

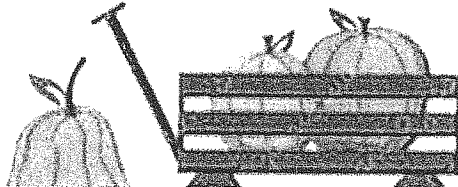


CAFÉ MENU NOVEMBER



SUN MON TUE WED THU FRI SAT

Give Thanks



4 Red Beans & Rice	5 Chicken Pot Pie Chik Pot Pie	6 Haystacks	7 Hamburgers Gardenburgers	8 Grilled Chicken Fajitas Grilled Mushroom Fajitas	9 Baked Cod Walnut Patty	10 Beef Stir Fry Tofu Stir Fry
11 Chicken Quessadilla Veggie Quessadilla	12 Spinach/Tomato Cheese Tortellini	13 Pot Roast Veggie Roast	14 Lasagna	15 <i>Special Thanksgiving Dinner</i>	16 Salmon Cornbread Casse- role	17 Whole Grain Spaghetti with Meat Sauce or- Marinara
18 Stuffed Yams	19 Chicken Enchiladas Chik Enchiladas	20 Haystacks	21 Baked Potato Bar	22 Pilgrims Casserole	23 Almond Crusted Sole Pecan Patty	24 Winter Roasted Veggie Bowl With Seitan

25 Philly Chees- esteak Veggie Chees- esteak	26 Pepper Steak Pepper Stake	27 Game Hens Roasted Chik	28 Beef Stroganoff Veggie Bef Stroganoff	29 Teriyaki Chicken Teriyaki Tofu	30 Tuna Casserole Veggie Casserole	
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