

Café News

June Lavoie

It's June and **National Day Calendar** has some fun facts you should know about this month.

1. Julius Caesar changed the Roman Calendar and added two months to the calendar shifting June from the fourth to sixth month of the year.
 2. The word June is believed to originate from the goddess and wife of Jupiter, Juno.
 3. The birth flowers of June are Honeysuckle and Rose which symbolize love, devotion and generosity.
 4. The birthstones for June are Alexandrite, Moonstone and Pearl.
 5. June Beetles are only seen during the month of May and June in the United States.
 6. June is sweet! This month is National Candy Month along with National Dairy Month, National Seafood Month and National Ice Tea Month.
 7. Worldwide celebrations that take place in June are World Environment Day on June 5 and World Father's Day on June 20.
 8. The longest day of the year - the Summer Solstice - is in June.
 9. Gemini and Cancer are two Zodiac signs that fall in the month of June.
- And of course, it's my favorite month! Enjoy the feel and smells of summer...with Honeysuckle and Roses at the top of the list.
- ~June

Know Your Neighbors

Tiffany Brasesco

This month's *Know Your Neighbor* is a little different! I asked a couple of residents what their favorite local restaurant is to give us some ideas of where to head out and enjoy some fine dining!

Brigitte Pack in #118:

Brigitte has lots of favorite spots! If you're in the mood for Thai, check out **Thai Bistro** on Main Street in Downtown Gresham. If the weather is nice – be sure to check out McMenamins' outdoor seating, especially **Edgefield** in Troutdale. For special occasions.... **Salty's** on the Columbia River!

Don and Star Schell #312:

Don and Star like a variety of foods but at the moment, they really like **Dragon Palace** in Gresham on Cleveland across from Heidi's! The portion sizes are generous and usually make for a delicious leftover lunch the next day!

I hope you were able to get a couple ideas of places to check out next time you find yourself wondering, 'What's for dinner?'

The Village News

June 2021

"June is Bustin' Out All Over!"

I love that rousing song from Rodgers and Hammerstein's musical, "Carousel". The excitement that bursts forth in the song is akin to the feelings of anticipation and hope we are feeling for a beginning of a return to normalcy as more people are vaccinated. This month we will finally have our first BINGO game in over a year and there are 2 outings scheduled. I'm also very excited about the return of our annual Strawberry Feed! Of course numbers are still limited and things will be different, but we're seeing that light at the end of the tunnel!

I sure hope you are taking advantage of the "Get Moving" circuit exercises posted around the circle. There will be new exercises posted in the same places beginning on June 8th. You can pick up a guide and explanation sheet outside my office and come join me for a tour of the circuit on that afternoon! We're all really looking forward to more opportunities to gather and have fun—soon!

~Solveig



WELCOME NEW NEIGHBORS

Maxine Johnson into #47
Gudrun Bartholomew into #89
Joan Cornish into #103
Sandra Zaugg into #18



Happy
FATHER'S DAY



AN IMPORTANT MESSAGE FROM THE OFFICE!

The office will resume their normal policy:
Monthly Statements will be available at the office for you to pick up and pay!
THANK YOU!



Flag Day...

"And let us never forget that in honoring our flag, we honor the American men and women who have courageously fought and died for it..."
-President Ronald Reagan

The Village News is a publication of The Village Retirement Center - 4501 W Powell Blvd
Gresham, Oregon 97030 (503) 665-3137 www.villageretirementcenter.org

Dear Residents,

June is here and summer will arrive later this month, but we are thankful for any rain we receive since we are in such need of the water. What a beautiful spring this has been. I hope you are enjoying all of the beautiful flowers and trees this season.

Thank you for your patience as we work through the different Covid restrictions that are still evolving. Thank you for understanding our position on them. We are so thankful that we have continued to remain virus free. Thank you for doing your part by getting vaccinated and by following the guidelines.

