

# VILLAGE VOICES

## RESURRECTION DAY

The earth shook and Mary cried  
The day Jesus was crucified.  
The world was filled with deepest gloom  
When Jesus was placed within the tomb.



Only two angels in shining white  
Where Jesus had lain on Friday night.  
Her grief was great and so she cried -  
She loved her Lord but He had died.

He rested all that Sabbath Day  
While His disciples met to pray  
And when the Sabbath was all past  
And dawn began to break at last

Now He was nowhere to be found  
Only the gardener was around.  
Then much to her surprise  
Jesus said "I told you I'd arise."

Upon the first day of the week  
Mary came, her Lord to seek.  
But she found the grave was bare -  
Jesus was no longer there.

Now go to My disciples and say  
"Jesus has been resurrected today."  
Over two thousand years it has been -  
We're waiting for Jesus to come again.

*by Ann Ingermanson*

## MORE LAUGHING WITH RAMONA

Billy Graham was returning to Charlotte after a speaking engagement. When his plane arrived, there was a limousine there to transport him to his home in Montreat. As he prepared to get into the limo, he stopped and spoke to the driver.

"You know," he said, "I am 87 years old and I have never driven a limousine. Would you mind if I drove it for a while?"

The driver said "No problem. Have at it." Billy Graham gets into the driver's seat and they head off down the highway.

A short distance away sat a rookie State Trooper operating his first speed trap. The long black limo went by him doing 70 in a 55-mph zone.

The trooper pulled out and easily caught the limo. He got out of his patrol car to begin the procedure.

The young trooper walked up to the driver's door, and when the glass was rolled down, he was surprised to see who was driving.

He immediately excused himself and went back to his car and called his supervisor. He told the supervisor, "I know we are supposed to enforce the law, but I also know that important people are sometimes given certain courtesies. I need to know what I should do, because I have stopped a very important person."

The supervisor asked, "Is it the governor?" The young trooper said, "No, he's more important than that."

The supervisor said, "Oh, so it's the president." The young trooper said, "No, he's even more important than that."

The supervisor finally asked, "Well, then, who is it?"

The young trooper said, "I'm not sure, but I think it's Jesus, because he's got Bill Graham for a chauffeur!"

# The Village News

APRIL 2023



Happy Spring!

I don't know about you, but I am ready for some spring weather to warm our bodies and cheer our souls! Mother Nature keeps teasing us with a couple of nice days and then spoils it all with cold temps and dumping rain. Hopefully she'll be smiling on us for our outing to the Wooden Shoe Tulip Festival on April 6th. The colors of the tulip fields are always splendid, but this year the tulips have taken their time blossoming with all this chilly weather. The festival's website has a field report that I've been monitoring daily and the tulips ARE beginning to bloom.

Next week is Holy Week in the Christian tradition. We celebrate Palm Sunday, Maundy Thursday, Good Friday, and Holy Saturday leading up to the great celebration on Easter Sunday, April 9th. Being a church musician, this is always a very busy time, but spending the week considering the trials Jesus endured before his glorious resurrection, makes it a time of wonderful introspection.

The Village has been especially invited by Sam Barlow High School's theater department to enjoy their spring production of Neil Simon's "Rumors". I highly encourage you to sign up to attend this farcical show. Steve will be accompanying you while I will be in New York City preparing to sing in Carnegie Hall on April 29th. Wish me luck!

Happy Easter! Solveig



## WELCOME NEW NEIGHBORS

**WARREN THOMPSON - #87**  
**ROBERT & KATHLEEN YBARRA - #99**  
**THELMA RUTLEDGE - #208**



## NEW GARBAGE PICK-UP SCHEDULE

(Effective April 2nd, 2023)

**Sunday night to Monday morning**  
**Apartments 1 - 36**

**Monday night to Tuesday morning**  
**Apartments 37 - 76**

**Wednesday night to Thursday morning**  
**Apartments 77 - 120**

**Thursday night to Friday morning**  
**Apts 301 - 407**

## LAUGHING WITH RAMONA

One Palm Sunday, little Johnny was sick and stayed home from church. When his brothers and sisters came home carrying palm branches, Johnny asked what they were for. His father replied, "When Jesus walked by, people waved the palm branches." "Just my luck!" Johnny said. "The one time I don't go to church, Jesus shows up!"

The Village News is a publication of The Village Retirement Center - 4501 W Powell Blvd  
Gresham, Oregon 97030 (503) 665-3137 www.villageretirementcenter.org

# Administrator's Corner

Dear Residents,

They always say April showers bring May flowers, but I always wonder what the March showers bring?? It has been a rainy and snowy month. I am glad that April will bring warmer days.

