

June's Kitchen Korner

June Lavoie

Spring is in the air. Cameron and his team are doing such an amazing job creating beautiful flowers and landscaping for our viewing pleasure. Make sure to thank them when you see them.

Thank you all for attending the St. Patty's Day Dinner. We hope you enjoyed your afternoon with us. We are trying something new for April. Make sure to get those reservations in for The Village's First Spring Brunch. It will be sure to please.

The fresh spring air to me signifies a fresh new start, New Beginnings, A new chapter or phase is starting in your life. Remember life is an adventure to explore while you have fun. This is going to be great; it is time to live your life, its time for change, Go for it!!

Thank you all for joining us for food and fellowship on a daily basis. Tell your friends and neighbors to join us too!

Your Café Team,
June, Samantha, Nicole, Lori and Rose

Know Your Neighbors

Tiffany Brasesco

Edith Wade, #206

Edith Wade was born in Sayre, Pennsylvania, but moved to Ohio, where she spent most of her adult life. The move to Oregon came after her husband passed away and her son Mark invited her to come visit. Once here she called around to seven different places before getting an appointment to discuss her options here at The Village. She joined the waitlist, went back home to sell her house and her car, then came back to live here within about a year and a half.

Edith always wanted to have a sister and when she married 'Bud', she was gifted six total sisters-in-law. She exclaims how they all welcomed her so warmly into the family. Her mother and father-in-law were a saving grace in the time of her life where they came in. Without them she doesn't know just where she would be. Her father-in-law grew roses. Once he found out how much she loved roses, she always had beautiful roses in her kitchen all summer long.

Edith loves her family which means so much to her. Edith and her husband 'Bud' were blessed with three children: two girls and a boy. Their names are Diane, Nancy, and Mark. She has since been blessed with 15 grandchildren, lots of great-grandchildren and five great-great-grandchildren so far!

While the kids were young, Edith was able to stay home with them and pick up small jobs when needed with the help of her mom watching the kids. In fact, Edith's mom started teaching Mark how to cook and bake at the age of 3 and now Edith raves about Mark's kitchen skills! He really took off with his grandma's influence. When enjoying a meal in the Café be sure to stop over and say 'Hi' to Edith; she would love to get to know more of her neighbors!



APRIL 2022

The Village News

Happy Spring!

I will never get over how exquisite the season of spring is around here. And I know I am repeating what everyone else is saying, but to see God's renewing splendor at work is very healing during these trying times. It's also been a great joy to see all your smiling full faces and hear more laughter and chit chat in the community building. It's exciting to offer even more activities during April - Mark your calendars! We could still use some more people to sign up for the American Red Cross Blood Drive on April 7th. Give me a call.

Alex Marcus received this note from Heidi Seifert of the Gresham Police Department:

"Just wanted to let you know that we were able to pass on your generous 'Joann's Fabrics' donation today to our blanket makers! They were so surprised and touched! Turns out they are familiar with some of you folks over there! I hope you don't mind, but I passed on your contact information to them. They requested it. It's funny how some things just go full circle sometimes. The PD is so thankful to have your support. Also, a personal thank you to you for letting/inviting me to be involved. It was truly a great experience for me. Dorothy & Nonni are their names. WE LOVE THEM!"

Easter blessings to you all! ~ Solveig



DOROTHY AND NONNI

BIBLE STUDIES

The Village is a very spiritual community and there are two bible study groups on campus that meet weekly:

- Mondays @ 10:00 am
Ramona Newman—#64
- Mondays @ 1:00 pm
Lee Haynes—#405

You are invited to join them. Give Ramona or Lee a call if you have any questions!

Just a reminder of our Golf Cart concierge service. If you would like a ride to the community center for lunch or an activity or event, please give the office a call and our Golf Cart will pick you up and take you back home!

Administrator's Corner

Dear Residents,

Welcome to April! The year is speeding by and Spring is here. It is such a beautiful time at The Village as the different trees and flowers show their colors. What a privilege to live in such a beautiful place! It is so nice to start having events and seeing your smiling faces again. Please come down and enjoy the food and activities.