Where it stands now is not a lot different from before, even with the change to lower risk for Multnomah County. We still need to wear masks when we are in the Community Center so we don't have to turn away or segregate those who are not vaccinated. We still need to keep the 6 foot social distance. But our capacities for numbers of people have increased, so we can hold larger groups as long as everyone keeps wearing masks and distancing. We can have small groups of up to 10 people for social gatherings, and we can have as many as we can fit keeping 6 feet apart for cafeteria meals and church gatherings. While the six foot rule keeps the number for the Chapel at about the same, we can have more in the Cafeteria. We are able to accommodate a few groups of up to six that come in together to the Cafeteria. If you are in a group, please gather in the lobby before coming in and let the server know so we can try to accommodate you. I am sorry that the regulations are so inconsistent. It has been such a source of frustration through this whole epidemic.

We are going to try offering a few trips this month and we are offering our annual Strawberry Feed. You can expect things to be a little different, but it will be good to start doing more things together. We still do not have the release to open the bus to more than 7 persons. I know it is even hard to remember what life was like before Covid, and things will probably always be a bit different, but as we regain some 'freedoms' let's all work together to make it even better than it was before. We can do that by doing what each of you excel at -- that is caring for each other and helping each other as much as we can. By being 'family' to all that are here. That is what makes The Village the special place that it is.

Our remodels are moving along well. This month we will be completing #47 and #103. #13 will be moving to #18 and we will have new residents moving into #29 and #89. That means we will have construction continuing on #'s 82, 83, and 60. Be sure to remember to welcome your new neighbors as they move in.

We are still working with vendors to get pricing on gates for our entrances. At the present time we are thinking that they would only be closed at night and open during the day so that we are not making it too hard for us to get in and out and so we can get our packages and deliveries without issues. We would have a system that residents could come and go by opening the west gate whenever they are closed.

Our Thankfulness Wall asks the question, "What is your advice or wisdom you would like to share during this time?" Be sure to come by and share your thoughts and see what others have written.

Remember that now that we have less restrictions, you are to come by the office and pick up your statement and pay your rent if you are not on automatic withdrawal. We would encourage everyone to sign up for automatic withdrawal. It makes it so much easier with one less bill to have to worry about.

Have a great June ~ Dennis

Administrator's Corner

Quote for the Month

"We see things not as they are, but as we are." ~Immanuel Kant

EXERCISE CLASSES

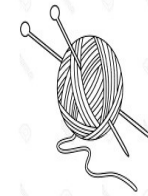
Monday, Wednesday, Fridays
8:30 and 9:15
Community Room



Come get moving and get your heart pumping! Currently limited to **10** participants during each session.

KNITTERS & MORE

MONDAYS at 2:00 pm
Community Room



Join us every Monday
to learn, share and visit!
All are welcome!

ACTIVITY COMMITTEE

TUESDAY, June 22nd
1:00 pm ~ Sitting Room

Anyone is invited to meet to plan our activities as we are slowly opening up. Come share your ideas!

OUTDOOR BINGO!

TUESDAY, June 29TH
1:30 PM ~Patio outside the café

Bring your friends, neighbors and your LUCK to our first BINGO game in a long time!

We will be sitting at the tables on the patio, but the game remains the same! There will be light refreshments and lots of prizes to be won!

You must sign up outside
the
Activity Office.



CRAFT TIME WITH LOIS

FRIDAY, June 4th
1:30 pm ~ Small Meeting Rm.

Lois helps us make wonderful crafts every month. Come and enjoy friends and neighbors while you make something creative. **Be sure to sign up!**



'GET MOVING' Circuit Demonstration

TUESDAY, June 8th
1:30 pm ~ meet **in front** of the
Community Center

There will be new exercises posted around our "Get Moving" Circuit this month. If you would like to know how to do them correctly and hear about their benefits, bring yourself and maybe an exercise partner and meet Solveig in front of the Community Center for an informative round of our healthy circuit.



