

June's Kitchen Korner

June Lavoie

The beginning of the holiday season; oh, how I love the smells and sights of the holidays. I have a strong passion for cooking and baking. The joy I have been able to see in the eyes of folks is truly a treasure. To some, the meal or treat may bring back beautiful memories of days gone by, to others it's just a morsel to enjoy in the present moment.

I have been so blessed to have been raised in such an amazing family. My grandparents, parents, aunt and uncles, siblings and cousins are all amazing, loving people. So many memories to treasure that have all been surrounded by amazing food. My Grammy cooked up a storm buddy for days - definitely a spread to brag about. There always seemed to have been pies lined up for miles and always a 3-layer coconut cake. It was my daddy's favorite. A large part of these fine folks have been called to Glory, and my heart aches for them, especially my Daddy.

Take time to enjoy every smell, taste, sound this season. Enjoy those moments, good or bad, for some day a memory is all that's left. Make them amazing.

~ Chef June

Know Your Neighbors

Tiffany Brasesco

Hello Village Residents,

I wanted to take a moment to welcome all our new residents! As some of you know, it is my duty to keep up on the picture board and I have recruited help from Nancy Thomas. Thank you for working so well with her to get me your photos! I am still missing a few as we like to give you a moment to get settled in. If your picture is missing or you'd like to have an updated photo taken, please reach out to me by calling the office or e-mailing me at tiffany@villageretirementcenter.com. I am best reachable on Mondays, Tuesdays, and Thursdays 9am-2pm. The photo taking takes about 3 minutes' total so I don't need too much of your time!

I look forward to seeing you!

Tiffany Brasesco

- What does a turkey eat for dessert? Peach Gobbler.
- When should you serve tofurkey? On Pranksgiving.
- How do you tell the difference between turkeys and chickens? Chickens celebrate Thanksgiving.
 - What did the turkey say to the hunter on Thanksgiving? "Quack."
- It's already Thanksgiving again, because time flies — even if turkeys don't.
- The only ones more stuffed than us on Thanksgiving are the turkeys.
- Why wasn't the turkey hungry on Thanksgiving? It was already stuffed.
 - What's a turkey without feathers called? Thanksgiving dinner.
 - What's it called when a turkey goes for a run? Fast food.
 - How does a limping turkey walk? It wobble, wobbles.
 - What kind of key has legs but can't open doors? A turkey.



The Village News

NOVEMBER 2022

Happy November!

Well, the end of the year holiday season is upon us already! It is both a joyful time as well as a stressful time. Being a musician, the next 2 months is always jam packed with rehearsals and performances. But, I love the excitement of the preparations and the joy of sharing glorious music with an audience.

On November 13th, the church choir I direct will be sharing a beautiful cantata during our 10 am worship service at Gresham United Methodist Church. I invite you all to attend! This cantata, "Once Upon a Morning" has quite a back story. My church choir was invited to sing the premier at Lincoln Center in NYC in May of 2020—we all know that didn't happen! My choir had JUST received the music, hot off the presses, right as the pandemic shut choral singing down! The cantata celebrates the time between Jesus' resurrection and the day of Pentecost. The choir has been practicing furiously and is excited to finally sing it for an audience! I hope you will be able to come and experience it with us. A flyer with the details is posted in the Community Building!

Please make sure you get your ballots mailed by November 8th; do come to the Nov. 11th program to honor our veterans, and have a VERY HAPPY THANKSGIVING! ~ Solveig

WELCOME NEW NEIGHBORS

MARGARET HENRIKSON #100



Vote! NOVEMBER 8TH!!

THE VILLAGE OFFICE WILL BE CLOSED THURSDAY, NOVEMBER 24TH.

Happy Thanksgiving



SUNDAY, NOVEMBER 6TH

The Village News is a publication of The Village Retirement Center - 4501 W Powell Blvd
Gresham, Oregon 97030 (503) 665-3137 www.villageretirementcenter.org

Administrator's Corner

Dear Residents,

November is here. The thing I like best about November is the reminder to be Thankful. Gratitude changes us into better people. This season of Thankfulness and Thanksgiving helps us to put things into proper perspective. It helps us to appreciate those around us and the lives that we have. It reminds us to thank our Creator for the blessings that he provides for us. It helps us to put in perspective the crazy things that may be going on in the world. It can truly change our lives. I wish you a wonderful Thanksgiving season.

