

# June's Kitchen Korner

June Lavoie

Good day once again!

March is finally here, but will we see spring soon? I am excited to feel the warm breeze and see and smell all the beautiful flowers that Cameron and his team work so diligently on year-round for our enjoyment. Please take a moment to thank them when you see them.

We are going to do a trial run on Haystacks this month. Please be patient - the line will take a bit to get through because we cannot do self-serve. We will not have as many options as we are limited on space, but we plan to make it enjoyable nonetheless. To-go orders on this day will be as is. Please, no special orders as we are limited on time as well.

Thank you so much to all of you that attended our Valentine's dinner. Your Village team did an outstanding job preparing and serving you, and the clean up team was amazing as well. Give them a shout out!

We will be offering a Special St. Patrick's Day Dinner on St. Patrick's Day. Please get those reservations in so we can be sure to have enough food for you. We will offer it delivered as well, but remember, the food is always better when hot and fresh and shared with friends, so please DINE IN!!!

Thank you for your time and patronage,  
Chef June, Samantha, Nicole, Lori and Rose

# Know Your Neighbors

Tiffany Brasesco

## Carolynn and Wendell Wagler, #96

Please join me for a moment as we enter the lives of Carolynn and Wendell Wagler. Carolynn and Wendell met at Bible College in Eugene, what is now known as Bushnell University. Both grew up in the Pacific Northwest: Wendell is from Winston, OR and Carolynn grew up in Yakima, WA. It was an attraction at first sight. They each got their Bachelor's degrees, Wendell's of Science and Carolynn's of Arts.

The Waglers have three children and seven grandchildren. During the pandemic they have really utilized Zoom to keep in touch with their family.

The Waglers were missionaries in the Soviet Union and India for some time when Wendell was a bible professor. You can find Carolynn soaking up her free time with watercolor painting. Wendell really enjoys gardening. Together the two enjoy Silver Sneakers. If they could travel anywhere right now, it would be to Italy to take in all the art the wonderful country has to offer. Carolynn shared with me her greatest hope, one that I think many of us share as well, that her family will all be saved by God and gather around the throne.

May the road rise up to meet you. May the wind be always at your back.  
May the sun shine warm upon your face; the rains fall soft upon your fields and until we meet again,  
may God hold you in the palm of His hand.



# The Village News

MARCH 2022

Happy March!

Will March come in like a lion or a lamb this year? It seems like the lion usually prevails! But, spring is just around the corner and crocus and daffodils are beginning to show their colors. A robin just greeted me at my window as I am writing this – a sure sign of spring! Even though winter tried to remind us that it's still around by giving us a lovely white snowfall this morning, I'm looking forward to the gorgeous colors of spring.

I am feeling cautiously optimistic about things reopening with Covid seeming to be on the wane. So, I'm excited to offer a couple of trips out to eat during March! Read about them in the newsletter and then SIGN UP EARLY on the desk outside the Activity Office. Another exciting event we're working on is a Red Cross Blood Drive. Darlene Fike was the inspiration for this venture, as she was looking for a place to donate blood because of the severe shortage. The date for this drive is April 7<sup>th</sup>, and although it doesn't take place until April, please sign up early, because it will fill up fast! The article and flyer in the newsletter will explain how to sign up.

Thank you to all that donated money and items to the "Adopt-A-Cop" Buddy Bear program. Make sure you read Alex Marcus' article all about it! And don't miss our fabulous Celtic entertainers for our Birthday Party on March 24th! And hopefully March will go out like a lamb!

Blessings, Solveig



**WELCOME NEW NEIGHBORS**

**Nancy Thomas into #12**  
**Isla Hastings into #66**

Make sure to set your clocks ahead one hour on Saturday night, March 12th. Daylight Savings Time begins March 13th!

The Village News is a publication of The Village Retirement Center - 4501 W Powell Blvd  
Gresham, Oregon 97030 (503) 665-3137 [www.villageretirementcenter.org](http://www.villageretirementcenter.org)

# Administrator's Corner

Dear Residents,

The promise of spring is in the air. I hope it brings good things for all of us. It is also good to know that the Virus is subsiding. I do want you to remember that even though general requirements are easing, we have a very vulnerable population and some high risk situations at The Village. I know that at this time the relaxation of the rules is not expected to affect or apply to senior care communities. Although we are technically not in that group, we do need to figure out the safest path forward for our situation. So far we have been able to be pretty open compared to other communities. When it gets closer to the time that the new rules go into effect, I will be sending out information on how the rules will apply to us, and in what areas. Regardless of how they will apply, we can rejoice that the conditions are improving for everyone.