Our transitions are continuing. Robert and Kathleen Ybarra are moving into #99. Thelma Rutledge has moved to #208. Warren Thompson is moving from #21 to #87 and we will have new residents moving to #21 soon.

It has been a busy month. Our excavation contractor did a wonderful job for us. We were very pleased. He was professional, fast, efficient and very safety conscious. We are glad to have street drains that function now and no more lakes to have to wade through to get to your cars! Now we are in the process of getting proposals for asphalt work around the campus.

We are happy to have our gates functioning well. Our cameras are also working well in the front of our complex. They even notify us when people come on the campus at night. It is a great asset to our security.

The grounds are looking so beautiful and will continue to get better as the flowers start blooming and the crew is able to do more areas. As spring gets into full swing and the plants start growing I want to remind you of the importance of keeping your flowers and plantings off of the lawns. You should plant flowers and placepots one foot from the lawn lines. What happens if you do not is that they will grow over the lawn and then the lawnmower will end up cutting them as it cuts the grass. It is hard to remember to keep them back far enough, for they may be little when they are planted, but over the season they get much larger. Please remember to keep your personal planting at least one foot off of the lawns. Also remember that we cannot have hanging pots over the lawn. It can be dangerous for the mower operator.

We are changing our garbage pick up days. It has been Sunday, Monday, Tuesday, and Wednesday nights. It will now be Sunday, Monday, Wednesday and Thursday nights. We are doing this to make better use of our dumpster space and to help keep the dumpsters from being overfilled. Look for the new schedule on the front page of the newsletter. This change goes into effect April 2nd, 2023.

We have been highlighting on our 'Making a Difference' board ways that each resident can make a difference in our world. We are so appreciative of our volunteers in our community. By doing something to help others we can make a difference. So this month I would like to leave you with a question: "How are you making a difference in the lives of others?" To help us get ideas so we can each do something I want to make it our Thankfulness Wall question for the month also. For when we are making a difference in the lives of others we can be thankful for that opportunity to help someone. This is not an opportunity to boast about what you have done, but an opportunity to share ideas so someone else can have that joy of helping. Be sure to stop by and share and read what is written.

Have a great April,  
Dennis

## Quote for the Month

"Those who are happiest are those who do the most for others."

~ Booker T. Washington

## EXERCISE CLASSES

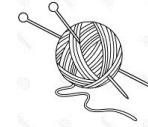
Monday, Wednesday, Fridays  
8:30 and 9:30  
Community Room



Come get moving and get your heart pumping! Please make sure to keep your distance during your workout, but you're welcome to participate in getting healthy!

## KNITTERS & MORE

MONDAYS at 2:00 pm  
Community Room



Join us **every** Monday  
to learn, share and visit!

You do not have to knit to join us. We bring all sorts of projects to work on when we gather. But, most importantly, we laugh and have fun.



## CRAFT TIME

FRIDAY, April 7th  
**2:00 pm** ~ Kitchen Annex  
Come craft and laugh with Chrissy!  
Be sure to sign up outside the  
Activity Office.

## GRIEF SUPPORT GROUP

MONDAY, April 17th  
**1:00-2:00**  
Adventist Hospice hosts a  
Grief Support Group  
in the Sitting Room.



## MULTNOMAH COUNTY LIBRARY OUTREACH

WEDNESDAY, April 26th  
1:30-2:15—Community Room  
The Multnomah Library will visit us again after their move to temporary quarters during the library's remodel.



## CHIME CHOIR

MONDAYS at 3:00 pm  
Community Room



We have a wonderful time making music together and we invite you to come and participate! You do NOT need to read music. If you have any questions, please call Solveig.

## TAI CHI

WEDNESDAYS at **2:20 pm**—Qigong for the heart

WEDNESDAYS at **3:00 pm** for Balance  
Community Room

Tai Chi classes will continue in April with 2—30 minute classes. The class at 2:20 pm will focus now on Qigong for the heart and the class at 3:00 will focus on **balance**.

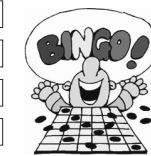
## Wii BOWLING

FRIDAYS at **11:00 AND 1:00 pm**  
Community Room  
Wii Bowling is offered at both 11:00 am and 1:00! Come bowl with friends or new neighbors! It's a great way to have fun!

