

Café News

June Lavoie

Christmas time is finally here. I know a bunch of people are busy getting ready for the big day. I usually put-up tons of Christmas decorations and 3 to 4 trees in my humble abode, but this year we are down scaling to one 20-inch tree on top of a box on the kitchen counter. You see, my little 2-year-old Grandson, Elijah just loves to touch everything in his view, not just touch but take apart, and expects me to be able to fix it. So, to keep a jolly outlook, we are doing simple. I would rather spend my time playing with little Eli than getting onto him for tearing things up. We look forward to watching him tear up all the wrapping paper and boxes this year. I do hope he likes the gifts more than the paper, but we all know how toddlers are. Love all your babies this year, no matter what age they are. We have one daughter, two sons, one grandson, two fur babies and two grand fur babies. We adore them all, with all their unique personalities and differences. Our youngest will be home from the Service for 2 weeks. To say the least, we are excited. I hope you all enjoy your family time as we will ours.

Thank you all for joining us for the Thanksgiving Feast, we hope to see you at the Big Christmas Dinner on the 16th.

Have a safe and blessed Holiday Season,
Chef June Lavoie



Season's Greetings!

As a Protestant Christian, I am a follower of the liturgical year and love the season of Advent that we just entered into on November 28th. For those of you who are unaware, Advent begins 4 Sundays before Christmas and it is derived from the Latin word *adventus*, meaning "coming." Scholars believe that the beginnings of Advent were found in early Christianity where new Christians would prepare themselves for baptism during the feast of Epiphany and would spend 40 days in penance, prayer and fasting to prepare for this January 6th celebration. What a difference from today's hectic weeks before Christmas, with shopping, baking, parties, over-indulgence of goodies...Now, I'm not saying that we should spend the next several weeks fasting, but wouldn't it be nice if we could slow down and really consider what Christmas is all about and prepare our hearts for His coming. Please read Ann Ingermanson's poem on this page, which speaks to this same thing. And then, PLEASE read the rest of the newsletter to find out all the happenings which we'd love for you to take part in over the next month!

May hope, love, peace and joy be yours during this season!

~ Solveig



Know Your Neighbors

Tiffany Brasesco

Marcia Robison #318

Marcia was born in Indiana. Her journey has taken her across many state borders. Marcia is a woman of Christ and follows God's callings. With each decision Marcia makes, she leans into prayer and allows God to show her the way. Many of the decisions Marcia has made she reflects back on realizing it was God, not her! The move she made to come from Colorado to Oregon was quick. She was chatting with a friend who was looking for a roommate and then it just came out of her mouth "what if I came to be your roommate?" The next thing she knew she was selling off 90% of her household belongings to move miles away to share a home with a friend! She has worked most of her working life in Office Management and Bookkeeping, however, God called her to get her CNA License and shortly thereafter she became the caregiver for her mother. When her mother passed she began taking care of her father. When her father passed she got an opportunity to move and start again so she took it! When I asked Marcia what 'home' was to her since she had moved so much and is now feeling 'at home' right here, her response is one I think a lot of people can relate to. Home is a feeling, it's not about what you have inside your home but how you FEEL in your surroundings. Marcia fell in love with the PNW and all the beauty it has to offer, recently she has taken long weekends to travel all over Washington and Oregon. 'Home' is also the people you surround yourself with. Marcia has created so many wonderful relationships within two churches that she attends as well as this community.

WELCOME NEW NEIGHBORS

Clem Kluthe into #85



HOLIDAY OFFICE HOURS

Friday, December 24th:
Office closed
Friday, December 31st:
Office closed

CHRISTMAS

I'm thinking of that first Christmas
Over two thousand years ago.
That's what this holiday is all about,
But we all forget, I know.

We don't remember Baby Jesus
In His little manger bed.
We are too busy buying gifts
For friends and relatives instead.

I'd like to know what a Christmas tree
Has to do with that holy birth,
Or Santa Claus and the reindeer
Flying throughout the earth.

We should think about Dear Jesus,
For really He's the reason
That we even have a holiday
We call the Christmas Season.

