




OCTOBER 2023

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---|--|--|---|---|--|---|
| <p>1</p> <p>2:00 Games, Games</p> <p>4:00 Community Church</p> | <p>2</p> <p>9:30 Exercise</p> <p>2:00 Knitters & More</p> | <p>3</p> <p>1:00 Meet & Greet Alicia</p> <p>1:30 Bunco </p> | <p>4 9:00 Friends' Hour</p> <p>9:30 Exercise</p> <p>10:00 CROQUET</p> <p>2:20 & 3:00 Tai Chi</p> <p>4:00 Mid-week Service</p> | <p>5</p> <p>9:00 Oregon Trail Museum</p> | <p>6</p> <p>8:30 Grocery Bus</p> <p>9:30 Exercise</p> <p>11 & 1:00 Wii Bowl- ing</p> | <p>7</p> <p>10:00 SDA Church</p> |
| <p>8</p> <p>2:00 Games, Games</p> <p>4:00 Community Church</p> | <p>9</p> <p>9:30 Exercise</p> <p>2:00 Knitters & More</p> | <p>10</p> <p>10:00 Resident's Meeting</p> <p>4:30pm Applebees</p> | <p>11 Transportation Day</p> <p>9:00 Friends' Hour</p> <p>9:30 Exercise</p> <p>2:20 & 3:00 Tai Chi</p> <p>4:00 Mid-week Service</p> | <p>12</p> <p>8:30 Hood River Air & Auto Museum</p> | <p>13</p> <p>8:30 Grocery Bus</p> <p>9:30 Exercise</p> <p>11 & 1:00 Wii Bowl- ing</p> | <p>14</p> <p>10:00 SDA Church</p> <p>6:00 Chime Benefit Concert</p> |
| <p>15</p> <p>2:00 Games, Games</p> <p>4:00 Community Church</p> | <p>16</p> <p>9:30 Exercise</p> <p>11:00 Medicare</p> <p>1:00 Grief Support</p> <p>2:00 Knitters & More</p> | <p>17</p> <p>8:30 Breakfast at McCrae's</p> <p>1:00 Activity Committee</p> | <p>18 Transportation Day</p> <p>9:00 Friends' Hour</p> <p>9:30 Exercise</p> <p>2:20 & 3:00 Tai Chi</p> | <p>19</p> <p>4:30 Dinner out to Black Bear</p> | <p>20</p> <p>8:30 Grocery Bus</p> <p>9:30 Exercise</p> <p>11 & 1:00 Wii Bowl- ing</p> | <p>21</p> <p>10:00 SDA Church</p> |
| <p>22</p> <p>2:00 Games, Games</p> <p>4:00 Community Church</p> | <p>23</p> <p>9:30 Exercise</p> <p>11:15 Aging Healthful- ly</p> <p>2:00 Knitters & More</p> | <p>24</p> <p>11:30 Bookworms</p> <p>1:30 Bunco</p> | <p>25 TransportationDay</p> <p>9:00 Friends' Hour</p> <p>9:30 Exercise</p> <p>2:20 & 3:00 Tai Chi</p> <p>4:00 Mid-week Service</p> | <p>26</p> <p>12:00 Village Harvest Dinner</p> | <p>27</p> <p>8:30 Grocery Bus</p> <p>9:30 Exercise</p> <p>11 & 1:00 Wii Bowl- ing</p> <p>12:45 SPOTLIGHT</p> | <p>28</p> <p>10:00 SDA Church</p> |
| <p>29</p> <p>2:00 Games, Games</p> <p>4:00 Community Church</p> | <p>30</p> <p>9:30 Exercise</p> <p>11:00 Show & Tell</p> <p>2:00 Knitters & More</p> | <p>31</p> <p>1:00 Bingo </p> | |  | | |