Wednesdays.

The Grocery bus makes weekly trip to Winco and Fred Meyer, Fridays @ 8:30 Please sign up at the volunteer desk.

# Know Your Neighbor's

Tiffany Brasesco

#### **Denise Fielder Apartment #305**

Denise Fielder moved into The Village Community February of 2023. After following her passion of being a Kindergarten teacher for many years Denise retired in 2015 and her son took her on a trip to Oregon to celebrate! They are from a small town called Chino Valley in Arizona. The trip to Oregon was supposed to be just 2 nights but ended up lasting TEN nights! Denise recalls her son saying "mom have you ever seen so many colors of green?". They were sold! After over 30 years of marriage to the one and only love of her life; Denise's husband suddenly passed away in 2017. It was then that her and her son decided they would make the move further west.

When Denise moved to Oregon she got involved with the Gresham Senior Center serving on and off their Board of Directors the last 7 years; and that's where she met a resident of ours and heard about The Village. She knew she wanted to live here and is so happy she does! In her spare time, she works part time doing craft time with people who have Alzheimer's! Denise's passion is people and you can really get a feel for that when you speak to her and ask her about her story and what makes her happy. When you see Denise, be sure to say hello and ask her about Patch Adams!;)

## Reminders

#### **Chime Choir Performance**

Saturday, May 18th 10:30am ~ SDA Church

Have you wondered how our chime choir is doing? Come to Church and hear them play!



## **Village Foundation Garage Sale**

Thursday & Friday May, 30th -31st 9am -3pm

Come see what treasures you can find!



#### **MAY GUESSING CONTEST**

Stop by the office and guess how many butterfly's are in the iar.

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April winner was Don McConnell with a guess of 411 Jelly Beans There were 420 Jelly Beans in the jar.

## Special Event

## Resident Appreciation Dinner May 9th @12:00pm

**Starter:** Caesar Salad

Entree: Grilled Salmon or Stuffed Zucchini Boats with Rice Pilaf, Candied car-

rots, and assorted breads **Dessert:** Tiramisu

## Please sign up by Monday, May 6th 2pm

There is no charge for this meal so your prompt sign up allows us to be fully prepared to have all of you there.



## May Birthdays

2 Jean Hewitt 5 Linda Lee

6 Lea Delight

7 Rose Frazier

7 Winston John-Baptiste

8 John Barrows 11 Robert Ybarra

22 Debie Jackson



**22 Kathryn Williams** 

24 Julian Jackson

27 Joyce Schultz

28 Ann Gimble

28 Esther Jones

29 Kathy Duff

29 Mavis Petersen

31 Tiney Husbands

If it is your Birthday this month please stop by the Activity Office to get your Birthday Village Buck!

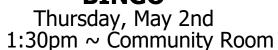
## Activities

#### EARN VILLAGE BUCKS

Village Bucks is our new Resident Incentive Program. Each event marked with a STAR will earn Village Bucks'. Village Bucks can ONLY be spent on prizes at our Village Bucks Store.

Village Bucks Store will be OPEN following BINGO at 2:30pm.

#### **BINGO**



Village buck store opens at 2:30pm. Come and spend those bucks that you have earned!

## **Special Speaker**

Monday, May 6th 11:00am ~ Community Room **Don Schell** 

Presentation:
Journey through the Ark Encounter.

## Al's Garden Center 太

Tuesday, May 7th 9:45am ~ Bus \$3

Al's has a wonderful selection of flowers and hanging baskets. I can't wait to see all of your green thumbs at work!

## **SPOTLIGHT**

Monday, May 13th 12:45pm ~ Annex

Great way to meet your neighbors



Featuring: **Marion Boersma** 

## **Mother's Day Potluck Tea**

Tuesday, May 14th 2:00pm ~ Community Room

Ladies come join us for a traditional time honored celebration honoring the women in our lives. Our mothers, step-mothers, grandmothers, aunties, nieces, friends, and neighbors who have made a difference in our lives. Please SIGN UP outside the activity office and let us know if you are bringing something sweet or savory to share. We will provide the tea and the teacups.

# Watercolor with Carolynn \$3 Class Fee

Thursday, May 16th 3:00pm ~ Community Room

Want to learn how to paint with Watercolor? Come learn how with friends!

# GRIEF SUPPORT GROUP

Monday, May 20th 1:00pm ~ Small Meeting Room

Adventist Hospice's Karen Hartmann hosts a Support Group. All are Welcome!

## **Birthday Party**

Thursday, May 23rd 3:00pm

Its time to celebrate our April & May
Birthdays!
Carrisa Hoard will be our
musical talent.

## **Village Feud**



Tuesday, May 28th 2:00pm ~ Community Center

Come watch our neighbors compete to name the most popular answers from our questionnaire.

\*Sign up to be on a team

### **Show N Tell**



Monday, May 20th 11:00am ~ Community Room

Its time to bring out the treasures! Sign up to share something special, interesting, funny, old or new.

## **Black Bear Diner**



Tuesday, May 21st 8:30am ~ Bus \$3

Start your day with a yummy Breakfast with friends.



## **Craft with Chrissy**

Friday, May 24th 2:00pm ~ Annex

Come make a bird feeder!



Be sure to sign up.

## **Bunco**



Thursday, May 30th 2:00pm ~ Community Room

The rules are simple - all you really need to know is how to roll dice!

Sign up outside the activity office!