

June's Kitchen Korner

June Lavoie

Hello Valued Residents,

Oh my goodness can you believe that fall is really almost here. And with the oncoming of fall is our huge 60th Anniversary celebration. I do hope you have all taken the time to reserve your spot so you can join in all the festivities and food. If you have not please contact the office today!!

I am very excited that cooler weather is upon us. Hoodies and bon fires are the best! If you have any fall menu ideas please feel free to drop by and chat. Maybe we can make your craving happen on the October menu.

Please welcome Leslie and Kathy to our kitchen team. We are all happy to serve and add a smile to your day. We do accept pleases, thank you's and smiles in return. Have a very blessed and chilly September!!

Your kitchen team,
Chef June, Sonya, Kathy and Lezlie

Know Your Neighbors

Tiffany Brasesco

Residents,

Let us just start with a HUGE THANK YOU to the 40+ women (and man!) who were able to be at the shower in person and the number of staff and residents who have showered us with love, support, gifts, cards and just well wishes as Haley and I embark on such a wonderful journey of parenthood. Sure, I have been blessed with two boys before this one but man oh man my husband and I will officially be outnumbered so this will certainly be a journey! Haley and Taylor are going to do wonderful things when they welcome this little man into the world. With the support of our 'Village' here we both feel so confident in bringing these babies into a loving world! One last HUGE THANK YOU to Jan (GiGi) and Karen (Nana) for hosting such a beautiful shower, it was more than either of us could have imagined.

Haley and I are now entering the 'final countdown'! With both of us due in October we plan to try to have everything lined up for our co-workers to take over by the 1st of October then just play the waiting game on when these babies will arrive! This means if you need either of us please try to make arrangements soon! We really just can't thank you all enough for the love and support we have here.

Cheers to the next generation of 'The Village'!

Much love,

Tiffany and Haley

The Village News

September 2023

Happy September,

This is Dennis again. We are still searching for the right person to lead our activities. We have had some good candidates, but have not been able to hire at this point.

This is the month of our Anniversary Celebration! We are looking forward to the day. There will be many people here that day and it will be a busy day. We are excited that many of the people who have worked with The Village over the years will be here and we will have an opportunity to share with you some of the contributions of the many people that have helped to make The Village what it is today. Be sure to read over the article on the 60th so you don't miss out on the happenings. Thank you to all who have helped so far and to those who have volunteered to help.

Residents can call or sign up for the lunch that is provided for our Anniversary Celebration. Please sign up and indicate your entrée choice by September 5 so we can make sure we have food available for everyone.

We have some other fun activities planned for September. Please sign up for those you want to participate in.

Dennis

WELCOME NEW NEIGHBORS

Joyce Schultz - #307

Thomas and Brooke Stafford

#76



Anniversaries are a time to celebrate the people who have made a difference in our life - To reflect on the joys of Friends and Family and Faith

Please Remember!

The office will be closed on September 4 for Labor Day. Of course we will have RSP staff to take care of your urgent needs.

The Village News is a publication of The Village Retirement Center - 4501 W Powell Blvd
Gresham, Oregon 97030 (503) 665-3137 www.villageretirementcenter.org

Administrator's Corner

Dear Residents,

August was a busy month and it went so fast. I am happy for September because it means cooler weather is not far away. And the days are already starting to feel shorter.

Our progress on our sidewalks in the 90's is moving along well. We still have a lot of work before we are done, but at least we can let the residents start using their front doors soon.

Like I said in my letter earlier this month, I was so happy with the response and cooperation we received from all of you as we did our asphalt sealcoating in August. Thank you very much! You helped us to get a great result from the work of the contractors and our staff. We have been painting the lines and the crosswalks now and it is looking so nice.

I need to let everyone know that our barkdust pile is for our staff use to bring barkdust to you if you wish to purchase it for your yards. It is not just free for the taking. If you want to have some barkdust for your flower beds in front or back of your apartment, please let us know. We will bring it and spread it out for you for a reasonable fee.

We are thankful that, thanks to Tiney Husbands, we found a home for our old dining room chairs. The Salvic Baptist Church in Canby was in need of chairs and happy to have them. We were happy to help them out by giving the chairs to them.

As we prepare for the 60th Anniversary and look back on the history of The Village I am fascinated by the number of people who have made an impact on The Village. We serve people from all walks of life and many different countries. Each have made their contributions to The Village both in the past and in the present. We also have had staff, past and present, from all walks of life and many different countries. We treasure every one of those relationships and are thankful for them. We thank each of our residents and want to honor you for who you are, your heritage and your experiences. Thank you for being here!