~ Ann Ingermanson

Administrator's Corner

Merry Christmas!

I hope each of you had a great Thanksgiving. It is so nice to be able to get back to doing some of our annual events that make our lives richer and fuller. Throughout this pandemic, I think we have learned how important it is for us to get together with each other and how much we need each other. Now we get to continue our Thankfulness season with celebrating the Christmas season. The Christmas Season simply gives our Thankfulness another dimension as we focus out thankfulness on the gift of Christ to our world and the joy we can share by giving to one another.

Our remodels are going well with #81 scheduled to be completed this month. They will continue working on #14 and #15 after #81 is completed. Our transitions continue with new residents moving into # 110 and #85 this month. Be sure to welcome your new neighbors to The Village.

We are looking forward to our gate contractor restarting the gate work this week. We will keep you posted when we have more information for you.

Please remember that Security picks up the garbage late at night or early in the morning if you have requested yours to be picked up at your apartment. If you are awake or a light sleeper, don't be alarmed if you hear them on your pickup day. I would encourage you to remember to go over your Helpful Information Guide. It can help you to understand the benefits that living here at The Village can bring you.

Residents are starting to experience the benefits of attending our Tai Chi classes. If you missed out, you can still join in. We are very fortunate to have such an experienced, excellent teacher to show us the way.

Be sure to keep track of the events that are offered. Sign up early so you do not miss out and post your calendar so you do not forget any of them. Don't forget to join with your friends for a good meal in the Café and enjoy the Christmas decorations at the Community Center. And don't forget to sign up and come to our Christmas Dinner on the 16th. We are still needing to limit the numbers and restrict non-resident guests, so sign up early.

Thanks to each of our staff for providing the services that help to make The Village the great place that it is.

Our Thankfulness Wall this month asks the question: "How can we share the peace and joy of Christmas to those in our lives who are stressed?" Stop by and share your thoughts and see what others have written.

Have a great Christmas and seek to find those opportunities to help someone that could use a smile!

Dennis

Quote for the Month

"It's not how much we give but how much love we put into giving."
~Mother Teresa

EXERCISE CLASSES

Monday, Wednesday, Fridays
8:30 and 9:30
Community Room



Come get moving and get your heart pumping! Please make sure to keep your distance during your workout, but you're welcome to participate in getting healthy!



KNITTERS & MORE

MONDAYS at 2:00 pm
Community Room
Join us **every** Monday
to learn, share and visit!

You do not have to knit to join us. We bring all sorts of projects to work on when we gather. But, most importantly, we laugh and have fun.



CRAFT TIME

FRIDAY, December 10th
2:00 pm ~ANNEX

Be sure to sign up outside the Activity Office to have fun decorating *Christmas Cookies*.



GRIEF SUPPORT GROUP

MONDAY, December 13th
11:00-12:00
Adventist Hospice hosts a
Grief Support Group
in the Small Meeting Room.



MULTNOMAH COUNTY LIBRARY OUTREACH

WEDNESDAY, December 22nd
1:30 -2:15 PM ~ Community Room

Take advantage of the library coming to you. You may check out books as well as return them.



CHIME CHOIR

MONDAYS at 3:00 pm
Community Room



We have a wonderful time making music together and we invite you to come and participate! There is a spot for 1 more player. You do NOT need to read music. If you have any questions, please call Solveig.

LEARN TAI CHI FOR BETTER BALANCE

TUESDAYS at 1:00 pm
Community Room



Tai Chi is an effective exercise, which will improve your balance and your body's core strength. Lessons are tailored for older adults offered in an easy to learn format.

Wii BOWLING

FRIDAYS at 1:00 pm

Come bowl with friends or new neighbors! Wii Bowling can be done standing up OR seated and is a great way to have fun with your friends!

ACTIVITY COMMITTEE

TUESDAY, December 14th
2:00 pm ~ Small Meeting Room
Anyone is invited to meet and help plan our activities as we are slowly opening up.
Come share your ideas!

