### Know Your Neighbors

**Alex Marcus** 

### **Brooke and Thomas Stafford #76**

Born in Baker City, Oregon, to SDA missionary parents, Brooke spent some of her early childhood years in India where her parents were commissioned. Like most missionary children, Brooke attended a Christian denominational school until she was 8 years old. India was still part of the British Empire and, when World War II broke out, expatriate families were sent home, by ship, out of harm's way. Their ship sailed south and docked in the then British Union of South Africa where they were stuck for a few days until they were transferred to a troop ship eventually making their way to the US. As a young woman, Brooke pursued the medical profession qualifying as an RN and OR nurse.

Thomas, a retired SDA minister, was born in Tacoma, Washington, and raised in a Methodist home. He pursued a business profession for a while but his heart's desire was to share The Gospel with fellow business leaders. That passion led him to change careers and to train in pastoral ministry. Thomas taught at the Sunnyside SDA Church for several years focusing on the development and preparation of people with a heart to share God's Word. Tom is presently recovering from a severe stroke - making extraordinary progress - and especially grateful for The Village's support through caring staff and neighbors. In conversation, one easily perceives their love of God and tender servants' hearts. They are truly a welcome addition to our Village community and, oh, by the way, Brooke is an accomplished pianist. I know because I am often soothed by the sound of her music.

### Village Foundation

Here we are already anticipating Spring 2024.

We are going to have - All You Can Eat - St. Patrick's Day dinner on Sunday, March 17th from 12:30pm to 3:00pm for only \$10.00. This will consist of Chili (with or without meat), Cornbread, Green salad, and Green punch. This will be open to all residents and we are also inviting the public. Please come join us and invite your friends and family. If you would like to make some Chili or Cornbread please call either Inge @503-328-6432 or Terry @503-750-5970.

Then on March 28th and 29th we will open the garages for the beginning of our 2024 Garage Sales. Its's always fun to come and browse and find a treasure you didn't know you were missing. God bless you and keep you.

Jan

# The Village News March 2024



### **Hello Village Residents!**

Spring is in the air!

This time of year is one of my favorites. The sun starts to beam down on our frosted grounds creating a beautiful glisten in our eyes. Slowly flowers start to sprout reminding us of new blessings.

I would like to challenge you to stop and think about your blessings. In what ways are you blessed? Are you using your blessings to plant new blessings in the lives of people around you?

My newest blessing is becoming part of the Village. Your laughter, smiles, and conversations bless me everyday.

May God's blessings spring forth in your life.

~ Christina

### Welcome New Neighbor Anita Woosley #89

Anita Woosley #89 Cynthia Jackson #315

### Neighbors who have moved

Jerry Brass #404 to #68 Diane Miller #101 to #106 Robin & Carolyn Pease #1 to 404



### **Knitters**



The Gresham Police Department does not need any more beanies at this time so we donated your last batches to ZAREPHATH, a Gresham non-profit charity which helps families and individuals in need. They also serve 90-200 home cooked meals each week, mainly to local homeless men and women. If you ladies would like to continue knitting adult and child-size beanies Zarephath would be very grateful to receive them. They also asked for knitted scarves. Many thanks to all!

The Village News is a publication of The Village Retirement Center - 4501 W Powell Blvd Gresham, Oregon 97030 (503) 665-3137 www.villageretirementcenter.org

### Administrative Corner

Dear Residents,

March is here! The days are starting to be a little longer and the temperatures a little more moderate. As I am writing this the sun is shining and I am seeing the buds starting on the trees. Spring will officially come on the 19th, but as we know, that is just a number. The weather will do what it will do. I am glad the coldest weather seems to be over. Spring is a time of new beginnings, spring cleaning, more light and more colors. I wish all of you a wonderful springtime.

Our apartment transitions are continuing. While we are having a lot of resident move-acrosses, we are also having new residents move in. Be sure to welcome your new neighbors whether they are present residents or new residents. This month we will see activity at 101, 404, 89, and 315 and some more possible units.

A few reminders -

Please remember not to feed the squirrels. When their numbers multiply, they can be very destructive to parked vehicles and even outdoor furniture and structures. If you see us trapping them, leave the traps alone so we can take care of this problem.

Please remember our speed limit and do not exceed it.

Please remember to not park in areas where the curb is painted red. Do not park in yellow painted areas longer than 15 minutes unless you have express permission to park there.

