

Don McLure and Sam the Yorkipoo Apartment 312

Don was born in California where he lived until he retired, in 2011. For many years he worked as a flight attendant for a major US airline. That may sound glamorous because we all tend to think of all the exotic travelling and tailored, stylish uniforms but it's demanding and often lonely work. Listening to Don, though, one quickly senses his kindness and nurturing spirit - both key to the making of an exceptional flight attendant. Don eventually made a career shift and became a Certified Employment Assistant Professional. CEAPs provide support and counselling to employees and their families on a wide range of workplace personal problems which may affect their work performance. CEAPS may also provide organization consulting and training services.

So, why Gresham of all places? Don visited Gresham in the mid-70s and was impressed by its village vibe and unassuming, genuine people with heart. And that, eventually, drew him to choose The Village because, let's face it, this is a community with a lot of heart. Don's people skills and experience have served him well and it didn't take long for him to join The Village Foundation team. If you walk past Don's apartment you will probably see Sam curiously looking out the window. Any family nearby? Yes, a sister, retired banker who lives in Lebanon OR and a niece who teaches at Oregon State University. Do make friends with Don; he is a welcome addition to our community.

Village Foundation

Maybe we all need to lean to one side to stop the world for a day. It is going by way to fast. I feel like a gerbil just running around on that wheel. Dear Lord don't let it spin out of control.

Look for your special valentine goody in your newspaper box on the 14th . We are also talking about a St Patty's Day chili and cornbread feed all you can eat for about \$9.00. That would be on Friday, March 15th time to be determined. Then in April we will have a "Shred" day on April 19th .

Remember our 2 cans for returnable bottles only are always available. No lids and please rinse.

Praying for God's blessings and health.

Jan

The Village News

February 2024

Hello Village Residents!

Happy February!

What an amazing month it was learning and growing beside you all. I want to thank you for your patience and kindness that you have shown me since stepping into this role. It is truly an honor to be here!

This month I have added in a few more activities, because the truth is I just love seeing you together. Time spent with friends and family is always a time well spent.

I would like to remind everyone that those village bucks you have been earning can be spent at our Village Buck Store. This store is open right after BINGO. You do not have to play BINGO to attend our store. So please note when our BINGO day is and come on down and spend those bucks!

GOD is Love –John 4:16

~Christina

Welcome New Neighbor

Linda Lopes #61

Neighbors who have moved

David Carl #68 to #46

Dana Volkert #106 to #206



**Love one another
as I have
loved you.**

John 15:12

New library system

Help us keep better track of our books in our community library. Please look for our new check-in and out library sheet located on the back table of our library.

Do you have a book that is ready to be returned for others to enjoy? We would love for you to check your homes for books that may have over stayed their welcome.



Administrative Corner

Dear Residents,

I have been appreciating our warm rains that we have been having after experiencing our ice and temperatures in the low teens. We can be thankful that the extreme weather we experienced does not come very often. We hope we are done with it for the year, but we will see. Thank you for your response to our need for volunteers for our calling committee. We still are in need of a few more, as it is good to have alternates to call in case those that have volunteered are not available.

This is Valentines month, and we want to remember to be thankful for those who are closest to us. Whether it be spouses, family or friends, our relationships are what make life special. Please join the special activities as we honor those special to us.

I want to highlight an educational program we are featuring on February 5. We will be featuring Sue Porter, the director of End of Life Choices - Oregon. She will be speaking of some of the options available to you when you are facing end of life challenges. In these days with the prevalence of Dementia and other debilitating diseases, it is important to make choices ahead of time on how you want to receive care. Please come so you can know what choices are available and what you need to do to make sure your choices are honored. This could be one of the greatest valentine gifts you could give to those closest to you.

Right now our apartment transitions have picked up. What has happened is that we have had many residents interested in moving to smaller apartments. When that happens it can create a 'domino' effect when we have one apartment that comes open and then one resident moves into that apartment and then another resident moves into their apartment. It looks like this month we will have that happen a number of times. It can mean that instead of having to renovate one apartment we renovate two or three. Please be patient as we work through these transitions and watch for our announcement of the transitions and new residents. This month we are expecting transitions in 46, 206, 106, 89 and 68 with more to come in March.

It was good to see the positive changes that residents shared on the Thankfulness wall this last month. This month we want to focus on how friends, or family have made a difference in your lives. The question for our Thankfulness wall is: What is the most impactful thing that someone has done for you? Please share your thoughts with us and stop by and see what others have written.

Have a great February!

Dennis

Quote of the Month

"The end of life deserves as much beauty, care and respect as the beginning"

Anonymous

Village Weekly Events

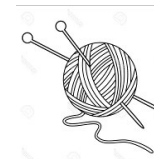
EXERCISE CLASSES

Monday, Wednesday, Fridays at 9:30
Community Room
Come and join your neighbors and get moving and get your heart pumping!



KNITTERS & MORE

MONDAYS at 2:00 pm
Community Room
Join us **every** Monday to learn, share and visit! You do not have to knit to join us. Feel Free to bring your own project to work on.



MENS GROUP

Every other Tuesday
(Feb. 13th & 27th ONLY)
10:00 AM ~ Small Meeting Rm
Contact:
Kurt Matzke & Don Schell
Our goal is to cultivate meaningful connections for men with a focus on camaraderie & mutual support. Where men can encourage one another, share their experience & foster genuine friendships.

LEARN TAI CHI FOR BETTER BALANCE

WEDNESDAYS 2:20 & 3:00 PM
Community Room

Tai Chi is an effective exercise, which will improve balance & core strength. offered in an easy to learn format.