In October we were able to complete our last residential roof. It looks so nice to have them all completed and to know that we are well protected from the weather.

We are still working on our concrete project in the 80's. Between weather issues and scheduling and logistical issues, our latest concrete pour has had many delays. We are hoping we can do it soon. As much as we need the rain we are hoping for a couple windows of dry weather so we can do our last remaining concrete pours. We are so pleased with the areas that have been completed and look forward to the project being totally done. Thanks to Cliff, Abe and our staff of maintenance and grounds workers who have been working hard to make it look terrific!

This month we will prepare apartment #100 for a new resident - Margie Henrikson. Be sure and welcome her to her new home.

I am so thankful that we have a great cafe where everyone can get a good meal and have a chance to visit with their friends and neighbors. It warms my heart when I see residents enjoying the food and the conversation. Our Cafe is open from 12:00 to 1:00 every day and breakfasts and suppers are available by prior reservation. Come on over and enjoy!

In keeping with the season, our Thankfulness Wall asks: "What are you thankful for this Thanksgiving Season?" Stop by and share your thoughts and see what others have written.

Have a great Thanksgiving!

Dennis

Quote for the Month

"Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow."
~ Melody Beattie

HONOR AND CELEBRATE OUR RESIDENT VETERANS



FRIDAY, November 11th
11:00 pm in the Community Room



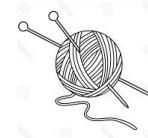
We'll have a ceremony, sing patriotic songs and recognize our veterans for their valiant service!

EXERCISE CLASSES

Monday, Wednesday, Fridays
8:30 and 9:30
Community Room



Come get moving and get your heart pumping! Please make sure to keep your distance during your workout, but you're welcome to participate in getting healthy!



KNITTERS & MORE

MONDAYS at 2:00 pm
Community Room

Join us **every** Monday
to learn, share and visit!

You do not have to knit to join us. We bring all sorts of projects to work on when we gather. But, most importantly, we laugh and have fun.



CRAFT TIME

FRIDAY, Nov. 18th

2:00 pm ~ Kitchen Annex

Come craft and laugh with Chrissy!
Be sure to sign up outside the
Activity Office.



GRIEF SUPPORT GROUP

MONDAY, Nov. 21st
1:00-2:00

Adventist Hospice hosts a
Grief Support Group
in the Sitting Room.



MULTNOMAH COUNTY LIBRARY OUTREACH

WEDNESDAY, November 23rd
1:30 –2:15 PM ~ Community Room

Take advantage of the library
coming to you. You may check out books
as well as return them.



CHIME CHOIR

MONDAYS at 3:00 pm
Community Room

We have a wonderful time making music together and we invite you to come and participate! You do NOT need to read music. If you have any questions, please call Solveig.

LEARN TAI CHI FOR BETTER BALANCE



WEDNESDAYS at 2:30 pm

(notice time change—**no class 11/23**)

Community Room

Tai Chi is an effective exercise, which will improve your balance and your body's core strength. Lessons are tailored for older adults offered in an easy to learn format.

Wii BOWLING

FRIDAYS at 11:00 AND 1:00 pm
Community Room

We'd like to begin a 2nd team, so now Wii Bowling is offered at both 11:00 am and 1:00! Come bowl with friends or new neighbors! It's a great way to have fun!

ACTIVITY COMMITTEE

TUESDAY, November 15th

1:00 pm ~ Small Meeting Room

Anyone is invited to meet and help plan
exciting activities for our community.
Come share your ideas!



BINGO

TUESDAY, November 29th

1:30 pm ~Community Room

Bring your friends, neighbors and
your LUCK to our fun bingo game!
There will be light refreshments and lots
of prizes to be won!

THE SUPER BIG ONE DAY
THANKSGIVING COLLECTION
FOR SNOWCAP!

THURSDAY, NOVEMBER 17TH

Please help us help others by
donating goods on SnowCap's wish list.
There will be a donation barrel
outside the activity office.

