The Village offers many different worship choices here on Campus:

- Wednesday evening prayer meeting at 4:00 pm.
- The Village Adventist congregation meets on Saturday mornings at 10:00 am.
- The Village Community Church group meets Sundays at 4:00 pm.



All are welcomed and encouraged to attend any or all of the meetings!

Reflective Thoughts

Dear Village Community,

We are heading into the Spring season and it is proving to be very beautiful this year. Of course the Village and the grounds are always well kept and clean. The bright colors from the trees, shrubs and flowers are just coming on and this Spring promises to be inspiring. At Mt Hood Community College, which is just next door to my apartment, the Cherry trees are in full bloom and they are awesome, breath taking splendor.

We have a creative and bountiful God. He displays some of His attributes in creation. There are strong, sound and good reasons for people to praise and rejoice in God, to believe Him.

Psalm 111:1-4

Praise ye the LORD. I will praise the LORD with my whole heart, in the assembly of the upright, and in the congregation. The works of the Lord are great, sought out of all them that have pleasure there in. His work is honorable and glorious; and His righteousness endures for ever. He hath made His wonderful works to be remembered: the LORD is gracious and full of compassion. KJV

Love is Christ, Paster Bob

Village Foundation

Jan



April is one of my favorite months of the year. It's the start of Baseball season for our family. My husband helps coach and I'm typically team mom. Some of you may have met my son Alberto a couple of weeks ago. He's our Baseball star! My favorite place to be in the Spring is on the sidelines cheering him on.

What are some things that you look forward to in April. Maybe its planting your flowers, more walks, or some spring cleaning? Either way I hope it brings you joy!

How many of you have thought it would be fun to be on the Family Feud? Well now is your chance! We will be hosting the Village Feud. In the next few days we will be sending out a questionnaire for each resident to fill out. We will then use those questions and answers for our "show". There is no wrong or right answer. There will be a sign up sheet for those who would like to be on a team in May. All are welcome to be in the audience.

Christina



Residents Meeting Tuesday, April 9th 10:00am ~ Community Room



Your Elected Council Members

Don Schell
Nancy Thomas
Evelyn Long
Clem Kluthe
Karen Rund
Cindy Wade
Rose Barrows
Diane Miller

The Village News is a publication of The Village Retirement Center - 4501 W Powell Blvd Gresham, Oregon 97030 (503) 665-3137 www.villageretirementcenter.org

Administrative Corner

Dear Residents.

April is here and the spring display of flowers at The Village begins. It is a pretty time of year. Some of our trees have already been blossoming. Be sure to take the time to stop and enjoy the beauty.

We are not planning as many bus outings this spring, as we might normally. Our bus has some door parts that are on order, but will take a long time to get here. We can still operate the bus, but it is difficult to make the door function so you can get on and off. They say the part will take 80 days to get to us, so we will have to be patient. When bringing residents back to The Village we will plan on only making 2 stops to drop people off. One at the Community center and one near apartment 80.

Our apartment transitions are continuing. - We are finished with apartments #'s 101, 315, 404, 89 and 1. We will be working on apartment 86 and possibly a couple more that are coming up.

We have just heard from our sewer contractor that he is hoping to start work the first week of April, which is this coming week. We will notify you when your services will be affected. Remember this is for units 5-12 and 113 - 120.

April is the month that you will see the increase in your rental rates. You can expect to see the change in the bills that are due this month.

Please remember that the main entry gate will be closing at 8:00 pm from now on. If this creates issues or concerns, please talk to me concerning them so we can find a way to resolve them.

Also, please remember that the Helpful information guide is very helpful in understanding some of the benefits and amenities that The Village offers. It covers the rules and guidelines that we have so we can all live harmoniously together. It also helps us to realize ways that we can be more courteous to our friends and neighbors by following the guidelines so that everyone can be comfortable living here.

Don't forget that we serve a good lunch with lots of options, every day in our cafe. Come on down and eat with your neighbors and friends. Check out our menu for your favorites!

Many of you have had to endure a lot of hardship and sorry in your life. I am always amazed at how you have overcome these things and been able to live fulfilling, happy lives. Our Thankfulness Wall asks the question this month: 'What is your secret to rising above life's struggles?' Think about your life and what has helped you to thrive, and share it with the rest of us.

Have a great April. Dennis

Village Weekly Events

EXERCISE CLASSES

Monday, Wednesday, Fridays at 9:30 Community Room

Come and join your neighbors and get moving and get your heart pumping!



KNITTERS & MORE

MONDAYS at 2:00 pm Community Room

Join us **every** Monday to [] learn, share and visit! You do [] not have to knit to join us. [] Feel Free to bring your own project to work on.



MENS GROUP

Tuesday, April 9th
2:00pm ~ Small Meeting Rm
Contact:

Kurt Matzke & Don Schell
Our goal is to cultivate
meaningful connections for men
with a focus on camaraderie &
mutual support. Where men can
encourage one another, share
their experience & foster
genuine friendships.

LEARN TAI CHI FOR BETTER BALANCE

WEDNESDAYS 2:20 & 3:00 PM Community Room Tai Chi is an effective exercise, which will improve balance & core strength.

FRIENDS HOUR

EVERY WEDNESDAY
9:00-10:00 AM ~ Café
Gather & socialize with old friends and meet
new ones. June will have coffee, tea and

breakfast goodies available for

purchase.

Wii BOWLING

FRIDAYS at 11am & 1pm Community Room Come bowl with friends and neighbors!



CHIME CHOIR

WEDNESDAYS 2:30 ~ Small Meeting Rm Come learn to play chimes environment!