I hope that each of you have had a chance to meet Haley, our new Resident Services Coordinator. If you have, I am sure you have been impressed by her caring spirit and her 'can-do' attitude. I know many of you know her since she has worked here since July. She is doing a wonderful job in her new position. We are thankful that she is on our team and is a member of our Village Family. If you have any questions regarding your Emergency contact form, your Emergency Alert pendant, your housekeeping services or your personal shopping services, please be sure to talk with her about them. Her normal working days are Monday, Tuesday, Thursday and Friday.

The Helpful Information guide has lots of information about The Village in it that is very useful. I would encourage you to read or re-read your Helpful Information Guide. If you do not have a copy, please get another one from The Village Office.

As you read this newsletter, please don't miss the article by Alex Marcus. I am excited about our involvement with the Gresham Chamber of Commerce. It was good to support our Police Department last week through the Adopt A Cop program, their impromptu drive by and through our current blanket and teddy bear drive. The article is a great source of information regarding our city and the plans they have to make Gresham a safer place.

One of our goals here at The Village is to provide excellent service to you through every department here at The Village, including our maintenance staff. Our goal is to provide a response to you by the next business day for your inquiries and for items that need to be repaired. During Covid that was often not possible. We are hoping to get back to that soon. If you have reported something that is not working correctly and it has been a few days, please call back to check the status of your request.

If you have suggestions or ideas of ways that things could be better for you and your neighbors, please let us know by speaking to the Village Administration or by leaving a suggestion in our suggestion box on the wall by the activity board. Every suggestion is considered.

Our campus is looking so nice! With the contractor's equipment and supplies gone, and the remodel landscaping in place, everything looks so good. Of course keeping up our buildings and grounds is a continual project. Once you finish an area there are 20 more areas that need attention, and before you get them all done, the first area needs help again. But thanks to Cameron and his grounds crew and Steve and his maintenance crew, things are getting done.

Our transitions continue with new residents moving into #'s 12 and 110 this month. Please welcome your new neighbors.

I want to tell you about a transportation service provider that we found out about just recently. So far there have been good reports from those who have used it. It is called Savvy Care Mobility and they are based in Gresham. Their phone number is 971-202-0569. They specialize in transporting seniors and are a more reasonable option than many services. There may be times when The Village transportation services cannot accommodate your needs. If that is so, please contact them and see if they can help. And please let us know what your feedback is about them so we can know whether to recommend them or not.

This month our Thankfulness Wall asks the question: "What brings you the most JOY at this point of your life?"

Please stop by and share your thoughts and see what others have written.

Have a great March....Dennis

## Quote for the Month

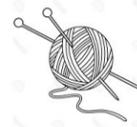
Success is getting what you want. Happiness is wanting what you get." - Dale Carnegie

### EXERCISE CLASSES

Monday, Wednesday, Fridays  
8:30 and 9:30  
Community Room



Come get moving and get your heart pumping! Please make sure to keep your distance during your workout, but you're welcome to participate in getting healthy!



### KNITTERS & MORE

MONDAYS at 2:00 pm  
Community Room  
Join us **every** Monday  
to learn, share and visit!

You do not have to knit to join us. We bring all sorts of projects to work on when we gather. But, most importantly, we laugh and have fun.



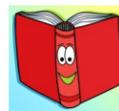
### CRAFT TIME

THURSDAY, March 10th  
1:30 pm ~ Small Meeting Room  
Be sure to sign up outside the  
Activity Office. We'll be doing a St. Patty's  
Day craft.



### GRIEF SUPPORT GROUP

MONDAY, March 14th  
1:00-2:00  
Adventist Hospice hosts a  
Grief Support Group  
in the Small Meeting Room.



### MULTNOMAH COUNTY LIBRARY OUTREACH

WEDNESDAY, March 23rd  
1:30 -2:15 PM ~ Community  
Room

Take advantage of the library coming to you. You may check out books as well as return them.



### CHIME CHOIR

MONDAYS at 3:00 pm  
Community Room

We have a wonderful time making music together and we invite you to come and participate! You do NOT need to read music. If you have any questions, please call Solveig.

### LEARN TAI CHI FOR BETTER BALANCE

WEDNESDAYS at 10:00 am  
Community Room



Tai Chi is an effective exercise, which will improve your balance and your body's core strength. Lessons are tailored for older adults offered in an easy to learn format.