- Baby Formula
- Hearty canned soup / Chili / Stews
- Gallon zip top bags
- Canned fruits & vegetables
- Canned tuna
- Children pants in kids sizes 6x-14
- New socks (all sizes)



Village Monday Gatherings
Mondays at 11:00 (except otherwise noted)
in the Community Room

Friday, November 11th: Veteran's Day Program

Come honor our many veterans who live here at The Village. There will be a Boy Scout honor guard to post the colors, veterans' stories and more!

Monday November 14th: AfterCare

AfterCare is a local burial and cremation service. They will discuss the importance of preplanning and will answer questions you may have.

Monday November 21st: Armchair Traveler

Bring your passport along for our trip to India! Since India is such a large country, we will focus on the state of Karela. Sosamma Lindsay, #120, will also talk and cook up some marvelous Indian treats to enjoy!

Monday November 28th: Meet with the Chef

Come find out about some of our great menu items and take a minute to ask our chef your food questions.

VILLAGE VOICES

THANKSGIVING DAY

Why does everybody wait until Thanksgiving Day
Before they remember they should take time to say
A few words of thanks to God from all blessings flow.
He sends the rain and sunshine to make the flowers
grow.

He's the one who gives us health so we can work and
play
He sends the guardian angels to protect us every day.
He hears our requests every time we pray
And sometimes our prayers are answered in the most
amazing way.

He forgives our sins if we will confess and ask him to
Then he helps us do the things we really ought to do.
He gave us the Bible which tells of Jesus love
As our map to prepare us for our journey up above.

God gives us hope when we are drowning in despair
And when we feel we have no friend, He is always there.
He's given each of us a home and we have food to eat
And we all have clothes to wear and shoes upon our feet.

God knows our burdens are often more than we can bear
So that is why he gives us families who care.
So lets just take a moment and all our blessings count
And we'll find, I'm very sure a tremendous amount.

~Ann Ingermanson



The Village offers many different worship choices here on Campus

The Village Adventist congregation meets on Saturday mornings at 10:00 am. There is also a Wednesday evening prayer meeting and Sabbath School at 4:00 pm.
The Village Community Church group meets Sundays at 4:00 pm.

All are welcomed and encouraged to attend any or all of the meetings!

The Village Foundation

Oh my - holidays-bazaars-family-baking
and only two months left in 2022.
Bake up something yummy for the
bazaar and let us know. Call Inge @
503-328-6432 and we will come pick up
the baked goods on Saturday the 5th
around 6pm. Then you can come to the
bazaar on the 6th between 9am and 2
pm to get all the things you need for
holiday gift giving.

God bless you all! ~Jan

NOVEMBER GROCERY
SHOPPING

Concierge shopping will continue on
Thursdays during November.

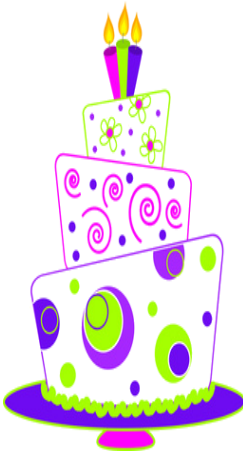
No shopping Thanksgiving week!

Grocery lists must be in by
2:00 pm Wednesdays.

The Grocery bus makes a weekly trip to
Winco and Fred Meyer, Fridays at 8:30.
Please sign by the volunteer desk.

NOVEMBER BIRTHDAYS

- 7 Adeline Dykema
- 7 Jane Wooslely
- 8 Ted Lutts
- 8 Ila Myers
- 9 Jan Clendenon
- 9 Cliff Dismukes
- 9 Barbara Fadel
- 10 Michael Sage
- 10 Barbara Swerdlik
- 11 Helga Schneider
- 17 Jan Wagoner
- 17 Rich Bastasini



- 19 Jim Belfiore
- 19 Eve Klug
- 20 Mitzi Hansen
- 20 Kurt Matzke
- 20 Margaret Nikander
- 22 Steven Pierce
- 23 Josh Beauchamp
- 23 Don McDonnell
- 24 David Carl
- 24 Ron Loucks
- 24 Abraham Munoz
- 25 Joan Gabriel
- 27 Carol Helm



BUNCO

TUESDAY, November 1st
1:30 pm ~ Community Room

Sign up outside the activity office to secure a spot for this fun game! Don't worry if you don't know how to play—the rules are easy and it's TONS of fun! It's also a great way to get to know new neighbors and have a chance to win prizes!



