

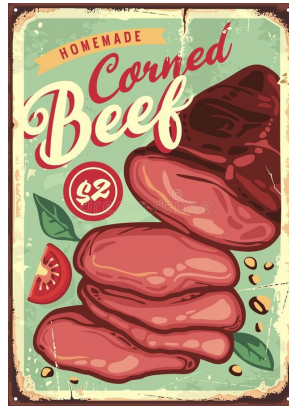
June's Kitchen Korner

June Lavoie

Where in the world is all the green, all I see is white everywhere I look. Please, everyone, take a moment to thank all these hard-working men around here for keeping the sidewalks safe.

Please call for delivery if walkways are icy. We would rather bring you food and ensure your safety than have one of you become injured. We do prefer to have orders called into the office by 11:00 am and we begin delivering food at 11:30. We are here to serve you; stay safe and warm.

St. Paddy's Day is almost here and so will there be fresh hot Corned Beef!!! Reserve your tickets for this month's Special Dinner. With any luck you will find the fortune at the end of the rainbow!



We wish you all a very happy and healthy March!!!

Serving you,
Chef June, Samantha, Brea and Rose

Know Your Neighbors

Tiffany Brasesco

Roland Ben Halberg (August 2nd, 1924 – February 21st, 2023)

This month's "Know Your Neighbor" is devoted to a longtime resident of The Village who was a very beloved man. Rollie Halberg, who lived in Prestige Living #208, passed away February 21st, and will be missed by all who knew him. Rollie moved into The Village on May 1st, 1992 with his wife, Margaret. To know the Halbergs was to know kindness and compassion. Rollie and Margaret's love story is full of hope and faith; faith in their spirituality and faith in their calling. Rollie served in the Air Force during World War II, making Rollie our last Village survivor from that War. During his time with the Air Force Rollie made many missions in Japan, and then returned with his family as a Missionary for 49 years before 'retiring' here at The Village.

Rollie and Margaret had musical gifts! From playing piano to singing, they made a great duo. Rollie also enjoyed playing in our chime choir. Dennis shares, "Rollie was a blessing to everyone. I don't know if there has been anyone who has lived here at The Village that has had more of a positive influence on The Village staff and residents. As I think back and think about the number of staff members that Rollie personally helped, I am amazed, and I know he blessed the lives of so many residents." We tip our hat and raise our hearts to Rollie, may he rest in peace with his beautiful wife.

The Village News

MARCH 2023

Happy March!

Last month I began my article discussing the weather and I can't help but begin this month the same way. I am currently looking out at a beautiful white landscape against a clear blue sky and debating whether to venture out on ice covered roads or not. Sitting in front of my cozy fire is a lot more appealing than going out in the biting windy cold to brush the 8+ inches of snow off my vehicle.

This has been a disappointing weather week, beginning with a stormy day canceling our outing to Sauvie Island and then the snow canceling our dinner out to Saylor's Old Country Kitchen. Both of those popular trips will be rescheduled for this month. When we reschedule canceled outings, those who initially signed up have the first opportunity to sign up again and if there are more spots available, we will put out the sign-up sheets.

I want to draw your attention to a Monday meeting on March 13th that should be fantastic. A Portland filmmaker, Ila --- Sol, is bringing her documentary film, "Samurai in the Oregon Sky" for us to watch. She will have a Q&A session afterwards and then give a presentation on how she researched the film. The movie is a story about the reconciliation between a Japanese WWII pilot and the people of an Oregon town he tried to attack. She will also have DVD's available for purchase. Don't miss this exciting opportunity!

Lots more to do in March – peruse your newsletter and mark your calendars! ~Solveig



AARP SMART DRIVING CLASS

MONDAY, MARCH 27th

&

TUESDAY, MARCH 28th

9:00 AM—12:15 PM

BOTH DAYS

\$20.00 for AARP members
\$25.00 for non-AARP members.

Please bring your AARP card to the class and pay the instructor. You must attend both classes.

Please sign up in the office.