### Wii BOWLING

FRIDAYS at 1:00 pm

Come bowl with friends or new neighbors! Wii Bowling can be done standing up OR seated and is a great way to have fun with your friends!

### ACTIVITY COMMITTEE

TUESDAY, March 22nd  
**1:00 pm** ~ Small Meeting Room  
Anyone is invited to meet and help plan our activities as we are slowly opening up.  
Come share your ideas!



### BINGO

TUESDAY, March 29th  
**1:30 pm** ~ Community Room  
Bring your friends, neighbors and your LUCK to our fun bingo game!  
There will be light refreshments and lots of prizes to be won!

**ADOPT-A-COP PROJECT**

Thank you to all the residents who donated teddy bears and funds for children's blankets. The Gresham Police Officers, Martin and Ted, the two officers we adopted, will be able to join us here, at The Village, to receive both items and give us a safety briefing on March 14th at 11:00 am.

Thank you also for showing your support when the Police convoy drove through The Village on a cold and windy day! I have had the privilege of speaking to several of the Officers and they have all expressed how deeply touched they were by your support. The Adopt-A-Cop program is to be an ongoing year round project for The Village. A motion has been made to the City for the same.

**Village Monday Gatherings**

**Mondays at 11:00  
in the Community Room**

**Monday March 7th: Understanding Alzheimer's & Dementia**

Alzheimers Disease and Dementia impact so many of us. We will gather to watch a couple of videos of experts discussing these diseases and have a discussion following the videos.

**Monday March 14th: Adopt-A-Cop**

Come meet our officers, Ted and Martin, and give them the teddy bears and blankets we have collected for their Buddy Bear program. They will also give us a safety briefing.

**Monday March 21st: Armchair Traveler**

Bring your passport to get stamped (or receive a new one if you don't have one yet) as we travel to the mountainous region of Tibet. Tibet is known for its monasteries and the monks who live there. Abe (maintenance staff) will demonstrate the beautiful sound of his Tibetan "singing bowls" that are used in the monks' meditations.



*The Village Foundation*

Did you like the snow that you woke up to this morning, Thursday, Feb. 24th? Isn't God good by making everything look so clean and beautiful? We are going to have the 1-day Garage Sale again on the 3<sup>rd</sup> Friday, March 18<sup>th</sup> from 9am – 2pm at Garage #30. New things have been donated.

Also, we will be having a bake sale before and after the Residents Meeting on April 12<sup>th</sup>. If you wish to bake or give, please contact Inge Johnson at 503-328-6432. Many blessings to each of you. ~Jan



**MARCH GROCERY SHOPPING**

Concierge shopping will continue on Thursdays during March, EXCEPT shopping will be on FRIDAY, MARCH 18TH, instead of the 17th. Grocery lists must still be in by 2:00 pm Wednesdays.

The Grocery bus makes weekly trip to Winco and Fred Meyer, Fridays at 8:30. Please sign up at the office.



**ONE MORE YEAR** - author unknown.



Today, Oh Lord, I'm 90,  
and so much I haven't done.  
I hope, dear Lord,  
You'll let me live until I'm 91.

But then, if I haven't finished all I want to do,  
Would You let me stay awhile, until I'm 92?

So many places I want to go,  
so much I want to see.  
Do you think you could manage to make it 93?

The world is changing very fast,  
there is a lot in store.  
I'd like it a lot if I could live  
until I'm 94!

And if by then I'm still alive,  
I'd like to stay until I'm 95.



More planes will be up in the air,  
so I'd like to stay this old world  
to fix,  
If I could live to 96.

I know, dear Lord, it's much to ask  
and it will be nice in heaven.  
But really, Lord, I'd like to stay until I'm 97.

I know by then I won't be fast,  
and sometimes I'll be late.  
But it would be so pleasant to be around at 98.

I will have seen so many things  
and had a wonderful time.  
But, would it be too much to stay until I'm 99?