MULTNOMAH COUNTY LIBRARY OUTREACH

WEDNESDAY, June 23rd
1:30 pm—2:15 pm

In front of the Community Center

The library is finally able to return to The Village to check out books to you! For the time being, they will be located outside.

GROCERY BUS & GROCERY SHOPPING

We are currently offering the grocery bus on Fridays at 8:30 am for trips to Fred Meyers or Winco. **Limited to 7 people.** Please sign up at the office. If you would prefer us to shop for you on Thursday, please have your list ready by Wednesday and call the office for it to be picked up.

THE GOLDEN GOLF BALL

Don't forget to look for the golden golf ball hidden somewhere on campus. Take a walk and see if you can find it!. If you DO find it, bring it to Solveig or Caroleana for a prize. The golf ball will then be hidden in another outdoor location for someone else to find.



The Village Foundation

It's time to put on your walking shoes or charge up your scooter or oil up the chain on your bicycle. We are having our annual SENIOR SHUFFLE on JUNE 11, 2021 from 9 AM TO 2 PM. Come pick up your sponsor sheets and start calling your family and friends to see how many laps they will sponsor you to walk. Remember all donations are used for the betterment of our residents. Let's have fun, visit with old and new friends while walking or when you stop and have a drink of water and a goodie.

The Foundation Board has also approved a large sum of money toward the gates and cameras at both entrances on Powell Boulevard. We know this will give all our residents a greater feeling of security.



Take care – be well – GOD BLESS EACH OF YOU! ~ JAN



Just a Friendly Reminder!

let's keep it that way and protect our flowers, shrubs and trees!

The grounds crew will begin pruning the arborvitae in between the patios. PLEASE make sure there is a clear path for the crew to access the shrubs. And also make sure there is nothing leaning against or attached to the arborvitae. We have such a beautiful campus under the care of a great grounds crew, so

Reflective Thoughts

Pastor Bob Brotherton

Dear Village Community,

We are enjoying a beautiful time of the year. The Village grounds are peaceful and colorful with the many shades of green and the bright plentiful flowers. We have a lot to delight in and be thankful for concerning this wonderful part of the United States. It reminds me of the Biblical declaration in the Psalms: *"The earth is the LORD's and everything in it."* Psalm 24: 1a NIV We see something of the character of God as we observe His physical creation.

We can see far deeper into His character when we survey His salvation in the scriptures. We should be in awe of God's goodness and be full of gratitude as we consider His perfect Word. Think of the peace and joy that is offered freely in this well know passage of Scripture: *"For God so loved the world that He gave His only begotten Son, that whoever believes in Him should not perish, but have everlasting life. For God did not send His Son into the world to condemn the world, but that the world through Him might be saved."* John 3:16, 17 NKJV

I hope you all enjoy the summer and everlasting life.

Pastor Bob

The Village Community Church

The Village offers many different worship choices here on Campus

The Village Adventist congregation meets on Saturday mornings at 10:30 am. Please make a reservation with Lee Haynes if you would like to attend. There is also a Wednesday evening prayer meeting and Sabbath School at 6:00 pm.

The Village Community Church group meets Sundays at 4:00 pm.

All are welcomed and encouraged to attend any or all of the meetings!

JUNE BIRTHDAYS

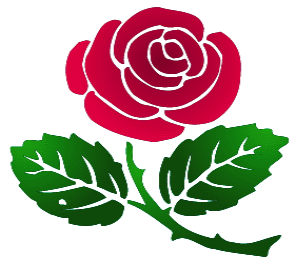
1 Don Kellogg
3 Barbara Pierce
4 Pat Larson
5 Sandy Zaugg
6 Sally Wilson
7 Janet Walker
10 Mackie Hagerman
11 Diane Miller-Bunch
12 Bev Lewis
14 Joanne Kellogg