The Village News is a publication of The Village Retirement Center - 4501 W Powell Blvd
Gresham, Oregon 97030 (503) 665-3137 www.villageretirementcenter.org

Dear Residents,

Administrator's Corner

I thought we might make it through this winter without a major snowfall, but it didn't happen. I am so thankful for our crew who worked hard to provide access to your apartments as soon as possible. Yet, I really want to remind all residents for the next time; if it gets snowy or icy, the best place for you is to stay in your apartments. All it takes is one fall to break a hip or a leg. And no-one wants that to happen. So even if we are able to clear your sidewalk right away, that does NOT mean that it is safe for you to be out. Please stay inside where it is safe. Even if you see someone else outside, the conditions change constantly and it may not be safe at all. We are happy to deliver meals to you and make sure you get the things that you truly need. It is easy to think that you can get around OK but it is even easier to slip and fall. Please be careful! And remember that we have 15 acres here and between one and two miles of sidewalks. We start shoveling early in the morning but it takes a long time to get all around our campus. We start at the community center and go out from there for those are the areas that get the most use. If you have an emergency it will not matter if your sidewalk is shoveled or not. The Emergency services will get to you, regardless, and they will provide you with the emergency services that you need.

Thank you to so many of you for coming to our Town Hall meeting in February. I love to talk about the wonderful place that we live and work in. I firmly believe that by learning more we can better understand both the world and the community we live in here at The Village. I want to encourage you to feel free to come and ask questions if you are wondering about how or why things are the way they are here at The Village. My door is usually open and I am happy to talk with you and if I am not available Jan usually is. We are happy to share with you.

Our transitions from last month have been completed. This month we will see vacancies in #99 and #208. New residents should be moving into both of those units this month.

While I do not usually talk about individual residents in this article, I do want to acknowledge the passing of Rollie Halberg. Do read about him on the last page of this newsletter. We will miss him very much.

As I mentioned at the Town Hall meeting, we have many projects that we are working on to maintain The Village property and improve it. We should be seeing big equipment working here at The Village during the first part of this month. They will be digging new drywells to replace three drywells that have plugged up. This way we can get rid of the lakes that have been forming when we have heavy rains. Please be careful to avoid the construction sites so we can all stay safe.

This month our Thankfulness Wall asks the question: " Who are you most thankful for this month?" Everyone can be thankful for someone and it is good to share who that someone is. Stop by and share your thoughts.

Have a great March! ~ Dennis

Quote for the Month

"Joy increases as you share it."

~ Norman Vincent Peale

EXERCISE CLASSES

Monday, Wednesday, Fridays
8:30 and 9:30
Community Room



Come get moving and get your heart pumping! Please make sure to keep your distance during your workout, but you're welcome to participate in getting healthy!



KNITTERS & MORE

MONDAYS at 2:00 pm
Community Room

Join us **every** Monday
to learn, share and visit!

You do not have to knit to join us. We bring all sorts of projects to work on when we gather. But, most importantly, we laugh and have fun.



CRAFT TIME

FRIDAY, March 10th

2:00 pm ~ Kitchen Annex

Come craft and laugh with Chrissy!
Be sure to sign up outside the
Activity Office.



GRIEF SUPPORT GROUP

MONDAY, March 27th
1:00-2:00

Adventist Hospice hosts a
Grief Support Group
in the Sitting Room.



MULTNOMAH COUNTY LIBRARY OUTREACH

There will be no Library Outreach during the month of March. They are moving to a temporary location while the library's new Operations Center is under construction.



CHIME CHOIR

MONDAYS at 3:00 pm
Community Room

We have a wonderful time making music together and we invite you to come and participate! You do NOT need to read music. If you have any questions, please call Solveig.

TAI CHI

WEDNESDAYS at **2:20 pm** –**Focused, active**
Tai Chi

WEDNESDAYS at **3:00 pm** for **Balance**
Community Room

Tai Chi classes will continue in March with 2—30 minute classes. The class at 2:20 pm will focus on the **24 forms** and the class at 3:00 will focus on **balance**.

Wii BOWLING

FRIDAYS at **11:00 AND 1:00 pm**
Community Room

Wii Bowling is offered at both 11:00 am and 1:00! Come bowl with friends or new neighbors! It's a great way to have fun!

ACTIVITY COMMITTEE

TUESDAY, March 21st

1:00 pm ~ Small Meeting Room

Anyone is invited to meet and help plan exciting activities for our community.
Come share your ideas!



BINGO

TUESDAY, March 28th

1:30 pm ~Community Room

Bring your friends, neighbors and your LUCK to our fun bingo game! There will be light refreshments and lots of prizes to be won!

