

AUGUST 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2 Transportation Day 9:00a Friends Hour 9:30a Exercise Thai Chi- 2:20p & 3p 4:00 p Mid-Week Services	3 Concierge Shopping Day 6:00p Man of LaMancha	4 8:30a Shopping Bus 9:30a Exercise	5 10:00a SDA Church
6 2:00p Games 4:00p Community Church	7 9:30 Exercise 2:00p Knitters & More	8 1:30p Bunco	9 Transportation Day 9:00a Friends Hour 9:30a Exercise Thai Chi- 2:20p & 3p 4:00 p Mid-Week Services	10 Concierge Shopping Day 5:00p Dinner out to Ixtapa Mexican Restaurant	11 8:30a Shopping Bus 9:30a Exercise	12 10:00a SDA Church
13 2:00p Games 4:00p Community Church	14 9:30 Exercise 2:00p Knitters & More	15 1:00p Activity Committee	16 Transportation Day 9:00a Friends Hour 9:30a Exercise 10a Croquet Thai Chi- 2:20p & 3p 4:00 p Mid-Week Services	17 Concierge Shopping Day 12:00p Special Dinner: Hawaiian Theme	18 8:30a Shopping Bus 9:30a Exercise 2:00p Crafts w/Chrissy	19 10:00a SDA Church
20 2:00p Games 4:00p Community Church	21 9:30 Exercise 11:30a Aging Healthfully w/Ramona Newman 1:00p Grief Support 2:00p Knitters & More	22 9:00a Swan Island Dahlia 11:30a Bookworms	23 Transportation Day 9:00a Friends Hour 9:30a Exercise 1:30p Library Thai Chi- 2:20p & 3p 4:00 p Mid-Week Services	24 Concierge Shopping Day	25 8:30a Shopping Bus 9:30a Exercise	26 10:00a SDA Church
27 2:00p Games 4:00p Community Church	28 9:30 Exercise 2:00p Knitters & More	29 1:30p Bingo	30 Transportation Day 9:00a Friends Hour 9:30a Exercise Thai Chi- 2:20p & 3p 4:00 p Mid-Week Services	31 Concierge Shopping Day 4:30p Dinner out to Saylor's Old Country Kitchen		