GAMES, GAMES!

SUNDAYS 2-4 ~ Community Room
Come play Games in the Community Room.
Meet new people & make new friends! We have dozens of games in our game cabinet or bring your favorite!

GROCERY SHOPPING

Concierge shopping is available on Thursdays. Grocery lists must be in by 2:00 pm Wednesdays.

The Grocery bus makes weekly trip to Winco and Fred Meyer, Fridays @ 8:30 Please sign up at the volunteer desk.

Activities Continued...

Watercolor with Carolynn \$5 Class Fee

Thursday, April 18th 3:00pm ~ Community Room

Want to learn how to paint with Watercolor? Come learn how with friends!

Exercise Canceled

Monday, April 22nd

Left Right Center

Tuesday, April 23rd 2:00 ~ Community Room

AARP Safe Driver Course

Monday, April 22nd & Tuesday 23rd

8:45 - 12:00

Member \$20 Non Member \$25

Must attend both days.

Sign up and more information located in

front of Activity Office.

Roll your way to victory in this dice game by being the last player to hold their chips.

Ristorante Di Pompello

Thursday, April 25th 4:00 ~ Bus \$3



Rustic Italian restaurant with a menu of budget Italian classics

Guest Speaker

Monday, April 29th 11:00 ~ Community Room **Villages NW**

Villages provide extensive volunteer support to seniors to help them live independently in their own homes instead of moving to an adult foster home.

Become a volunteer!

Bunco



Tuesday, April 30th 2:00 ~ Community Room

This is a fun game where you can get to know new neighbors! The rules are simple - all you really need to know is how to roll dice! Sign up outside the activity office!

Craft with Chrissy is To Be Determined....

Quote of the Month

"A person who never made a mistake never tried anything new."

Albert Einstein

APRIL GUESSING CONTEST

Stop by the office and guess how many Jelly Beans are in the Container

March winner was Tony Frazier with a guess of 629 Lucky Charms. There was 649 Lucky Charms in the jar.

Special Event

The Village Special Dinner -Breakfast Brunch April 18th @12:00pm Starter:

Fresh Fruit & Cheese plates + Danish platter

Entree:

Macadamia Nut & White Chocolate Hawaiian Baked French Toast W/Coconut sauce

Cheese Omelet, Potatoes Obrien + Chicken or Veggie Sausage

Dessert:

Fresh Berry & Yogurt Parfait

Please sign up by Tuesday, April 9th

\$13.00 per person / \$15.00 if you sign up after April 9th

April Birthdays

1st Elaine Brown
1st Evelyn Long
3rd Laura Morrow
3rd Alice Werner
8th Laurie Rhodes
12th Sally Clark
13th Harlen Rude
13th Bob LeBlond



14th Mary Dannar 14th Sandy Jordan 14th Thomas Stafford 14th David Yu 18th Veronica Stai 22nd Caspian Orr 23rd Fran Locke 29th Billie Elkins

If it is your Birthday this month please stop by the Activity Office to get your Birthday Village Buck!

Activities

EARN VILLAGE BUCKS

Village Bucks is our new Resident Incentive Program. Each event marked with a STAR will earn Village Bucks'. Village Bucks can ONLY be spent on prizes at our Village Bucks Store. Village Bucks Store will be OPEN following BINGO at 2:30pm.

Special Guest



Monday, April 1st 11:00am ~ Community Room **Chris Welling**

Meet Christina's Grandma. She will have some of her baby chicks for us to meet. Come and learn about how she raises them on her 120 acre farm here in Boring.

Dexter McCarty Spring Concert

Thursday, April 4th

11:00am ~ Community Room

Come and enjoy the beautiful voices

of Dexter McCarty Middle School's

Choral group.

BINGO



Tuesday, April 2nd 1:30pm ~ Community Room

Village buck store opens at 2:30pm. Come and spend those bucks that you have earned!

Village Pong



Thursday, April 4th 1:00pm ~ Community Room

This is a team effort of bouncing a ping pong into a cup and trivia. Come on down, last time we had a blast!

Residents Meeting

Monday, April 8th Tuesday, April 9th 1:00 ~ Community Room

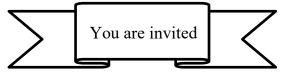
Assured Home Health

Guest Speaker

Fall prevention clinic with a licensed Physical Therapist.



All residents are invited to attend this very informative meeting.



Movie Night



Tuesday, April 9th 5:00pm ~ Community Room

Till The Clouds Roll By

Musical/Drama

Popcorn and drinks provided

Root Beer Float Social



Thursday, April 11th 2:00pm ~ Community Room

Come and enjoy a sweet treat while playing mini short games.

Guest Speaker

Breakfast at Heidi's 🙏

Thursday, April 11th

8:30am ~ Bus \$2

Start your day with a yummy

Breakfast with friends.

Monday, April 15th 11:00am ~ Community Room

American Family Estate Preservation

Basic education on advanced directives and estate planning.

SPOTLIGHT



Monday, April 15th 12:45pm ~ Annex

Great way to meet your neighbors Featuring:

John and Susan Andersen

GRIEF SUPPORT GROUP



Monday, April 15th 1:00pm ~ Small Meeting Room

Adventist Hospice's Karen Hartmann hosts a Support Group. All are Welcome!

Armchair Travel



Tuesday, April 16th 11:00am ~ Community Room

Iceland

Its time for a new destination in our passports!

Wii Games



Tuesday, April 16th 2:00pm ~ Community Room

Lets learn some new games that the Wii has to offer.