Dear Village Residents,

I come to you with an excited heart! I have made the decision to leave The Village after 18 years. This decision didn't come lightly, I am looking for a new opportunity to expand and express my world. My family and friends are supporting my choice and I love them being there for me.

When I started at The Village in 2000, I was a stay at home mom with Parker at 10 months old and Nick at 11 years old. My work experience that I brought with me was from being an elementary school volunteer coordinator and a volunteer on a soccer board doing multiple jobs and events. Before that I worked for 11 years in a boutique jewelry store in downtown Portland. I had many people and event planning skills, but I had no skills working for an independent senior housing! Bill Judd and Dennis Whitted took a chance on me! It was bumpy at first, but I trained Bill and Dennis!

At The Village I have been privileged to experience many different places, events, and activities. I have had many challenges on trips from getting lost, vehicle failures, health events, the list goes on, but residents have helped me through those events with a sense of humor and patience!

My last day will be Friday July 6th. I will be returning though on Tuesday July 10th along with my family and friends to attend the Resident's Meeting at 10:00am to say farewell.

Thank you for all the memories, laughs, tears and being there for me and my family.

Love, Taunya

The Village News

Published by The Village Retirement Center
Gresham, Oregon

JULY 2018
2017 LEADING AGE OREGON AGELESS ART CONTEST
This is an annual art contest produced by our State association Leading Age of Oregon. It highlights art done by residents throughout Oregon.

- The art must have been completed within the last 10 years, after the artist turned 60.
- The art entry form must be submitted by Fri July 27th.
- Entry forms are available in the Office. A digital picture is to be included with the entry.
- One entry per person.

PLEASE SEE FOR ANY HELP OR QUESTIONS
PLEASE SEE THE OFFICE

ART TIME
WITH JANET
TUESDAY, JULY 17th
10:00 AM
REC ROOM

TRY LETTERING YOUR NAME....
because your name is significant or bring your own art project to work on

KNITTERS & MORE
Join us Mondays at 2:00 pm
Rec Room
Join us every Monday to
learn, share and visit!
All are welcome!

THE VILLAGE BOOK-WORMS BOOK CLUB
This month we will be reading, John Grisham’s “The Painted House”
If you need a copy let the office know.
We will meet Monday, July 30th in Rec Room
to discuss the book.
READ AWAY!

CRAFT TIME
WITH LOIS
FRIDAY, JULY 20th
1:30 pm - 3:00 pm
Small Meeting Room
Lois is bringing her amazing talents to The Village.
Please sign up and join the fun.

HUG: Helping Unite & Gather
One main goal for the new group: HUG is connection. As a community we are connecting throughout the whole month. We have events like Friday Friends, Bingo, Monday Gatherings, and many more where you can connect to community. Please come join us as we connect as neighbors. July is a great time to gather as friends for ice cream or a cold drink.

Gathering and connecting is actually very beneficial for you. Research has been going on for over 50 years showing the positive impact of social connection on health and longevity. Studies conclude that humans are social creatures who require connection with other humans in order to thrive. We want to THRIVE! In fact, a lack of social connection is a greater overall health risk than smoking!

One new way that we want to help connect our new residents with our community is our new Welcome board. You will see in the community building a new bulletin board with a teal “Welcome” sign above it. Please help us by welcoming our new residents, introducing yourselves and inviting them to join you at one of our fun community events.

Volunteering at The Village
So many of you are making a difference right here at The Village. Last year I collected and totaled the volunteer hours and it was 10,173 hours! That is amazing! What a difference you are making in our community here at The Village and in our community at large. One such gal, who is serving wherever she goes, is Sandy Frazier. Sandy organizes care bags for the homeless, decorates beautifully for special dinners, and helps the SDA church with special events on weekends.

~ ~ ~
Each month Sandy F., along with Kurt & Renata Matzke gather supplies and pack care bags for Turning Lives Christian (TLC) Ministry, who hands them out once a month to the homeless of Portland. There are a variety of items that go in each care bag: tissue, snacks, a drink, chap-stick, soap, tooth brush & tooth paste, and a pair of new socks.

Sandy has had several donations through-out the year of this ministry; however her supplies are getting low. Sandy says “a dollar can go a long way at the Dollar Tree.” With her own money she has been providing the supplies for the care packs. Her biggest expense is the new socks she buys. Many of the items she purchases at Dollar Tree. She can get small tissue packs 8 for $1.00, small hand sanitizer 3 for $1.00. If you would like to help make a difference for those living on the street please reach out to Sandy F. in apt #319.

~Caroleana Smallwood

The Village Housekeeping
We do the work—you take it easy.
Contact Caroleana to schedule an appt.
Housekeeping: $18/hour
Carpet Cleaning: $35/hour
**JULY ACTIVITIES 2018**

**BREAKFAST OUT TO CRACKER BARREL & SCENIC DRIVE**
**TUESDAY, JULY 24th**
9:00 am
$6.00 Bus

We will travel to Jantzen Beach and experience the new Cracker Barrel and enjoy a scenic drive home.