BINGO

THURSDAY, December 30th
1:30 pm ~ Community Room



Bring your friends, neighbors and your LUCK to our fun bingo game! There will be light refreshments and lots of prizes to be won!

8 Gifts That do not Cost a Cent:

The gift of Listening... But one must really listen. No interrupting, no daydreaming, no planning your response. Just Listen.

The gift of Affection... A hug can lift the spirits of someone.

Scientific research shows that we need affection and touch

The gift of Laughter... Clip Cartoons, funny stories or jokes

The gift of a Written Note... It can be a simple "thanks for the help" note or a full poem.

The gift of a Compliment... A kind word can change someone's day.

Nothing builds up others like a kind word (Ephesians 4:29).

The gift of Kindness... Random acts of kindness are contagious.

The gift of Solitude... Find rest within your day for time of silence and reflection.

The gift of a cheerful disposition... 'Be of good cheer' John 16:33

Give your brain a goal to focus on the 'good' of each day. The more you do it the easier it will become.

The Village Foundation

Yes, it is December, 2021. So many changes, but we are experts in adapting. I just want to publicly say thank you to every board member and volunteer for helping to make 2021 very successful. Sometimes it's been challenging, but we always make it through. Stop by the Foundation board in the Community Building's hallway to see the amount of money that has been made for each event. So many of you are filling bags with water and soda cans & bottles and bringing them to us, which we truly appreciate. Any time you need another bag, we have them at the office ready for pickup. Wishing you all a very Merry Christmas and God's Blessings. ~Jan

IMPORTANT INFORMATION!

If you are a widow or widower of a veteran, you may be able to receive a credit on your rent. This is a credit from Property Tax. This year's credit is \$415.02 for those who have previously signed up.

DECEMBER GROCERY SHOPPING

Concierge shopping will occur the following days in December:
Thursday, Dec. 2, 9, 23, 30.
Friday, Dec. 17
Grocery lists must be in by 2:00 pm
Wednesdays.
There will be **NO GROCERY BUS AVAILABLE ON FRIDAY, DECEMBER 24TH**

Reflective Thoughts

Pastor Bob Brotherton

Merry Christmas,

We are in a joyful time of the year and I hope everyone has a very merry Christmas. This season is full of gatherings with friends, family and many happy celebrations. Yet, sometimes people have hard times during the Christmas season. It is so good to know that even in these times we have a steady friend who will comfort us no matter what. And that friend is Jesus. He can touch and love us through others and by Himself alone, He is a very personal Savior. He celebrates our lives and everyone has significance to Jesus. One reason He came to earth was so that He could truly experience what it is like to be a human being, for He became one of us.

Now there were in the same country shepherds living out in the fields, keeping watch over their flock by night. And behold, an angel of the Lord stood before them, and the glory of the Lord shone around them, and they were greatly afraid. Then the angel said to them, "Do not be afraid, for behold, I bring you good tidings of great joy which will be to all people. For there is born to you this day in the city of David a Savior, who is Christ the Lord. And this will be the sign to you: You will find a Babe wrapped in swaddling cloths, lying in a manger."

And suddenly there was with the angel a multitude of the heavenly host praising God and saying: "Glory to God in the highest, And on earth peace, goodwill toward men!" Luke 2:8-14

Merry Christmas,
Pastor Bob, The Village Community Church

The Village offers many different worship choices here on Campus
The Village Adventist congregation meets on Saturday mornings at 10:00 am. There is also a Wednesday evening prayer meeting and Sabbath School at 4:00 pm.
The Village Community Church group meets Sundays at 4:00 pm.
All are welcomed and encouraged to attend any or all of the meetings!