If you report a maintenance item to be done, please be sure to be home so we can take care of it for you. Our goal is to respond to your need within 24 hours on business days unless it is a

true emergency where we will respond as soon as possible.

Spring is the time where our grounds start requiring a lot more work. As we start mowing again, please remember to keep plants away from the lawn edges so we can mow efficiently. This winter we were able to do some edging in the planting beds that we are not always able to do. The grounds look beautiful and we are ready for the springtime. Many thanks to our faithful grounds crew.

It is good to see many people joining the fun activities that Christina has been planning. Don't just stay in your home and wonder what to do, come on down and join the fun things

going on. Don't forget to sign up for those activities that have sign-ups.

March 7 is Social Security's Slam the Scam Day. It is to help us be aware of scams that try to get your money or your information from you. Please do not give out personal information or access to any financials that you have, especially if you did not initiate the interaction. If anything seems suspicious do not continue with that person or company.

Some residents have asked what needs The Village has that they might donate to. Both The Village and The Village Foundation are charities that accept tax deductible donations. Some of the big-ticket items and ideas that The Village could use that are not presently budgeted for are:

A new Security Truck A new grounds cart

A new Bigger Screen TV for the community room

Energy Savings window replacement in the Chapel Lobby

An expansion of our security camera system to include more areas in our northern sections. Solar projects

If anyone would like to help with these projects of other ideas or needs you might have, please come and talk with me. I want to thank the donor for the gift of the new video monitor in the small meeting room. It will be really nice for small group usage and staff training videos. Please be sure to remember to reserve the room ahead of time at the office if you are wanting to use it.

This month our Thankfulness Wall asks the question: "As spring is coming, what is your favorite plant or flower?" Stop by and share and see what others have written.

Have a great March!

Dennis

# Village Weekly Events

### EXERCISE CLASSES

Monday, Wednesday, Fridays at 9:30 Community Room

Come and join your neighbors and get moving and get your heart pumping!



### **KNITTERS & MORE**

MONDAYS at 2:00 pm Community Room

Join us **every** Monday to [] learn, share and visit! You do [] not have to knit to join us. [] Feel Free to bring your own project to work on.



#### **MENS GROUP**

**Every other Tuesday** 

10:00 AM ~ Small Meeting Rm Contact:

Kurt Matzke & Don Schell
Our goal is to cultivate
meaningful connections for men
with a focus on camaraderie &
mutual support. Where men can
encourage one another, share
their experience & foster
genuine friendships.

### LEARN TAI CHI FOR BETTER BALANCE

ПП

WEDNESDAYS 2:20 & 3:00 PM
Community Room
Tai Chi is an effective
exercise, which will improve balance & core
strength.

### FRIENDS HOUR

9:00-10:00 AM ~ Café

Gather & socialize with old friends and meet new ones. June will have coffee, tea and breakfast goodies available for purchase.

#### Wii BOWLING

FRIDAYS at 11am & 1pm Community Room Come bowl with friends and neighbors!



#### **CHIME CHOIR**

WEDNESDAYS 2:30 ~ Small Meeting Rm Come learn to play chimes environment!

### **GAMES, GAMES!**

SUNDAYS 2-4 ~ Community Room
Come play Games in the Community Room.
Meet new people & make new friends! We have dozens of games in our game cabinet or bring your favorite!

### **GROCERY SHOPPING**

Concierge shopping is available on Thursdays. Grocery lists must be in by 2:00 pm Wednesdays. The Grocery bus makes weekly trip to

Winco and Fred Meyer, Fridays @ 8:30 Please sign up at the volunteer desk.

### Activities Continued...

### **Watercolor with** Carolynn \$5 Class Fee

Thursday, March 28th 3:00pm ~ Community Room

Want to learn how to paint with Watercolor? Come learn how with friends!



### **Super King Buffet**



Thursday, March 28th 4:00pm ~ Bus \$4

All-you-can-eat selection of Chinese, Japanese & American fare.

Dinner is \$21.99 + Drinks

### **Craft with Chrissy**

Friday, March 29th 2:00pm ~ Annex

Chrissy comes to do crafts with us once a month. All supplies included. Please watch for sign-up sheet.

\*Paint a pot and plant an herb craft.

\*Don't forget to check outside Activity Office for event details, updates, and sign up sheets

#### MARCH GUESSING CONTEST

Stop by the office and guess how many candy Lucky Charms are in the Container

February winner was Joy Williams with a guess of 555 Candy Hearts. There was 564 Candy Hearts in the jar.