## ACTIVITY COMMITTEE

TUESDAY, April 18th  
**1:00 pm** ~ Small Meeting Room  
Anyone is invited to meet and help plan exciting activities for our community.  
Come share your ideas!

## BINGO



**TUESDAY**, April 25th  
**1:30 pm** ~ Community Room  
Bring your friends, neighbors and your LUCK to our fun bingo game! There will be light refreshments and lots of prizes to be won!

**Village Monday Gatherings**  
**Mondays at 11:00**  
**in the Community Room**

**Monday, April 3rd: Dementia Education**

Come and find out about recognizing signs of dementia, ways to prevent dementia and how to communicate with those who are afflicted with it.

**Monday, April 10th: Krista LaMar, Master Gardener**

Krista is visiting The Village with a different hat on. She was here as a master recycler last year and this year, she will help all of us who enjoy growing things! Krista will talk about both container gardening and vegetable gardening. Bring your questions!

**Monday, April 17th: Powell Valley Assisted Living and Memory**

Brooke Lindgren and Renee Kibbee from our neighboring community will give us an overview of what Powell Valley has to offer.

**Monday, April 24th: No Monday Meeting**

*The Village Foundation*

Yes, it is spring and the flowers are starting to bloom. Don't let the snow discourage you or surprise you. This is Oregon and we have always said, "If you don't like the weather right now, just wait it will change." God is good and will always give us what we need.

The garage sales went on with a better turn out than was predicted with the weather that we had. Thank you for coming and making it a success.

It will be bake sale time on April 11<sup>th</sup>. If you want to bake up some goodies just let Inge know. 503-328-6432. They will be sold before and after the Resident Meeting.

Until then take care and be well.

May God bless you! ~Jan

*Reflective Thoughts*

Pastor Bob Brotherton

Dear Village Community,

Springtime has come again and hope has come with it. Spring is a wonderful season of the year and our climate here in the Great Northwest promises us many things for us to enjoy. The Village grounds are always well kept and in the spring they are clothed in glory. The Glory of God is made visible in His creation and we will soon see the trees manifest His Sovereign majesty. Spring takes my breath away!

God pours out blessings on everyone and He gives the opportunity of regeneration to eternal life to all. What a blessing it is to receive life from His Hand.

*But when the kindness and the love of God our Savior toward man appeared, not by works of righteousness which we have done, but according to His mercy He saved us, through the washing of regeneration and renewing of the Holy Spirit, whom He poured out on us abundantly through Jesus Christ our Savior, that having been justified by His grace we should become heirs according to the hope of eternal life.*

*This is a faithful saying, and these things I want you to affirm constantly, that those who have believed in God should be careful to maintain good works.*

*These things are good and profitable to men.*

*Titus 3:4-8*

Love in Christ,  
 Pastor Bob

**The Village offers many different worship choices here on Campus**

The Village Adventist congregation meets on Saturday mornings at 10:00 am. There is also a Wednesday evening prayer meeting and Sabbath School at 4:00 pm.

The Village Community Church group meets Sundays at 4:00 pm.

**All are welcomed and encouraged to attend any or all of the meetings!**



**APRIL GROCERY SHOPPING**



Concierge shopping will continue on Thursdays during April.

Grocery lists must be in by 2:00 pm Wednesdays.

The Grocery bus makes a weekly trip to Winco and Fred Meyer, Fridays at 8:30.

Please sign up by the volunteer desk.

**TAI CHI**

Our Tai Chi instructor, Steve Hartwell, will be making a change to the 2:20 Tai Chi class. It is a 30 minute class of Qigong for the heart. A Qigong is movement timed to breath. The 9 Qigongs are designed to stimulate the heart, increase circulation, and help with better breathing. The first class will start on April 5, Wednesday. Here are the names of the Qigongs: Good Morning Rooster, Monkey offers fruit, Golden Elephant looping nose, Oriole on the wings, massaging the face, thumping limbs, deep rooted tree, calm walk, breath returns to normal.

These Qigong can be done in the seated or standing position.

*APRIL BIRTHDAYS*

1 Elaine Brown

1 Evelyn Long

1 Helen Rathbun

3 Laura Morrow

3 Alice Werner

7 Franklin Gearhart

8 Laurel Rhodes

10 Judith Remington

12 Sally Clark

13 Harlen Rude

13 Robert LeBlond

14 David Yu

14 Mary Danner

18 Veronica Stai

23 Frances Locke

29 Billie Elkins



**GARDEN SPOTS AVAILABLE**

There are still a couple of garden plots still available. If you are interested in one, please notify the office.