MOVIE MATINEE "Ticket to Paradise"

THURSDAY, November 3rd
11:45 am ~ \$11 bus and ticket

George Clooney and Julia Roberts reunite on the big screen as exes who find themselves on a shared mission to stop their love-struck daughter from making the same mistake they once made. Ticket to Paradise is a romantic comedy about the sweet surprise of second chances.



THE VILLAGE BIRTHDAY PARTY

TUESDAY, November 22nd
3:00 pm ~ Community Room

Come celebrate October and November birthdays with cake, ice cream and punch.

Our entertainment for this event is Musician, Tim McCarthy.

Tim played and sang for us at Concert in the Park this past summer and we all enjoyed his music!

Everyone is invited!!!!



KOHL'S & LUNCH AT GIUSEPPE'S

TUESDAY, Nov. 8th
10:00 am ~\$4 bus

Come get a start on your holiday shopping with a trip to Kohl's department store. There are other stores in the area, such as Fred Meyer's. Afterwards we'll grab an Italian lunch at Giuseppe's.

MARY POPPINS, THE MUSICAL

THURSDAY, November 10th
6:30 pm ~ \$2 bus

Make sure to sign up for this fun musical which will be performed by **Sam Barlow High School** students. It is their dress rehearsal performance, so they are waiving their admission just for us!!

BREAKFAST AT MCRAE'S & GSC'S HOLIDAY BAZAAR

TUESDAY, Nov. 15th
9:00 am ~ \$3 bus

Can you eat McRae's 12 egg omelet? If not, there are other delicious options as well. Afterwards we'll go check out the Gresham Senior Center's Holiday Bazaar.



GAMES, GAMES, GAMES!

SUNDAYS 2-4

in the Community Room
Come meet with other games enthusiasts in the Community Room to play games, meet new people, make new friends! We have dozens of games in our game cabinet, or bring down your favorite!

Nancy Armintrout would like those who utilize the Friday food pantry from Sanctuary Church offer just a \$1 donation! Thank you.

GOODWILL & LUNCH

THURSDAY, Dec. 1st
10:00 am ~ \$5 bus

Let's go shopping at the new Happy Valley Goodwill. Lunch out will be a surprise!



FRIENDS HOUR

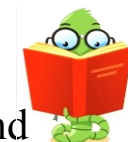
EVERY WEDNESDAY
9:00-10:00 AM ~ Café

Gather in our cozy café to socialize with old friends and meet new ones. June will have coffee, tea and breakfast goodies available for purchase.

NW MEDICARE ADVISORS

Jenny Coulter from NW Medicare Advisors will be here at The Village **November 11th** from 1:00—3:00 to help guide you through your Medicare questions on a one to one basis. She will meet with you in the sitting room. **Please sign up for a time on the sign up sheet outside the Activity Office.**

BOOKWORMS BOOK CLUB!



TUESDAY, November 22nd
11:30 am ~ Small Meeting Room
November's book is
Sea of Tranquility by Emily St. John Mandel

A novel of art, time, love, and plague that takes the reader from Vancouver Island in 1912 to a dark colony on the moon three hundred years later, unfurling a story of humanity across centuries and space.
Be sure to pick up your book at the office and come to our book club!



NOVEMBER GUESSING CONTEST

Come guess how many pieces of caramels are in the jar at the office window. October's winner was Harold Krull, with a guess of 358! The correct number was 362 pieces of candy corn.

COME ENJOY OUR ANNUAL THANKSGIVING FEAST

THURSDAY, NOVEMBER 17TH
12:00—\$12 pp (\$14 after 11/10)

CHEF JUNE'S MENU:

ENTRÉE:

Fresh Roasted Turkey or Vegetarian Option

Sweet Potato Cornbread Stuffing

Mashed Potatoes

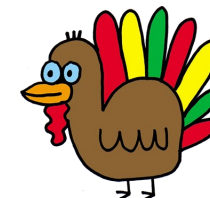
Garlic Green beans

Turkey Gravy

Hot Rolls

STARTER: Savory Butternut Squash Soup

DESSERT: Caramel Apple Cheesecake



Eat TONS and take a nap.

YOU MUST MAKE RESERVATIONS FOR THIS DINNER BEFORE NOON, NOVEMBER 10TH, OR IT WILL COST YOU \$2 MORE PER RESERVATION