### Quote of the Month

In the beginning of life, when we are infants, we need others to survive. And at the end of life, we need others to survive. But here's the secret, in between, we need others as well. — Morrie Schwartz

### Special Event

#### **The Village Special Dinner** March 21st @12:00pm

Our special dinner will feature: Dinner: Bangers & Mash with fresh Onion gravy Regular - Chicken apple sausage Vegetarian - Beyond sausage Sides: Fresh cabbage & carrots

Homemade gravy, mashed potatoes & dinner rolls

Starter: Irish Flag Salad

Dessert: Apple Raisin Bread Pudding with Butter Pecan sauce

Please sign up by Tuesday, March 12th

\$13.00 per person / \$15.00 if you sign up after March 12th

### The Village offers many different worship choices here on Campus:

- Wednesday evening prayer meeting at 4:00 pm.
- The Village Adventist congregation meets on Saturday mornings at 10:00 am.
- The Village Community Church group meets Sundays at 4:00 pm.



All are welcomed and encouraged to attend any or all of the meetings!

### March Birthdays

- **5 Clem Kluthe 5 Karen Rund**
- **5 Carol Walker**
- 7 Keo Sananikone **7 Lynne Schneider**
- 8 Grace Ball
- 9 Tony Frazier
- 11 Jean McEwen
- **12 Jim Michels**
- **14 Sonya Desimone**
- 14 Kathy Ybarra



- **16 Carol Pallesi**
- 16 Terry Tygielska
- 17 Gene Erwin
- **22 Esther Balchunas**
- 23 Judy Bergh
- 23 Sandy Frasier
- 24 Alan Johlman 25 Pastor Bob
- **Brotherton**
- 29 Jerry Brass
- 29 Roger Johnson 31 Patricia Craw

If it is your Birthday this month please stop by the Activity Office to get your Birthday Village Buck!

### Activities

#### **EARN VILLAGE BUCKS**

Village Bucks is our new Resident Incentive Program. Each event marked with a STAR will earn Village Bucks'. Village Bucks can ONLY be spent on prizes at our Village Bucks Store. Village Bucks Store will be OPEN following BINGO at 2:30pm.

### **Armchair Travel**



Monday, March 4th 1:00pm ~ Community Room

Come travel to Ireland

We will watch a travel video and try some Irish snacks.

### What do you meme?



Tuesday, March 5th 11:00am ~ Community Room This game will get you laughing! Come match funny pictures to silly captions. The person with the most funny pictures wins.

### **Movie Night**



Tuesday, March 5th 5:00pm ~ Community Room

### **Angel and the Badman**

Starring John Wayne

Popcorn and drinks provided

### Biscuits Café and Bi-mart 🛣

Thursday, March 7th 8:30am ~ \$2 bus

We will have breakfast at Biscuits Café followed by a trip to Bi-mart.

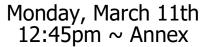
# Games Games &



Thursday, March 7th 2:00 ~ Community Room

What's in the sock? Remember the sequence.

### **Spotlight**



Featuring Jim and Debra Michels # 108



### **BINGO**



Tuesday, March 12th 1:00pm ~ Community Room

Village buck store opens at 2:30pm. Come and spend those bucks that vou have earned!

### **Canceled**



There will be no Tai Chi or Chime Choir Wednesday, March 13th

Class will resume March 20th

#### **Rainbow Coin Toss**



Thursday, March 14th 10:30am ~ Community Room

Irish you luck!

How big will your teams pot of gold

### **Birthday Party**

Thursday, March 14th 3:00pm ~ Community Room

Celebrate our February and March Birthdays. Special guest Kyle Lewis. He will be playing the piano and singing.

### **DEALING WITH LIFE** SUPPORT GROUP



Monday, March, 18th 1:00 pm ~ Small Meeting Room

Adventist Hospice's Karen Hartmann hosts a Support Group. All are Welcome!

### PIZZA TRIVIA NIGHT



Tuesday, March 19th 4:00 pm ~ Community Room

Come and enjoy pizza and trivia

### **Sing-along**



Monday, March 25th 11:00am ~ Community Room

Come sing with Evan Jensen & LeRay Hannes from British Columbia.

### Bunco



Tuesday, March 26th 2:00pm ~ Community Room

This is a fun game where you can get to know new neighbors! The rules are simple - all you really need to know is how to roll dice! Sign up outside the activity office!