DECEMBER BIRTHDAYS

2 INGE JOHNSON
2 JOYCE MASTERS
6 CHUCK DANNAR
6 HENRY STAI
7 LYN BIGLIN
8 MARK HLEBECHUK
8 LARRY RIEKER
9 DARREL MYERS
12 CHUCK GORDER



14 JANE I ALMY
17 HERB FEVEC
17 MARCIA ROBISON
18 JEAN DASHER
20 TERRY PULLEN
21 RICHARD ROSNACK
24 THOMAS LONG
25 CHRISTA BUKOJEMSKY
30 MARV JOHNSON



CHRISTMAS DECORATING PARTY

FRIDAY, December 3rd
2:00 pm ~ Community Room
Get in the holiday spirit by helping decorate the Community Building! We will have ornaments available for decorating Christmas trees in the lobby and Community room as well as décor for the lobby and hallways. Cider and cookies, too!

CHIME CHOIR PERFORMANCE CHRISTMAS SING ALONG

MONDAY, December 20th
2:00 pm ~ Chapel

The Village Chime Choir "Belles and Beaux" has been busy preparing holiday music for your enjoyment. Then we'll enjoy singing a few Christmas carols!

DECEMBER COLORING CONTEST

Have fun using your creativity coloring our picture included in the newsletter this month!
Please turn in your finished picture with your name on the back to the office by December 16th.



Thank you for your generous donations collected on our Super Big One Day Thanksgiving Collection! The collection barrel was overflowing with goods to help My Father's House. Your generosity is truly astounding and your contributions will be greatly appreciated!



HOLIDAY "LEMONADE" STAND

TUESDAY, DECEMBER 7TH
2:00-4:00 PM ~ Community Building
Come warm your insides with a cup of hot cocoa and some Christmas cookies available for reasonable prices. Bring a friend and stay and visit for a while.

LADIES' CHRISTMAS TEA

TUESDAY, December 21st
1:30 pm ~ Community Room
We are excited to resume our holiday tradition of a ladies' dessert tea. Sign up outside the activity office for a lovely afternoon of tea and talk! Make sure to wear your favorite teatime or Christmas hat!



BOOKWORMS BOOK CLUB!

TUESDAY, December 21st
11:30 am ~ Small Meeting Room

Multnomah County Library Outreach provides The Village with a book kit of 10 large print books as well as audio books when they come to The Village the 4th Wednesday of the month. Thereafter, the books will be available at the office. December's book is Did You Ever Have a Family by Bill Clegg. The stunning debut novel from bestselling author Bill Clegg is a magnificently powerful story about a circle of people who find solace in the least likely of places as they cope with a horrific tragedy.

Be sure to pick up your book at the office and come to our book club!

TWO OUTINGS TO VIEW THE CHRISTMAS SHIPS PARADE

TUESDAY, December 14th
TUESDAY, December 21st
6:15 pm ~ \$4 bus
Join Solveig or Steve for a lovely ride to view Portland's Christmas Ships Parade. Sign up for either the Willamette trip or the Columbia trip.

DECEMBER GUESSING CONTEST

Come to the office and guess how many Christmas lights are in the container. November's winners were Toni Pickelsimer and Adeline Dykema. The actual count was 205 acorns and pinecones.



CHRISTMAS DOOR DECORATING CONTEST

Have fun decorating your door, patio, windows and make our beautiful campus super festive! AND win a prize! Let the office know by December 9th if you'd like to enter. Judging will take place on December 20th.



CHRISTMAS OPEN HOUSE

THURSDAY, December 23rd
11:00 - 2:00 ~ Community Building
Stop by the lobby for a cup of hot chocolate, some Christmas goodies, Christmas music and conversation!



CHRISTMAS SPECIAL DINNER

THURSDAY, December 16th
12:00—Community Room \$13 per person

- Honey Baked Turkey Ham or Veggie Loaf*
- Scalloped Potatoes*
- Candied Carrots*
- Dinner Rolls*
- Hummus & Veggie Plates*
- White Chocolate/Peppermint Cheesecake*

SEATING IS LIMITED AND YOU MAY NOT BRING GUESTS FROM OUTSIDE THE VILLAGE. If you'd like to enjoy your meal with outside guests, you may request to have your meals delivered to your home. You must make your reservations no later than Monday, December 8th at 2 pm.

**Please get your tickets early for this wonderful occasion!
You must have your reservations by December 8th!!**