Village Monday Gatherings
Mondays at 11:00 (unless otherwise noted)
in the Community Room

Monday, March 6th: Grief Support

This special grief support session will be for residents and staff in dealing with the passing of our long-term resident, Rollie Halberg. Anyone can attend.

Friday, Marcy 10th: Armchair Travel to China

This is a rescheduled Armchair Travel from February. Make sure to attend this fascinating program featuring Joan and Xintao Yu, residents of The Village who met in China. They will talk of their experiences of living in China and we will have a Chinese treat to enjoy. Bring your passports to get stamped!

Monday, March 13th: "Film Screening of the Documentary, "Samurai in the Oregon Sky"

Don't miss this documentary which will be presented by the *filmmaker herself, Ilana Sol!* She will have Q&A time after we watch the film and then she will discuss how she researched her documentary!

Monday, March 20th at 1:00 PM: Chime Choir Concert and Spring Sing-Along

Come hear our chime choir present some beautiful classics. Then we will have the opportunity to lift our voices together in song!

Monday, March 27: No Monday Meeting due to AARP Safe Driver Class

Need your hair done?

Contact Kathy at 503-544-6197

She is available most Fridays by appointment. Everyone says how good Kathy is. Don't miss out!

The Village Foundation

Let's March into March together!
Garage sales will be Thursday and Friday, the 23rd and 24th of March. Save your pennies and dollars and be ready to shop.
In April we will have a bake sale so be thinking about how you can bless some one with some good homemade treats. We are here for you if you are needing assistance.
Come see me for financial assistance for your rent, electricity or an emergency medical bill. God bless you ~Jan



MARCH GROCERY SHOPPING



Concierge shopping will continue on Thursdays during March.
Grocery lists must be in by 2:00 pm Wednesdays.

The Grocery bus makes a weekly trip to Winco and Fred Meyer, Fridays at 8:30.
Please sign up by the volunteer desk.

Why are leprechauns so concerned about global warming?

They're really into green living.

Knock, knock.

Who's there?

Erin.

Erin who?

Erin as fast as I could, but I couldn't catch the leprechaun!

When is an Irish Potato not an Irish Potato?
When it's a French fry.



VILLAGE VOICES

Morning Coffee For My Teacher

One morning, my teacher woke up to find her youngest son had made coffee for her. With a slightly crooked smile she managed to choke down one of the worst cups of coffee of her life.

When the teacher finished drinking the coffee in the bottom of the cup, she found three white and three black piano keys.

She then asked her son,
"Honey, what are these six keys doing in the bottom of my coffee cup?"

Her son remarked,
"It said on the television, you need to wake up on the right note in the morning."

Steve Pierce

The Music Box Dancer

I'm a music box dancer
On a box of golden brown
Do you have an answer
Why I go round and round
Wear a tiny tutu
Special shoes that make no sound?

No people hear them whisper
Yet they tell me about the song
The music is so much crisper
I'm here where I belong

Slowly someone winds the key
Sweetly plays this melody
Moves me up and down
I'm the music box dancer.

Steve Pierce

The Village offers many different worship choices here on Campus

The Village Adventist congregation meets on Saturday mornings at 10:00 am. There is also a Wednesday evening prayer meeting and Sabbath School at 4:00 pm.

The Village Community Church group meets Sundays at 4:00 pm.

All are welcomed and encouraged to attend any or all of the meetings!

MARCH BIRTHDAYS

5 Clem Kluthe
5 Karen Rund
5 Carol Walker
7 Keo Sananikone
8 Grace Ball
9 Tony Frazier
11 Jean McEwen
16 Terry Tygielska
17 Gene Erwin



22 Esther Balchunas
23 Judy Bergh
23 Sandy Frazier
24 Alan Johlman
25 Bob Brotherton
25 Carol L. Helm
29 Roger Johnson
29 Jerry Brass
31 Pat Craw



BUNCO

THURSDAY, March 2nd
1:30 pm ~ Community Room



Sign up outside the activity office to secure a spot for this fun game! Don't worry if you don't know how to play—the rules are easy and it's TONS of fun!