And that is the essence of the celebration of 60 years. It means we have had 60 years to honor our residents and staff and appreciate those who have been here both past and present. 60 years to appreciate and celebrate each person's contribution to our community. Community involves Friends, Family and Faith. All are intertwined. Within community all can be friends. Friends can be like family and faith can make it all happen. So while this is a celebration of The Village being here for 60 years, it is also a celebration of YOU! For you are the ones who are making The Village a success now.

In keeping with the Anniversary Theme, our Thankfulness Wall asks the question: "What are you most thankful for about The Village?" Stop by and share your thoughts and see what others have written.

Let's have a great September!
Dennis

The more you praise and celebrate your life, the more there is in life to celebrate!
Oprah Winfrey

EXERCISE CLASSES

Monday, Wednesday,
Fridays at 9:30
Community Room



Come get moving and get your heart pumping! We will be having only 1 class at 9:30 during the summer while the weather is nicer for outdoor exercise.

LEARN TAI CHI FOR BETTER BALANCE

WEDNESDAYS 2:20 - Qigong for the
heart and 3:00 PM - for Balance
Community Room

Tai Chi is an effective exercise, which will improve your balance and your body's core strength. Lessons are tailored for older adults offered in an easy to learn format.



FRIENDS HOUR

EVERY WEDNESDAY
9:00-10:00 AM ~ Café

Gather in our cozy café to socialize with old friends and meet new ones. June will have coffee, tea and breakfast goodies available for purchase.



GAMES, GAMES, GAMES!

SUNDAYS 2-4 in the Community
Room

Come meet with other game enthusiasts in the Community Room to play games, meet new people, make new friends! We have dozens of games in our game cabinet or bring your favorite!



AUGUST GUESSING CONTEST

Stop by the office and guess how many Carmel Apple Suckers are in the container. August's winner was Diane Miller *who guessed the number of Baby mini Pacifiers exactly* with a guess of 200!

KNITTERS & MORE

MONDAYS at 2:00 pm
Community Room



Join us **every** Monday to learn, share and visit! You do not have to knit to join us. We bring all sorts of projects to work on when we gather. But, most importantly, we laugh and have fun.

Wii BOWLING

FRIDAYS at 11:00 and 1:00 pm
Community Room

Come bowl with friends and neighbors! Wii Bowling can be done standing up OR seated and is a great way to have fun with your friends!



GROCERY SHOPPING

Concierge shopping is available on Thursdays. Grocery lists must be in by 2:00 pm Wednesdays.

The Grocery bus makes weekly trip to Winco and Fred Meyer, Fridays @ 8:30 Please sign up at the volunteer desk

Community Notice: Senior Tech Support

Tuesdays and Thursdays 11 - 2
Gresham Senior Center
Free tech support from Gresham youth

Village Voices

Mom and the Master

As mother reached out today
Felt the touch of the master’s hand
I listened to what he had to say
Will clearly hear his command
Made my vision clear again
Said stand by yourself and walk
My weathered face wears a grin
With the master I have walked
Saw such a gentle face
Of a Shepard so very dear
Now I stand within his grace
My cheeks were trails of tears

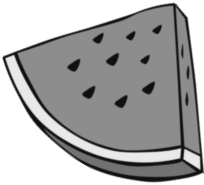
Steven E Pierce

The Village 60th Anniversary Celebration

Schedule

- 9:00 to 11:00 - Information tables - Front Patio
- Historical displays - Lobby and Hallways
- 11:00 to 12:15 - Anniversary Program
- 12:15 to 1:30 - Lunch on the Patio
- 12:30 to 3:00 - Music in the park
- 1:00 to 3:00 - Lawn games

Our menu is Hamburgers (meat or vege), Hot dogs (meat or vege)
Potato Salad
Watermelon
Chips
Cookies - Ice Cream
Tea or lemonade



Our Theme for our Anniversary is Community - Friends, Family and Faith. Come and learn about the history of The Village and the people who have made The Village what it is today, And that includes each of you reading this. Come and share your stories with each other.

You can RSVP by calling The Village office or coming down and signing up.
Please RSVP by September 5.

The Village Foundation

AUGUST HAS BEEN QUITE A MONTH. TEMPERATURES WERE UP BUT TEMPERS WERE DOWN (THANK GOD). WE WERE BLESSED WITH 2 NEW BOARD MEMBERS. THEY ARE GENE ERWIN AND ROBERT YBARRA. THEY HAVE BEEN VOLUNTEERING WITH EVENTS AND NOW WE GET THEIR EXPERTISE. LOOKING FORWARD TO GOOD THINGS. GARAGE SALE WILL BE THE 28TH & 29TH.