## BUNCO

TUESDAY, April 4th  
10:30 am ~ Community Room



Sign up outside the activity office to secure a spot for this fun game! Don't worry if you don't know how to play—the rules are easy and it's TONS of fun!

## BREAKFAST OUT TO TOLLGATE INN

THURSDAY, April 13th  
8:30 am ~ \$4 bus



Join us for a delightful bus ride to Sandy and a delicious breakfast at the Tollgate Inn! After breakfast, we'll have a chance to stop at their bakery to pick up some goodies!

## RESCHEDULED SAYLER'S COUNTRY KITCHEN

TUESDAY, April 4th  
3:30 pm ~ \$5 bus

This dinner outing is full, but look for another fun dinner together next month!

## OUTING TO WOODEN SHOE TULIP FESTIVAL

THURSDAY, April 6th  
9:00 am ~ \$14 bus & ticket



The tulip bloom has been a little late this year, due to chilly temps, but we'll hope the colors will be out for our trip to this beautiful tulip farm outside of Woodburn. Afterwards we'll drive to Canby for lunch at our favorite spot, The Backstop Bar and Grill.

## RESIDENTS' MEETING

TUESDAY, April 11th

10:00 am in the Community Room

Don't miss this important meeting where we will find out what's happening in our community. Make sure to bring some cash along to purchase items from the Foundation's Bake Sale!

There will also be a door prize drawing!



## DARRELL JABIN, OREGON'S TRAVELING HISTORIAN

THURSDAY, April 13th  
2:00 pm in the Community Room

### Rail History of Oregon: It Changed Everything

Darrell Jabin researched trains, streetcars and trolleys and the people who built them to create an informative and entertaining presentation that he has shown in venues throughout our state.



## SAM BARLOW HIGH SCHOOL'S SPRING THEATER PRODUCTION

### Neil Simon's "Rumors"

THURSDAY, April 27th  
6:30 pm ~ \$12 bus and ticket

In Neil Simon's hilarious farce, four couples arrive at the 10th anniversary celebration party for New York's deputy mayor and his wife, only to find the mayor wounded in bed and the wife missing. Barlow High School's theater department always puts on very entertaining productions! Sign up early!

## ARBOR DAY WALK

Friday, April 28th—1:00 pm



Meet our groundskeeper, Cameron, out in front of the Community Building for an informative walk around our beautiful campus as he explains many of our trees.



## FRIENDS HOUR

EVERY WEDNESDAY  
9:00-10:00 AM ~ Café

Gather in our cozy café to socialize with old friends and meet new ones. June will have coffee, tea and breakfast goodies available for purchase.



## APRIL GUESSING CONTEST

Come guess how many "Easter Eggs" are in the jar at the office window. March's winner was Henry Stai, #11, with a guess of 1200! The correct number was 1203 Skittles.

## GAMES, GAMES, GAMES!

SUNDAYS 2-4 in the Community Room

Come meet with other game enthusiasts in the Community Room to play games, meet new people, make new friends! We have dozens of games in our game cabinet or bring your favorite!



## BOOKWORMS BOOK CLUB!

TUESDAY, April 25th  
11:30 am ~ Small Meeting Room



April's book is:  
*The Bartender's Tale*  
by Ivan Doig

Doig's novel is a compassionate coming-of-age story, in which a few years in a boy's life, as remembered by the adult he becomes, are described in prose with the clarity of spring water.

## NW MEDICARE ADVISORS

Jenny Coulter from NW Medicare Advisors will be here at The Village **April 21st** from 1:00—2:00 to help guide you through your Medicare questions on a one to one basis. She will meet with you in the sitting room. **Please sign up for a time on the sign up sheet outside the Activity Office.**

COME ENJOY OUR

## SPRING SPECIAL DINNER

THURSDAY, APRIL 20TH

12:00—\$12 pp (*\$14 after 4/11*)

Please get your tickets at the office

before April 11th!

**CHEF JUNE'S MENU:**

Roasted Cornish Game Hen

Or

Zucchini and Summer Squash Cakes

Served with Red Skinned Mashed Potatoes & Gravy,

Green Beans Almandine & Rolls

Starter: Spinach Artichoke Dip w/ Corn Tortilla Chips

Dessert: Layered Lemon Berry Cake



YOU MUST MAKE RESERVATIONS FOR THIS DINNER **BEFORE NOON, APRIL 11TH** OR IT WILL COST YOU **\$2 MORE** PER RESERVATION