This last month we had a main water line start leaking suddenly. Thanks for your patience as we had to turn the water off to about 1/3 of the complex as our faithful maintenance and grounds personnel worked in the pouring rain and muck and mud to fix the problem and get water back on for everyone. To make things even harder, the leak was under the middle of a sidewalk so it was a major undertaking. We are so grateful for our staff's faithful work.

We are seeing another wave of transitions now. We have a new resident who has moved into #66. We are working at #'s 311 and 308, and we will be working at 324, 114, 41 and we have some more coming up. While we hate to see our residents leave, we want to be sure to welcome our new neighbors and help to make their transition as easy as possible.

Over the last few years we as your staff have learned about the importance of seeing other people as important as we see ourselves, and seeking to understand their needs and feelings. We have explored information that is termed 'Outward Mindset'. I would like to share with you what it is all about. I will be presenting an introduction to it on Monday April 25 at 11:00. Please come down and learn more. The title is: "What do The Police, Baby Bottles and Garbage men have in common?"

Because of the nice spring weather, our Grounds crew has its hands full trying to mow when the grass is dry enough and dealing with the explosive growth in weeds and shrubs that is typical for this time of year. Please be patient as they try their best to keep up.

We also find ourselves in need of hiring more help in both our grounds and our maintenance departments. If you know of anyone who would want to work about 30 hours a week and is qualified in those areas, please let me know.

I am excited about our Volunteer Fair that is coming up later this month. It is so important that each one of us is making a difference in some way by helping or volunteering in some area. Please come down and find out about the opportunities that we have for you to be involved. Think about how you could help and let us know if you have new ideas.

This month our Thankfulness Wall asks the question: What is the happiest memory of your life? Stop by and share your thoughts and see what others have written.

Have a great April ~ Dennis

Quote for the Month

Spring: a lovely reminder of how beautiful change can truly be. ~ Anonymous

EXERCISE CLASSES

Monday, Wednesday, Fridays
8:30 and 9:30
Community Room



Come get moving and get your heart pumping! Please make sure to keep your distance during your workout, but you're welcome to participate in getting healthy!

KNITTERS & MORE

MONDAYS at 2:00 pm
Community Room
Join us **every** Monday
to learn, share and visit!

You do not have to knit to join us. We bring all sorts of projects to work on when we gather. But, most importantly, we laugh and have fun.

CRAFT TIME

FRIDAY, April 22nd
2:00 pm ~ Small Meeting
Room

Come visit and laugh as we create a giftable craft this month.
Be sure to sign up outside the

GRIEF SUPPORT GROUP

MONDAY, April 18th
1:00-2:00
Adventist Hospice hosts a
Grief Support Group
in the Small Meeting Room.

MULTNOMAH COUNTY LIBRARY OUTREACH

WEDNESDAY, April 27th
1:30 -2:15 PM ~ Community
Room

Take advantage of the library coming to you. You may check out books as well as return them.

CHIME CHOIR

MONDAYS at 3:00 pm
Community Room



We have a wonderful time making music together and we invite you to come and participate! You do NOT need to read music. If you have any questions, please call Solveig.

LEARN TAI CHI FOR BETTER BALANCE

WEDNESDAYS at 10:00 am



Community Room
Tai Chi is an effective exercise, which will improve your balance and your body's core strength. Lessons are tailored for older adults offered in an easy to learn format.

Wii BOWLING

FRIDAYS at 1:00 pm
Community Room

Come bowl with friends or new neighbors! Wii Bowling can be done standing up OR seated and is a great way to have fun with your friends!

ACTIVITY COMMITTEE

TUESDAY, April 19th
1:00 pm ~ Small Meeting Room
Anyone is invited to meet and help plan exciting activities for our community.
Come share your ideas!

BINGO

TUESDAY, April 26th
1:30 pm ~ Community Room
Bring your friends, neighbors and your LUCK to our fun bingo game!
There will be light refreshments and lots of prizes to be won!