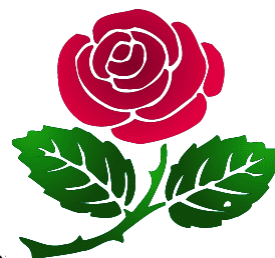
Ingermanson
16 Harriet Christensen
19 Edith Wade
19 Dorothy Wylie
20 Sosamma Lindsay
24 Delbert Troub
26 Bonnie Stevens
27 Imer Henry
27 Bill Truswell
30 Mary Knight



14 Ann



THE VILLAGE'S OWN
ROSE FESTIVAL PORCH PARADE!!
June 1st—June 13th



WHAT IS A PORCH PARADE?

During the "Covid" Summer of 2020, Portland's Rose Festival had to come up with an alternative to their popular parades, so they had the brilliant idea of a "parade in place" or "Porch Parade" where participants would decorate their porches, windows, yards and sidewalks for spectators to view. This concept was copied in many cities over the past year.

The Village is having our version during the 2021 Rose Festival with these homes participating:

- #11 Veronica and JR Stai "Red, White and Blue"
- #16 Bonnie Stevens "Americana"
- #20 Esther Jones "Roses"
- #39 Tiney Husbands "Butterflies and Roses"
- #63 Laurie Rhodes "Laurie's Fairy Garden"
- #66 JudyAnn Schwartzkopf
- #103 Joy Williams
- #315 Sue Messenger

Make sure you view and appreciate the additional work these residents have done to beautify our campus and our lives!

We will also choose three winners for The Most Beautiful,
The Most Original and The Most Joyful!



**THE LONGEST DAY
ALZHEIMER'S AWARENESS DAY**
MONDAY, June 21st



The Alzheimer's Association has named the summer solstice, or "longest day" of the year, as a day to bring awareness of the fight to end Alzheimer's! Technically the longest day is June 20th, but we are celebrating on June 21st.

In honor of this day, we're asking everyone to **WEAR PURPLE!** to show your support and/or to honor someone who has dealt with Alzheimer's. Purple makes a statement about the strong and unrelenting fight the Alzheimer's Association is waging against this disease.

And come make a purchase of treats at our Village's Lemonade Stand, which will be set up outside the café from 2- 4 pm. All proceeds from the "purple" food sale will go towards the Alzheimer's Association.



**TRIP TO
CRYSTAL SPRINGS
RHODODENDRON
GARDENS**

MONDAY, June 7th
1:30 PM ~ \$3 Bus

We're so delighted to be able to offer a beautiful outing to these delightful gardens! We hope to catch the rhodies still in bloom! The paths are easily walkable with many benches where you can sit and relax. Be sure to **sign up** outside the activity office.

**TRIP TO
AL'S GARDEN CENTER**
TUESDAY, June 15th
1:30 pm ~ \$2 Bus

If you need to add some color to your garden area, get a hanging basket or just come along for the lovely trip and to enjoy looking at plants and flowers, make sure to sign up for this fun outing to Al's in Gresham!



**THE VILLAGE'S ANNUAL
STRAWBERRY FEED**
THURSDAY, June 10th
1:15 pm and 1:45 pm



Local Strawberries are returning to The Village this summer! Get your ticket to enjoy strawberry shortcake the way you like it!

Sweetened and unsweetened strawberries, biscuits and fresh whipped cream are all available for only **\$5.00!**

Unfortunately, it will NOT be all you can eat this year, BUT, the servings are quite generous. You will be seated at tables and served your delicious dessert.

Please purchase your tickets at the office!

Volunteers are needed to help prep the strawberries.

Please call Solveig if you'd like to help.



Laugh with Ramona

I told my kids that we are no longer saying "shut up," because it sounds mean and can hurt people's feelings. So my kids are getting creative with their use of words. My 9-year-old daughter was talking and talking, and my 6-year-old son couldn't take it any more and said,
"SILENCE, YOU PEASANT!"