**RESIDENTS MEETING**
**TUESDAY, JULY 10th**
10:00 am
We encourage all residents to attend this informative meeting.

**BREAKFAST OUT TO BOB’S RED MILL**
**THURSDAY, AUG 2nd**
9:00 am~~~$4.00 Bus
Come out to breakfast and some shopping!

**PICNIC AT OXBOW PARK**
**THURSDAY, JULY 26th**
10:00 am
$12.00 includes bus & box lunch
Let’s have a picnic! We will travel to this beautiful park and have a picnic lunch.

**DINNER OUT TO OLIVE GARDEN**
**TUESDAY, JULY 31st**
4:30 pm~~~$3.00 Bus
Dennis will escort you out to a great restaurant.

**FAREWELL BINGO**
**TUESDAY, JULY 5th**
1:00 pm
REC ROOM
I will host my last BINGO! We’ll have a great treat and fun! Please join us!

**TOUR THE OREGON GARDEN AND LUNCH IN THEIR CAFÉ**
**TUESDAY, JULY 3rd**
9:00 am
$23.00 includes admission & bus
Come travel with us to Silverton and tour these beautiful gardens. They have a tram that travels throughout the gardens. We'll enjoy lunch in their garden café.

**FAROEL BINGO**
**TUESDAY, JULY 5th**

**OUR REMODELS CONTINUE**
Caroleana has created a well run, efficient Housekeeping program that is serving residents very well. If we can help you with your housekeeping needs please call the office. Our goal is to make life easier for you!

**THANKFULNESS WALL**
This month the Village Foundation has partnered with The Village to provide the Internet part of this so we can all enjoy quality connections. We are so thankful for the benefits that The Foundation has provided to make things better for all residents.

**SCAMS**
There are always scams going on, whether you receive them in your mailbox, your phone, your internet or someone talking to you. Always be careful what you agree to. Never give out any financial or credit card information or money unless you know for a fact it is going to a reputable business or organization. Education is so important in so many areas, and it is a big deterrent to getting taken advantage of. Every year we have the attorney general’s office here and they educate us on how to prevent being scammed. Be sure to learn how to be careful. When in doubt ask us and we will be glad to help. Even if the situation seem urgent it is best to wait to safeguard yourself. In fact if the situation seems urgent that is all the more reason to wait and make sure what you are doing is safe. Usually the situation is not as urgent as it may seem. Let’s all stay as safe as we can.

**OUR THANKFULNESS WALL QUESTION THIS MONTH IS:**
"What is your favorite Fourth of July memory?"

Don’t forget to join us for our July barbecue this month on July 12 at 12:00. It is the season!

**Have a great July Dennis**
THE VILLAGE DECK BARBECUE
THURSDAY, JULY 12th
12:00 pm
$9.00 per person if purchased before Tuesday 12pm 7/10
We will be barbecuing Hamburgers and Veggie Burgers and serving
Potato Salad, Chips, Watermelon,
and a Summery Cool Dessert
We’ll have a very fun afternoon!

WHAT DOES INTEGRITY MEAN TO YOU
By LeRoy Finck

INTEGRITY: Adherence to a code of values. If integrity is at the center of your core values, the
principles by which you live your daily life will always remain fixed, unaltered. Integrity will be a
line drawn in the sand beyond which you will never step—in thought or deed. Impervious to sur-
rounding circumstances, nothing is of more importance.

Recently I was talking with a group of fellow Christians in which it became quite evident facts were
being adorned with selfish-intent. In our society today quite often only shades of the truth are spo-
ken, at best. This almost imperceptible “stretching” of the truth is so common place we give it little
thought. It is viewed as innocent exaggeration. For the sake of self-image, “harmless distortions”
adorn our portrayal of a given circumstance.

For the Christian it is a dangerous thing to allow self to become more important than truthfulness.
To knowingly misrepresent truth places self-importance above all else. It might even become a way
of life. It is so easy to be influenced by the society in which we live and not even realize it.

For the Christian there can be no such thing as a little white lie in God’s sight. There are no
shades of truth or half-truths. Those who will one day hear, “well done thou good and faithful serv-
ant,” will only be those who practice integrity at all times no matter what the circumstance. As Je-
sus parable says some who would like to enter that blessed city will hear the words, “Depart from
Me, I never knew you,” because “all liars shall have their part in the lake which burns with fire and
brimstone, which is the second death.” Rev 21:8, New King James Version)

Friday July 13th
9am in the Cafe
Join us for friends, food, & fun.
Enjoy a cup of coffee or juice on us. Donut and pastries will be available for purchase.

Guessing Contest
Come down to The Village office and guess how many stars are in the jar. Closest guess wins a prize!

JULY BIRTHDAYS
02 Teresa Lilly-Hallbrook
04 Pat Hoshal
04 Kyle Spriggel
04 Nancy Wilson
05 Esther Murphy
11 Carol Rasmusson
13 Marcia Trusell
13 Ruth Wolf
14 Rich Stanley
17 Bob Burback
19 Rosalie Epperson
20 Wendell Wagler
24 Nancy Armintrout
25 Karenjill Lavell
26 Ruth Fevec
26 Janice Rude
31 Timothy Krueger

THE VILLAGE BIRTHDAY PARTY
THURSDAY, JULY 19th
7:00PM
FEATURING...
ROSE CITY BANJOELIERS
Come join us to celebrate birthdays. We’ll have cake and ice cream.
All residents & families are invited!