To fulfill my long desired dream, Oh Lord,  
to live longer without a dread,  
I'd like so much to reach that even  
**One hundred.**

**The Village offers many different worship choices here on Campus**  
The Village Adventist congregation meets on Saturday mornings at 10:00 am. There is also a Wednesday evening prayer meeting and Sabbath School at 4:00 pm.  
The Village Community Church group meets Sundays at 4:00 pm.  
**All are welcomed and encouraged to attend any or all of the meetings!**

**MARCH BIRTHDAYS**

- |    |                  |    |                       |
|----|------------------|----|-----------------------|
| 3  | Dolly Henrickson | 22 | Esther Balchunas      |
| 5  | Clem Kluthe      | 23 | Judy Bergh            |
| 5  | Karen Rund       | 23 | Sandi Frazier         |
| 7  | Keo Sananinkone  | 24 | Alan Johlman          |
| 9  | Tony Frazier     | 25 | Pastor Bob Brotherton |
| 9  | Lori Merritt     | 29 | Jerry Brass           |
| 11 | Jean McEwen      | 29 | Roger Johnson         |
| 15 | Wayne McSweeney  | 31 | Pat Crow              |
| 16 | Terry Tygielska  |    |                       |





### BREAKFAST OUT & TRADER JOE'S

TUESDAY, March 8th  
8:30 am ~ \$3 bus

Let's take a bus trip together to for breakfast at Black Bear Diner on 82nd and then we'll do some shopping at the fun grocery store—Trader Joe's!

### FRIENDS HOUR

EVERY WEDNESDAY  
9:00-10:00 AM ~ Café

Gather in our cozy café to socialize with old friends and meet new ones. June will have coffee, tea and breakfast goodies available for purchase.



### DINNER OUT TO THE CAZADERO

THURSDAY, March 31st  
4:00 pm ~ \$6 bus

In celebration of no more mask mandate, we'll take a beautiful bus ride to Estacada and eat at the Cazadero Steak House which overlooks the pristine Clackamas River!

### MARCH GUESSING CONTEST



Stop by the office and guess how many Lucky Charms (they're magically delicious!) are in the container. February's winner was *Josephine Litvin*, with a guess of 124 hearts. The actual number was 187.

### PIZZA AND GAME NIGHT

MONDAY, March 14th  
5:00 pm ~ Community Room



Invite your friends and neighbor for pizza and games! The Senior Support Squad (students from Portland Christian) will be here to play with us. We have games such as Rummikub, Chinese Checkers, Mexican Train, Skipbo and more. Or just bring your favorite!

**Sign up outside the activity office!**

### JEOPARDY!

TUES- DAY,  
March 15th  
1:00 pm ~ Community Room

We're having a great time playing Jeopardy together. Come test your knowledge and win some prizes!

### BOOKWORMS BOOK CLUB!



TUESDAY, March 22nd  
11:30 am ~ Small Meeting Room

We will try again to have February's book available to read and discuss in March!

*The Vintage Caper* by Peter Mayle.

A globetrotting detective story, filled with the culinary delights and entertaining characters that have made Peter Mayle our most treasured chronicler of French life.

*Be sure to pick up your book at the office and come to our book club!*

### CITIZEN'S COLD CASE GROUP



will not continue to meet as an organized group. Ed Wade, #27, is happy to meet with anyone who has questions or would like to have a discussion. Give him a call at 503-380-7337.



### American Red Cross

### BLOOD DRIVE APRIL 7TH!

11:00—4:00 PM ~Community Room

We are partnering with the Red Cross by giving back to the community to help keep the inventories stable this summer. There are several ways you can schedule your appointment: Call the office and

Solveig will call you back;

call 1-800-RED-CROSS or visit [www.redcrossblood.org](http://www.redcrossblood.org) Sponsor Code: TheVillage

Get a Red Cross T-shirt for donating!!

Please if you want to help save a life and be part of a life saving mission!

### VILLAGE BIRTHDAY PARTY

THURSDAY, March 24th  
2:30 pm ~ Community Room



COME ONE, COME ALL!

To The Village's bi-monthly birthday party! This month our entertainment will be very appropriate for "Irish Heritage Month": The **Katie Jane Band** is all about spreading the joy of Celtic music to their listeners! With Katie Jane on fiddle and Adam on guitar, they bring a fiery passion to Irish American tunes.

Everyone is invited to celebrate February and March birthdays!!!



### ST PATRICK'S DAY SPECIAL DINNER

12:00 PM, THURSDAY, MARCH 17TH

\$12.00

Wear your green so you won't get pinched to our St. Patrick's Day Dinner!

June's colorful menu:

Appetizer: Cucumber Cream Crostini

Entrée: Corned Beef or Vegetarian option

Cabbage with Carrots

Mashed Potatoes

Sourdough Baguette Bread

Dessert: Key Lime Pie

You **MUST** make your reservations for eat in or delivery  
**BY NOON, MARCH 10TH!**