RESCHEDULED SAUVIE ISLAND OUIING

TUESDAY, March 7th
12:30 pm ~ \$7 bus

This trip is full, but watch for a future trip to Sauvie Island in the fall!

OUTING TO TROUTDALE ART CENTER & SHOPPING IN DOWNTOWN TROUTDALE

THURSDAY, March 9th
1:00 pm ~ \$2 bus

Located on the first bend along the Historic Columbia River Highway, this local artists' gallery is filled with unique art inspired by its locale. They are opening it especially for our visit, so be prepared to find some one of a kind gift items! Afterwards we'll go down the road a piece and visit the darling shops in downtown Troutdale.

CHIME CHOIR & SPRING SING-ALONG!

MONDAY, March 20th
1:00 pm ~ Community Room

Belles and Beaux, The Village's Chime Choir, will be presenting a concert of some well-know melodies and then we'll all have a chance to sing together!

BREAKFAST OUT TO BLACK BEAR DINER AND SHOPPING AT DESERET INDUSTRIES

TUESDAY, March 14th
8:30 am ~ \$4 bus

We'll have a hearty breakfast at the Black Bear Diner on 82nd before we head over to the thrift store, Deseret Industries. Bring your shopping list!

COLLETTE TRAVEL

TUESDAY, March 14th
3:00 pm in the Community Room

Join our resident, Terry Pullen of the Gresham Senior Center, and Lucas Bialecki of Collette Travel as they tell you about 2 trips the Senior Center is hosting. One is "America's Music Cities" in October 2024 and the other is "Shades of Ireland" over St. Patrick's Day in 2023!

THE VILLAGE BIRTHDAY PARTY

THURSDAY, March 23rd
3:00 pm ~ Community Room

Be sure to attend this party celebrating February and March Birthdays! Our entertainers are LeRae and Evan! LeRae is Lee Haynes daughter and she and Evan perform a fun, interactive musical show! Cake and ice cream will be served and **EVERYONE IS INVITED!**

DINNER OUT TO POMPELLO'S

THURSDAY, March 30th
4:00 pm ~ \$4 bus

Pompello's is a locally owned Italian restaurant in Troutdale. They have wonderful pasta dishes and other entrees, including several vegetarian options.



FRIENDS HOUR

EVERY WEDNESDAY
9:00-10:00 AM ~ Café

Gather in our cozy café to socialize with old friends and meet new ones. June will have coffee, tea and breakfast goodies available for purchase.

MARCH GUESSING CONTEST

Come "taste the rainbow" and guess how many Skittles are in the jar at the office window. February's winner was Linda LeBlond, with a guess of 750! The correct number was 770 Valentine's hearts.

NW MEDICARE ADVISORS

Jenny Coulter from NW Medicare Advisors will be here at The Village **March 17th** from 11:00—12:30 to help guide you through your Medicare questions on a one to one basis. She will meet with you in the sitting room. **Please sign up for a time on the sign up sheet outside the Activity Office.**



COME ENJOY OUR

ST. PATRICK'S DINNER

THURSDAY, MARCH 16TH
12:00—\$12 pp (\$14 after 3/7)
Please get your tickets at the office before March 7th!

CHEF JUNE'S MENU:

Corned Beef & Cabbage
w/New Potatoes and Carrots

Or

Vegetarian Lentil Pie w/ Cabbage, New Potatoes and Carrots
Garlic Bread

Irish Flag Salad (Greens w/ fire roasted apples, mandarin oranges, feta & pistachios)
Homemade Bread Pudding w/ Irish Cream Sauce

BOOKWORMS BOOK CLUB!



TUESDAY, March 21st
11:30 am ~ Small Meeting Room

March's book is:
Eight Perfect Murders by
Peter Swanson

Publisher's Weekly writes:
"Eight Perfect Murders is an outstanding fair-play crime novel... Swanson will keep most readers guessing until the end. Classic whodunit fans will be in heaven."



GAMES, GAMES, GAMES!

SUNDAYS 2-4

in the Community Room
Come meet with other games enthusiasts in the Community Room to play games, meet new people, make new friends! We have dozens of games in our game cabinet or bring down your favorite!

YOU MUST MAKE
RESERVATIONS
FOR THIS DINNER
**BEFORE NOON,
MARCH 7TH, OR**
IT WILL COST
YOU **\$2 MORE**
PER RESERVATION