VILLAGE VOLUNTEER FAIR

April 28th, 1:00-3:00 pm

Community Room

Our Village would not be the wonderful and vibrant community it is without its resident volunteers! Come find out where **YOU CAN MAKE A DIFFERENCE** in our Village Community!

Why volunteer?

9 - It's good for you.

- Volunteering provides physical and mental rewards. It reduces stress and makes you healthier

8 - It saves resources.

7 - It brings people together.

6 - It promotes personal growth and self-esteem.

5 -Volunteering strengthens our community.

4 -You learn a lot.

3- You get a chance to give back.

2 -Volunteering encourages responsibility.

- Community service and volunteerism are an investment in our community and the people who live in it.

1- You make a difference.

- Every person counts!

Village Monday Gatherings

Mondays at 11:00
in the Community Room

Monday April 4th: Tory Thompson with Providence ElderPlace PACE – Program of All-inclusive Care for Elders.

This national program is available to seniors who have low resources and high care needs. It is a public health option for those eligible for Medicaid. ElderPlace PACE provides medical care, transportation, in home care and much more at no cost to you. If you or a loved one is looking for more support come learn what is available. Families welcome.

Monday April 11th: TriMet's RideWise

Devon will visit with us about utilizing the Portland area's TriMet system. Find out how to easily negotiate our area's fabulous transit system.

Monday April 18th: Jeopardy

Come test your knowledge and win some prizes!

Monday April 25th: Dennis Whitted 'Outward Mindset'

Reflective Thoughts

Pastor Bob Brotherton

Dear Village Community,

It is once again Springtime and I for one am very happy to see the renewal in nature. We have reason to rejoice in the wonderful providence of God. Every flower, bush and blooming tree speaks of God's power, wisdom and love. Spring brings hope and renews hope. I hope for a rebirth of freedom in our land and a return to constitutional government. May God continue to bless us and let freedom ring!

Psalm 85: 7-13

7 Show us Your mercy, Lord, And grant us Your salvation.

8 I will hear what God the Lord will speak, For He will speak peace To His people and to His saints; But let them not turn back to folly.

9 Surely His salvation is near to those who fear Him, That glory may dwell in our land.

10 Mercy and truth have met together; Righteousness and peace have kissed.

11 Truth shall spring out of the earth, And righteousness shall look down from heaven.

12 Yes, the Lord will give what is good; And our land will yield its increase.

13 Righteousness will go before Him, And shall make His footsteps our pathway.

Love in Christ,

Pastor Bob

The Village Community Church

The Village offers many different worship choices here on Campus

The Village Adventist congregation meets on Saturday mornings at 10:00 am. There is also a

Wednesday evening prayer meeting and Sabbath School at 6:00 pm. (Notice time change!)

The Village Community Church group meets Sundays at 4:00 pm.

All are welcomed and encouraged to attend any or all of the meetings!

Please congratulate Ann Ingermanson, Steven Pierce, Wendell Wagler and Joan Yu for entering LeadingAge Oregon's Creative Writing Contest. Their entries will be featured in an online publication called Reflections 2022. Look for a printed version soon in our library!

The Village Foundation

The blossoms are here, aren't they beautiful and they smell so good. Our garage sales have been happening because we have volunteers to help set up and work the sale. Thank you to the volunteers from the board and outside of the board. The next sale will be April 15th from 9 AM to 2 PM.

There will be a baked goods sale before and after the Resident Meeting on Tuesday, April 12th. Call Inge to let her know what you can provide. Her phone number is 503-328-6432. Will see you there. May God bless you---Jan



APRIL GROCERY SHOPPING



Concierge shopping will continue on Thursdays during April, EXCEPT shopping will be on FRIDAY, APRIL 22nd, instead of the 21st. Grocery lists must still be in by 2:00 pm Wednesdays.

The Grocery bus makes weekly trip to Winco and Fred Meyer, Fridays at 8:30. Please sign up at the office.



Please don't be surprised! Remember that the new rental rates go into effect on this month's statement.