BAKERS - WE WILL HAVE A BAKE SALE ALONG WITH THE RESIDENT MEETING ON OCTOBER 10TH. PLEASE CALL INGE @ 503-328-6432. IF YOU CAN MAKE SOME BAKED GOODS. WE WILL PICK THEM UP ON THE 9TH.

THANK YOU AND GOD BLESS EACH OF YOU!!
JAN

SEPTEMBER BIRTHDAYS

- 2 Fran Cope
- 3 Karline Mendenhall
- 3 Cindy Wade
- 4 Leokham Sananikone
- 10 Esther Nold
- 11 Carol Henley
- 13 Audrey O’Neal



- 16 Marilyn Geary Symons
- 18 Debra Michels
- 20 Isla Hastings
- 25 Margie Hendrickson
- 27 Stephen Bukojemsky
- 30 Lee Haynes
- 30 Allan Wilson

CROQUET!

TUESDAY, September 5
10:00 am ~ Front lawn



Come have fun with your neighbors with a rousing game of croquet.

Or just come watch and cheer on the contestants! Harold Krull is leading this fun activity.

CRAFT TIME

FRIDAY, September 8
2:00 pm ~ Café Annex

Come visit and laugh as we do an easy craft with Chrissy! Be sure to sign up outside the Activity Office.



DINNER OUT TO RED ROBIN

TUESDAY, September 12
4:30 pm ~ \$2 bus

Join your neighbors As we go to this popular restaurant in Gresham. They have many different burgers, pizza and other options both meat and vegetarian.



NW MEDICARE ADVISORS

Jenny Coulter from NW Medicare Advisors will be here at The Village September 15 from 1:00—2:00 to help guide you through your Medicare questions on a one to one basis. She will meet with you in the sitting room. **Please sign up for a time on the sign up sheet outside the Activity Office.**

OUTING TO SWAN ISLAND DAHLIAS

Rescheduled Trip
THURSDAY, September 7
9:00 am ~ \$12 bus



Let's take a trip to celebrate the season of DAHLIAS! A Rainbow of Color! We'll stroll through a beautiful display garden of stunning dahlias featuring over 370 varieties. Then we'll head into Canby to lunch at the Backstop Bar and Grill—which is one of our favorite places to grab a bite to eat!

BUNCO

TUESDAY, September 12
1:00 pm ~ Community Room

This is a fun game where you can get to know new neighbors! The rules are simple - all you really need to know is how to roll dice!



Sign up outside the

Trimet and Ride Connection Information

Monday September 18
11:00 - Community Room
Come and learn more about what transportation services are available for you through Trimet

DEALING WITH LIFE SUPPORT GROUP

MONDAY, September 18
1:00-2:00



Adventist Hospice's Karen Hartman hosts a Support Group in the Small Meeting Room.

BREAKFAST OUT TO ELMERS

TUESDAY, September 19
8:30 am ~ \$2 bus
Come and enjoy breakfast at this popular restaurant here in Gresham

VILLAGE BIRTHDAY PARTY

THURSDAY, September 21
3:00 pm ~ Community room

Join us as we have a Talent Show featuring some of our own Village talent. Then we will commemorate our August and September Birthdays

BOOKWORMS BOOK CLUB!

TUESDAY, September 26
11:30 am ~ Small Meeting Room



Be sure to pick up

pick up your book at the office and come to our book club!

MULTNOMAH COUNTY LIBRARY

WEDNESDAY, September 27
1:30 -2:15 PM ~ Library

Take advantage of the library coming to you. You may check out books as well as return them.

Birthday Celebration!

WEDNESDAY, September 27
2:00 to 4:00~ Community Room

Stephan Bukojemsky is turning 100! Please join him and his family for this milestone celebration!

ACTIVITY COMMITTEE

TUESDAY, September 19
1:00 pm ~ Small Meeting Room

Anyone is invited to meet and help plan exciting activities for our community. Come share your ideas!

AGING HEALTHFULLY With Ramona Newman

MONDAY, September 25
11:15 am ~ Community Room

Come and learn about how to stay healthy as we age. We are thankful to have Ramona share her insights with us.

BINGO

TUESDAY, September 26

1:00 pm ~Community Room

Bring your friends, neighbors and your LUCK to our fun bingo game!

There will be light refreshments and lots of prizes to be won!

~ ~ ~



MT HOOD LOOP -

THURSDAY, September 28

8:30 AM ~ 23.00 bus

Come and enjoy the start of the fall colors on the mountain. We will see what fruit is available at the farm stands. This is a fall favorite, so be sure to sign up when the sheet comes out. For lunch we will stop at the Riverside Restaurant at Hood River Inn.

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Please be sure to check out the menu that will be posted so you will know what your menu option are.