Wii BOWLING

FRIDAYS at 11am & 1pm
Community Room
Come bowl with friends and neighbors!



GAMES, GAMES, GAMES!

SUNDAYS 2-4 ~ Community Room
Come play Games in the Community. Meet new people & make new friends! We have dozens of games in our game cabinet or bring your favorite!

GROCERY SHOPPING

Concierge shopping is available on Thursdays. Grocery lists must be in by 2:00 pm Wednesdays.
The Grocery bus makes weekly trip to Winco and Fred Meyer, Fridays @ 8:30
Please sign up at the volunteer desk

Activities Continued...

Informational Video

Monday, February 26th
1:00pm ~ Community Room



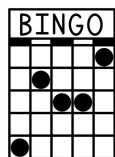
Come join us for a TED Talk informational video.

Bingo

Tuesday, February 27th
1:00pm ~ Community Room



Village Buck Store Opens at 2:30pm



Old Maid Tournament

Thursday, February 29th
1:00pm ~ Community Room



Come join us in a few games of Old Maid
This is a matching card game. The Old Maid doesn't have a match so try not to get stuck with her!

Watercolor with Carolynn

\$5 Class Fee
Thursday, February 29th
3:00pm ~ Community Room



Want to learn how to paint with Watercolor? Come learn how with friends!

***Don't forget to check outside Activity Office for event details, updates, and sign up sheets**

FEBRUARY GUESSING CONTEST

Stop by the office and guess how many candy hearts are in the Container



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January winner was Kathy Duff with a guess of 198 Snowflake gummies. There was 199 snowflakes.

## Special Event

### The Village Special Dinner February 15th 12:00pm

Our Special Dinner will feature:  
Dinner: Prime Rib Stroganoff over Pasta or Vegetarian Stroganoff over Pasta With Italian Herb Carrots & Garlic Bread  
Starter: Caesar Salad  
Dessert: Carmel Apple Crumb Cake  
**Please sign up by Monday, February 12th**  
\$13.00 per person / \$15.00 if you sign up after February 12th

### The Village offers many different worship choices here on Campus:

- Wednesday evening prayer meeting at 4:00 pm.
- The Village Adventist congregation meets on Saturday mornings at 10:00 am.
- The Village Community Church group meets Sundays at 4:00 pm.



**All are welcomed and encouraged to attend any or all of the meetings!**

## February Birthdays

- 1 Elsie Smith
- 2 Nellie Lieberman
- 3 Larry Robbins
- 4 Marilyn Belfiore
- 6 Barbara Cannard
- 7 Ramona Newman
- 12 Haley Rolles
- 13 Esther Kelley



- 16 Pete Timoteo
- 17 Renate Matzke
- 18 Dick Thompson
- 19 Sylvia Hornback
- 20 Carolyn Pease
- 22 John Anderson
- 22 Joy Williams
- 26 Star Schell

If it is your Birthday this month please stop by the Activity Office to get your Birthday Village Buck!

# Activities



## EARN VILLAGE BUCKS

Village Bucks is our new Resident Incentive Program. Each event marked with a STAR will earn Village Bucks'. Village Bucks can ONLY be spent on prizes at our Village Bucks Store. Village Bucks Store will be OPEN following BINGO at 2:30pm.

### Coffee & Cartoons



Thursday, February 1st  
9:30am ~ Community Room

Join us for coffee, treats, and cartoons!  
We will be watching

**Calvin and the Colonel**

### Dice Games



Thursday, February 1st  
1:00pm ~ Community Room

How good are your dice skills?  
Come and steal candy from your teammates. First one to collect 10 pieces wins!

### Craft with Chrissy



Friday, February, 9th  
2:00pm ~ Annex

Chrissy comes to do crafts with us once a month. All supplies included. Please watch for sign-up sheet.

### SPOTLIGHT

Monday, February 12th  
12:45PM ~ Dining Room

Featuring Don and Star Schell



### Special Speaker



Monday, February 19th  
11:00am ~ Community Room

**Assured Home Health**  
**Breck Rubin**

### COOKIE DECORATING



Tuesday, February 13th  
2:00 pm ~ Community Room

Come decorate my grandma's homemade heart sugar cookies!

### Special Speaker



Tuesday, February 5th  
11:00am ~ Community Room

**End of Life Choices Oregon**

**Sue Porter**

### Roll and Bounce



Tuesday, February 6th  
10:00am ~ Community Room

Come join us in a game of Village Pong. Roll and bounce ping pongs in to cups to earn Village bucks.

### DEALING WITH LIFE SUPPORT GROUP

Monday, February, 19th  
1:00 pm ~ Small Meeting Room

Adventist Hospice's Karen Hartmann hosts a Support Group. All are Welcome!



### Applebee's



Tuesday, February 20th  
4:30pm ~ Bus \$2

Join us for Dinner out with our Friends & Neighbors!

### BUNCO



Tuesday, February 6th  
2:00pm ~ Community Room

Its how we roll!



### Shopping & Lunch



Thursday, February 8th  
10:00am ~ Bus \$4

We will be doing some shopping at Cascade Station and then lunch at Famous Dave's

### Racing Hearts



Thursday, February 22nd  
10:00am ~ Community Room

We will be heading to the races again this month. Which heart will win?



### Movie Night



Thursday, February 22nd  
5:00pm ~ Community Room

**Road to Bali**

**Starring Bing Crosby, Bob Hope, and Dorothy Lamour**