APRIL BIRTHDAYS

1 Elaine Brown
 1 Evelyn Long
 3 Alice Werner
 8 Laurie Rhodes
 10 Judith Remington
 12 Sally Clark
 13 Bob LeBlond
 13 Harlen Rude



14 Xintau "David" Yu
 18 Bill Brown
 18 Veronica Stai
 20 Maggie Hood
 23 Francis Locke
 23 Jim Rude
 29 Billie Elkins



LUNCH OUT & SHOPPING AT TARGET

TUESDAY, April 5th
11:00 am ~ \$3 bus



Grab your friends for a little trip to Mall 205 for lunch at **OLIVE GARDEN**, followed by shopping at Target! We always have such fun together!

FRIENDS HOUR

EVERY WEDNESDAY
9:00-10:00 AM ~ Café

Gather in our cozy café to socialize with old friends and meet new ones. June will have coffee, tea and breakfast goodies available for purchase.



CHIME CHOIR AND SPRING SING!

THURSDAY, April 14th
11:00 am ~ Community Room



Our chime choir has been having fun preparing some Celtic inspired tunes that they would love to share with everyone. After their performance, we'll have a sing-along!

APRIL GUESSING CONTEST



Stop by the office and guess how many **Jelly Beans** are in the container.

March's winner was *JR Stai* with a guess of 218 Lucky Charms. The actual number was 236.

RESIDENTS' MEETING

10:00 am ~ April 12th
Community Room

Make sure you attend this very informative meeting! Find out what is currently happening at The Village and bring your questions. Pick up your name badges on the way in. You may win a door prize!

JEOPARDY!

MON- DAY,

April 18th

1:00 pm ~ Community Room

We're having a great time playing Jeopardy together. Come test your knowledge and win some prizes!



American Red Cross

BLOOD DRIVE APRIL 7TH!

11:00—4:00 PM ~Community Room

We are partnering with the Red Cross by giving back to the community to help keep the inventories stable this summer. The drive is open to the public, so if you cannot donate, maybe a friend or family member can! Spread the word! There are several ways you can schedule your appointment: Call the office and Solveig will call you back; call 1-800-RED-CROSS or visit www.redcrossblood.org Sponsor Code: TheVillage

Get a Red Cross T-shirt for donating!!

Please if you want to help save a life and be part of a life saving mission!



DINNER OUTING to IXTAPA

4:30 pm ~ April 12th
\$2 ~ bus

Be transported to Mexico in this charming restaurant, just down the street from us.

The décor is authentic and the food is traditional. Be prepared to laugh and have a good time, plus you'll probably bring home leftovers! ¡OLE!



BOOKWORMS BOOK CLUB!

TUESDAY, April 26th

11:30 am ~ Small Meeting Room

April's book is

When No One Is Watching by Alyssa Cole.

"With a keen eye for details, Alyssa Cole deftly unspools a rich narrative with compelling characters who live and breathe against a vibrant backdrop. From the bold first line to the exquisitely subtle last, *WHEN NO ONE IS WATCHING* is a top-notch page-turner!" -- Wendy Corsi Staub, *New York Times* bestselling author

Be sure to pick up your book at the office and come to our book club!

BREAKFAST OUT & SHOPPING AT AL'S GARDEN CENTER

Tuesday, April 19th
8:30 am ~ \$3 bus



We'll head over to Sweet Betty's Bistro new location in Gresham Station for their delicious breakfast offerings. After our bellies are full, we'll drive down Hogan to Al's Garden Center, where you can get plants, garden starts, hanging baskets and more!

ARBOR DAY WALK

Friday, April 29th—1:30 pm

Meet our groundskeeper, Cameron, out in front of the Community Building for an informative walk around our beautiful campus as he explains many of our trees.

THE VILLAGE'S SPRING BRUNCH

12:00 PM, THURSDAY, APRIL 21ST

\$12.00

In honor of springtime and the Easter season, June has decided to cook us a lovely brunch for April:



French Toast
Chicken-apple or Beyond Sausage
Scrambled Eggs
Hash-brown patties
Muffins/mini-cinnamon rolls
Vanilla yogurt and fruit parfait

You **MUST** make your reservations for eat in or delivery **BY NOON, APRIL 14TH!**